THE WARBURG BUGLE

# RCMP warn public about online job scams

RCMP are warning the public to do their research before sending personal information when applying for online job postings, and never to send cash.

RCMP received the report of this particular online job scam on August 8 after a Red Deer man applied for a construction job he saw posted online. He was asked for his personal information and then asked for a \$25 fee to process his application. This request roused suspicion, and follow-up research showed that the company name being used in the online ad had previously been a legitimate business but was no longer operating. Other online job scams previously reported have also involved the illegitimate use of legitimate company names, or have involved job seekers being asked to make suspicious money transfers or pass bad cheques.

RCMP would like to remind job seekers that it is not common practice to pay money to apply for a job, and that it is important to do your research when dealing with strangers online. Never share personal information, including Social Insurance Numbers, until you have verified that you are dealing with a legitimate business or organization. Whenever it comes to your money or your personal information, ask a lot of questions and don't be pressured into hasty decisions. If it feels wrong, trust your instincts.

RCMP urge you to arm yourselves and the vulnerable people in your life against scammers by learning how to recognize and protect yourself from fraud: www.antifraudcentre.ca.



Book Your Table Now to Sell Your Outgrown and Extra Gear. Tables only \$10

August 22nd 5:30 - 8:00 pm Arctic Spas Recreation Complex Fieldhouse

With one sports season wrapping up and another one just beginning, it's time to outfit your kids for a fraction of the cost. Come early to get the best selection of previously loved sports gear. Kids are welcome to come and try on gear for sizing. Admission is free plus...ALL SHOPPERS ARE ENTERED TO WIN A \$50 SPORT CHEK GIFT CARD!

To Register for your table contact Vanessa /pgoodman@yahoo.ca or 780.231.9802 (call or text)

# IN THIS ISSUE

**39/20 Open Golf Tournament** 

LRT Automotive Says Goodbye

Summer Concert Series

- Pig Roast
- & Concert in the Park with Sean Gristwood Alberta Health Advisory



#### HELP WANTED

**5 Star Propane Is looking for FULL TIME DRIVERS** to deliver propane to Central Alberta locations. Minimum Class 3 with Air. First Aid, Safety Tickets preferred, but training will be provided. Rural and oilfield experience with a current drivers abstract.

Fax resume to: 780-789-0054 or drop off resume at the office 1205 Twp 492 (south end of Thorsby) (1-2)

#### WANTED

**Looking for farmland to lease** in the areas of Breton, Warburg, Pigeon Lake or Thorsby area.

Call 780-886-1718. (3-4)

**Room to Rent** - Working Professional Woman seeks room to rent on a month to month basis. Cooking arrangements required. In the Breton area. Non smoker / non drinker. Call Lynn.

639.471.1600 (2-2kr)

#### FOR SALE

**Premium Firewood** for sale. For details and pricing call James.

780.405.0826 (2-2kr)

**Electric Pride Scooter** for the disabled - 400 lb. capacity, front & rear baskets, custom cover, 2 - 12 volt batteries, on board charger, 10 mph - range 27 miles. Instruction

& Maintenance books, adjustable seat & arm rests. In excellent condition, total weight with batteries 345lb.

Gerry 780-980-5446 (4-4)

**Items for Sale** - 5 piece bedroom suite, 3/4" electric drill, 4 winter tires 265/R17 on rims, Energizer generator 1300 watt.

#### 780.848.2557 (1-1)

**Trail Blazer Travel Trailer** - 1 slide out, TV, radio, A/C, 4 new tires + 2 spares, 2 new batteries, excellent condition. 780.848.2557 (1-1)

**J-G Greenhouse** has a variety of vegetables for you. Beets, cabbage, carrots, cucumbers, garlic, onions, potatoes, pumpkins, squash

780.848.2857 (1-1)

For Sale or Trade - 1974 Volkswagon Super Beetle to trade for 250cc-350cc Trail Bike.

## 780.728.5017 (1-3)

#### FOR RENT

**4-Plex Unit in Winfield** - 2 bedrooms + 1 small room downstairs, finished basement, incl. 4 major appliances. Small pets ok but no dogs. \$875 + utilities / month, \$875 damage deposit.

Phone Maria 403.606.6977 or 403.249.2708 or Marie 780.932.7177 (2-2kr)

#### HOUSES / LAND / BUILDINGS FOR SALE

**Immaculate House for Sale - Mulhurst Bay** not in subdivision. 3 bedroom, 2 bath, newly renovated home on 4+ acres. Mature landscaping, quonset with concrete floor. Minutes from Pigeon Lake & Fire Hall. A must see that is priced well below the assessed value. \$279,000 MLS E4124810 for pics. Call Ken.780.818.3593 (1-1kr)

#### GARAGE SALES

**Multi-Family Yard Sale** - (3 days) Fri. Aug. 17th - Sun. Aug. 19th from 9:30 am - 5:00 pm daily. 1/2 mile west & 1/2 mile north of Alsike Store on Range Road 41A. Collectibles, Western books, movies and tools! Plus much more! (1-1)

#### **PROFESSIONAL SERVICES**

**Qualified Tutor Available** - High School Level Math, Math 31, Language Arts - all levels. \$20.00 / hour (negotiable) Phone Elizabeth 780.848.1015 (1-3)

#### **BUILDERS / RENOVATIONS / CARPENTRY**

**Blackdog Custom Woodcraft!** Journeyman Cabinetmaker with over 16 years experience. Free consultations and free estimates. Custom kitchens, counter top replacements, built in's and furniture all done for you the way you've dreamed of. Please visit our website at www.blackdogcustomwoodcraft.com.

Call and ask for Sean or Shelley at 780-691-2239 or 780-848-2560 (2-2kr)

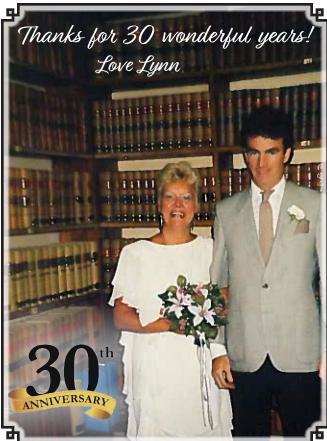
**Custom Built Epoxy Countertops and Interior Renovations** - are you looking to update your countertops, renovate your home or need home repairs - call Greg Sharman @ 780.898.3866 or visit www.gregsharman.com or www.counter.gregsharman.com (2-2kr)

#### REAL ESTATE

**Dawn Heisler-Re/Max Real Estate -** Your local Realtor for all your Real Estate needs Cell: 780-619-2564 Office: 780-986-2900



- call 780-887-0077
- drop off your ad at The Village Office
- email media@community39.com
- submit online at www.community39.com

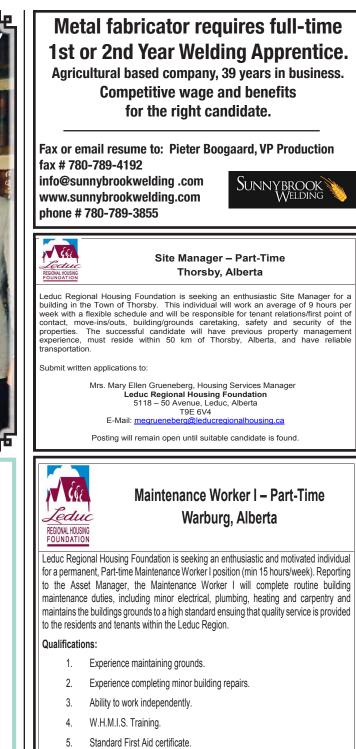




Located in the Warburg Memorial Arena & Thorsby Arctic Spas Recreation Complex

## **NOW HIRING**

We are hiring motivated individuals to work evenings and weekends in our fun fast paced arena concessions. If this is something you are interested in email your resume to tashah2568@gmail.com.



6. A sincere desire and ability to work in the housing industry.

Mr. Stuart Fehr, Asset Manager Leduc Regional Housing Foundation 5118 – 50 Avenue, Leduc, Alberta T9E 6V4 Fax: 780.986.4881 or E-mail: <u>sfehr@leducregionalhousing.ca</u>

Will Remain Open Until a Suitable Candidate is Found



michaelj@mikeshomesltd.com mikep@mikeshomesltd.com

## MICHAEL JACOB 780-991-1008 MIKE PETRACEK 780-699-3700

**Re-Play Youth Sports Equipment Swap in Thorsby** - Book Your Table Now to Sell Your Outgrown and Extra Gear. Tables only \$10. August 22nd 5:30 - 8:00 pm Arctic Spas Recreation Complex Fieldhouse, Admission is free plus...ALL SHOPPERS ARE ENTERED TO WIN A \$50 SPORT CHEK GIFT CARD! To Register for your table contact Vanessa: vpgoodman@yahoo.ca or 780.231.9802 (call or text)

PANCAKE BREAKFAST @ SANDHOLM HALL (10 miles south of Thorsby) will be held Sunday, August 26 from 8 AM to Noon EVERYONE WELCOME

**Royal Canadian Legion Mulhurst Branch #246**: BINGO EVERY TUESDAY AT 7PM. Next Regular meeting Sept. 10 at 7pm.

**Community United Church – summer worship schedule:** Sunday mornings @ 10:30 AM. NO WORSHIP ON LONG WEEKENDS: September 2. Telfordville Services: September 9. Warburg Services: August 19, 26, September 16, 23, 30

Leduc Legion Crafts & Small Business Market - Tuesdays from August 7th. 11 am - 2 pm. At the Leduc Legion / Murphy's Public House 5210 - 50th Ave. For more info or to book a table txt Jane @ 780.690.4919 or email jaype@hotmail.com

**Treasures Thrift Shop** located in Community United Church, 5112-53 St. Warburg, is open Wednesdays 10 am - 2 pm. Gratefully accepting donations of clean, gently used clothing and small household items on Wednesday and Friday mornings.

**Volunteers with Dogs Wanted** to visit seniors in the Warburg area. Dogs must have a friendly disposition and be well groomed. There will be an interview process. Call Elizabeth for more info! 780.848.1015.

"Sew Heavenly Quilters" meet every Thursday at the Warburg Cultural Centre, from 10:00 to 4:00. Everyone welcome to join. Call Peggy Lunde @ 780.789. 2545 for more info.

**Buck Lake Farmer's Market** - Saturdays from 10 - 1 p.m. until September 8th. October 6th Harvest Market, November 3 Christmas Market. Buck Lake Hall.

# **Community Events Page**

# **Custom Built Homes**

- Reliable Service – Affordable Pricing – Quality Workmanship

# "You Dream It – We Build It!"

For more information call Suszan (Trudy) Murray at 780.388.2240 or 780.621.3466

**Winfield Public Market** From 11-2 at the arena every Sunday till Aug. See all the details on Facebook at Winfield Public Market. For tables or info call Carla at 780.621.1285

**Ma-me-o Beach Public Market** Sundays 10-3 until Sept 2. For tables or info call Betty at 780.916.1845

**Calmar and District Senior Citizen's Club** monthly meeting will be held the second Wednesday of the month at 1:30 pm.

**Parent Link – Stay 'n Play** held every Thursday from 9:30 am – Noon at the Warburg Village Office. Join us for some play time with your child!

**Breton Golden Age Club** - Cards every Monday at 1 pm, Floor Curling every Tuesday at 1 pm. Last Monday of every month is Potluck at 11:30 am with cards to follow. Meetings are the 1st Wednesday of every month, everyone including new members welcome!

**Genesee Jamboree** - **Third Friday** of every month from 7 p.m. - 10:30 p.m. Lunch served. \$5.00 / non playing attendants. Everyone welcome. 780.848.2479

Monthly Jamboree - Wilton Park Community Ctr. 4th Saturday of every month at 7:30 pm September - April (excl. Dec.) Everyone welcome! 780.985.2478

Ashland Dam Park - For reservations call Kelly @ (780) 898-9636.

**Bus Transportation To Leduc** - The 1st and 3rd Thursday of each month. Departs from the Cloverleaf Manor at approx. 9:00 am, cost of \$8, call to reserve a seat: 780-848-7177 (Cloverleaf Manor - Warburg) (Pick-ups in Thorsby and Calmar).

Warburg Bloomin' Buddies Meetings - Please contact Linda McLaughlin @ 780 848 2916 for information re meeting dates and times.

**Warburg Legion Hall** is available for rent at \$75.00 for a full day, \$50.00 for 1/2 day, with a deposit of \$50 which is then refundable upon inspection. For Hall rental please contact Tina Tollenaar at 780.848.2469. For events, meetings or information, please call Max at

# **LRT Automotive LTD**

Final Day of Operation August 30th, 2018

We would like to thank everyone for their support and patronage over the past 42 years.

We've had a lot of laughs and shed a few tears, made new friends (and a few enemies) and met some great people. Our employees were awesome. Through the years we saw them grow from teenage pranksters (car on the roof—that was a good one!) to becoming grandparents.

A special thank you to Garry for sticking it out for 36 years. It's been a roller coaster ride but we wouldn't change a minute of it. And yes, you will still see Rick driving the tow truck.

Thank you again for all the years of memories.

Rick and Jan

\*\* Watch for updates on Purolator Depot relocation \*\*



**Thorsby Senior's Supper Meetings** These monthly meetings will now be held in the Senior's Centre and are on the last Wednesday of every month at 6:00 p.m. Members are requested to bring a potluck dish. Memberships are available for \$10 from Elaine Warnock at 780.221.3939.

**Thorsby Senior's Birthday Parties** at the Senior's Centre. Held every second Wednesday of the month from 2:30 p.m. - 4:00 p.m. These parties are open to all members and their guests.

**Thorsby & District Fish & Game Regular Meetings** are held on the third Monday of each month @ 7:00 pm at Warburg Village Office Basement (entrance through the back). Please join us. Contact Bruce at 780-848-2242 for more information.

**The Winfield Legion** There will be no potluck social or Monday night cards during the summer months. Our next social will be a Hallowe'en Costume potluck supper and dance, October 25th. Card night to be announced.

**Warburg Museum** - Open every Saturday from 1 pm - 4 pm, exluding holiday weekends. Homemade pie & beverage only \$4.00! New members always welcome and appreciated! Susie 780.848.2507

**Warburg Cultural Centre** - For rentals of facility, wine glasses and/or tablecloths, phone 780.848.2944. Meetings held quarterly. Please contact 780.848.2916 for info.

**Warburg Senior's Centre** rentals. Call Nancy/ Allan Gruninger 780-848-7756. \$75 per rental, \$50.00 damage deposit refundable after inspection – no exceptions!

**Calmar and District Senior Citizen's Club** 4916-50Ave **rental inquiries**, 4 hours \$75.00 more than 4 hours \$150.00 plus equal amounts for damage deposits. Please Call Ed. 780-985-3221

Calmar and District Senior Citizen's Club 4916-50 Ave. is hosting Drop In Coffee every Monday morning 9am-noon. Great lively conversations,shuffleboard,card and board games. You do not have to be a senior to Drop In for coffee. Everyone Welcome!

Ashland Dam Park - For reservations call Kelly or Glenn @ (780) 898-9636.

Weekly Bingo at Mulhurst Legion - Every Tuesday, 7:15 pm. Family Bingo! Everyone Welcome! 780-935-6281

Warburg Pioneer Ag Society & Hall- hall rental

\$250, phone 780-848-2841 (non-smoking, 350 capacity), Meetings 2nd Wednesday of each month.

**Centrelodge Community Centre** - For bookings call Caroline 780-789-3089.

**Morrowdale Community Hall** - For bookings call Elaine at 780-789-2104.

**Mulhurst Legion Hall**: For Hall Bookings call Marie: 780-361-7350

**Telfordville Hall** - For bookings call Tracy at 780-718-9549.

**Strawberry Community Hall** - Call Ollie at 780-789-2180.

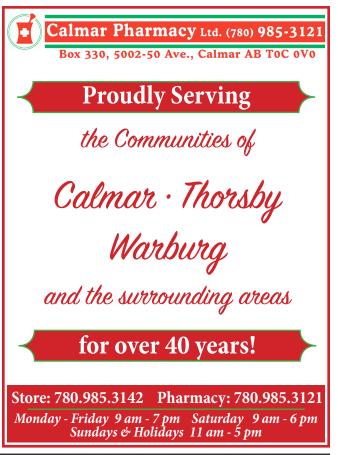
**Sunnybrook Hall** - For bookings call Cheryl Krawiec@ 780-789-3193 or 780-920-1950. Sunnybrook Hall Meetings - 1st Tuesday of the month at 7:30 pm. Everyone welcome.

**Genesee Community Hall** - Rentals call Joanne Liba at 780-940-7229.

**Funnell Community Hall** - Christine Burton @ 780-898-6598 for bookings Hall Rent - \$50/day.

**Warburg Alliance Church** Fall Worship Service 11 am. Sunday School 9:45 am. (Summer Worship Service 10:30 am) (No Sunday School for the summer) Bible Studies. Do you need prayer? Please call 780-848-7577

**Calmar Bingo** - Every Wednesday from 7 to 9 pm at the Calmar Legion (4815-47 Street). Wheel Chair Accessible. Concession Available.





Friday August 24, 2018 Pig Roast begins at 6 p.m., Concert starts at 7p.m. Warburg Community Park

Local Fruit & Veggie Vendors

(Contact the Office if you would like to book a table)

Beer & Coolers \$5.00



50/50 Draw

Remember your Lawn Chairs

Farm to Table Pig Roast & Concert in the Park Featuring:

# Admission Tickets \$10 at the Warburg Village Office/ \$15 at the Gate

## Meal Tickets \$10 at the Warburg Village Office/ \$15 at the Gate

\*\* (Food Tickets purchased at the gate are based on food availability)\*\*



# Farmers Market / Vendors Wanted

No charge to be a vendor for the night selling fruits, veggies etc. Pay only the cost of admission to the concert. Call Tasha for details 780.848.2841



## Additional information for posting on Warburg's Website

### Intermunicipal Collaboration Frameworks & Intermunicipal Development Plans Project

#### **Project Description**

The Alberta Government Regulates the operations of all municipalities through the requirements of the Municipal Government Act (MGA). There have been recent amendments to the MGA which now require all municipalities that share a common boundary to prepare Intermunicipal Collaboration Frameworks (ICFs) and Intermunicipal Development Plans (IDPs).

The purpose of these Plans is to collaboratively plan and support sustainable development and service delivery to residents of Alberta municipalities.

A collaborative initiative is being undertaken by Leduc County and the Towns of Calmar, Thorsby and the Village of Warburg to respond to these new provincial requirements to prepare ICFs and IDPs

An ICF and IDP will be prepared between Leduc County and the Town of Calmar, between Leduc County and the Town of Thorsby and between Leduc County and the Village of Warburg.

The communities of Calmar, Thorsby, Warburg, and Leduc County have retained Stantec Consulting Ltd. to assist with the preparation of these plans.

#### What is an ICF?

An Intermunicipal Collaboration Framework (ICF) is a tool to facilitate cooperation between neighbouring municipalities to ensure municipal services are provided to residents efficiently and cost effectively.

ICFs reinforce existing collaborations and formalizes a process for municipalities to work together.

Five specific service areas; transportation, water and wastewater, solid waste, emergency services and recreation must be included in an ICF, plus any other deemed of benefit to the municipalities involved. ICFs must also contain an agreed to dispute resolution process to manage disputes that arise regarding the delivery and cost sharing of services after the ICF has been adopted. All municipalities party to the ICF must also have an Intermunicipal Development Plan (IDP) that is compliant with the new MGA requirements.

#### What is an IDP?

An Intermunicipal Development Plan (IDP) is a collaborative land use planning process for identified lands of mutual interest between two or more municipalities. This specific initiative is to prepare IDPs between Leduc County and the Town of Calmar, between Leduc County and the Town of Thorsby and between Leduc County and the Village of Warburg.

IDPs ensure that desired long-term growth and development looking beyond 20+ years is not compromised by land use and development decisions made today or by future municipal councils. It also provides assurance to residents that live within the Plan area of future development plans. Both municipalities must agree to the policy direction put forward in the IDP and both municipalities must abide by the IDP. The IDP includes a dispute resolution process for disagreements on whether proposed land use and development proposals are consistent with the agreed to policies in the IDP.

Map showing the IDP boundary between Leduc County and Warburg.

#### **Opportunity for Public Input**

Public engagement is important to the development of these plans. Announcements of opportunities for public input will be posted here.



39/20 Alliance 2018 Open Golf Tournament Friday, September 7th, 2018 Breton Golf Course



# Enjoy a day on the links!

Limited Space Available so register soon to confirm your spot. Registration Deadline is Friday, August 31, 2018 \$100 / golfer includes golf, cart, meals and prizes Breton Golf Course; 8:30 a.m. Check-in, 9:00 a.m. Shotgun Start 4 Ball Best Ball Texas Scramble

Putting Contest • Hole In One • Closest to the Pin • Longest Drive

Call the Village of Breton for more information 780.696.3636 Sponsorship Opportunities Available.



Jeff Fritz 780.203.4953 Chance Martin 403.358.0456 Corey Lawrence 780.940.6301 Mack Vars 780.940.2899

Are you looking for a part time job once your done haying and harvesting?

Keep us in mind - we are always looking for part time help to start ASAP or later in the fall. Wages are negotiable depending on experience.

No resumes required just drop us a line or give us a call thorsbystockyards@outlook.com 780.789.3915

\*must be physically fit\* It's a great atmosphere of staff and owners who are very flexible on hours!



Office: 780.789.3915 Fax: 780.789.3929 www.thorsbystockyards.ca

# Alberta Health Services Health Advisory

## Precautionary air quality advisory issued for Alberta

Air quality is expected to be variable across Alberta over the coming days due to wildfire smoke. Alberta Health Services (AHS) is issuing a precautionary air quality advisory for the entire province because of these fires.

Residents of and visitors to Alberta are advised to be aware of air conditions and take precautions against potential health concerns that can be associated with smoky air conditions.

Although minor smoke conditions do not typically cause health concerns in healthy individuals, if smoke conditions become more severe, even healthy individuals may experience temporary irritation of eyes and throat, and possibly shortness of breath.

If you can taste and/or smell smoke in the air:

Monitor your symptoms.

Minimize physical activity outdoors.

Remain indoors with windows, doors and air circulation fans/vents closed.

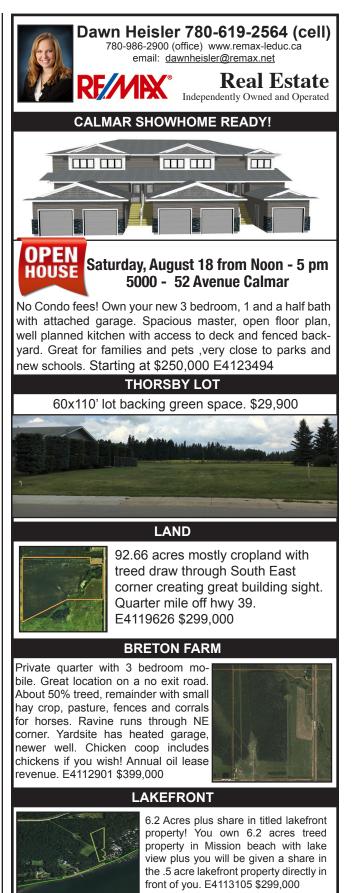
If you drive to another location, keep windows and vents closed. Run your car fan on re-circulate mode to avoid drawing in outdoor air.

Individuals with respiratory conditions (such as COPD and asthma), and individuals with existing cardiovascular conditions (such as angina, previous heart attack and congestive heart failure), may notice a worsening of symptoms in smoky air conditions. These individuals should monitor for worsening of symptoms and take the precautions routinely recommended by their physicians if a worsening of symptoms occurs.

Individuals experiencing symptoms can also call Health Link 24 hours a day, seven days a week, toll-free at 811, to speak to a registered nurse.

Air quality can and will vary with weather conditions and prevailing winds. Because air quality is expected to be variable, this advisory will remain in effect until further notice. Information about the air quality in many areas of Alberta is updated hourly on the Alberta Environment Air Quality Website: http://airquality.alberta.ca.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than 4 million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.



**Royal Care Pharmacy** 

4902 Hankin Street Thorsby 780-789-3686

Hours of Operation for Both the Store & Pharmacy Monday to Friday - 9:00 am - 5:00 pm Saturday - 10:00 am - 4:00 pm Sunday - Closed

THE SERVICE YOU DESERVE FROM THE NEIGHBORS YOU trust.

Diabetic Supplies ADL Approved Vendor

Guardian

Bring in this coupon and receive

\$5.00 off

free deliveries
fax / copy services

- lottery
- full line of herbals / vitamins

we offer

- Burt's Bees
- blood pressure monitors
- diapers & formula
- cosmetics
- toys
- home decor & giftware

and more!

apparel & jewelery

on your purchase of \$20 or more!

Regular priced items only. Excludes lottery & gift cards. Offer valid from August 17 - 26, 2018

# Canada's Conservatives Call on Trudeau Government to Defend Beef Producers

OTTAWA: On August 8th, Jim Eglinski, Member of Parliament for Yellowhead, along with 32 Conservative MPs, wrote to the Finance Minister about the potential impact sanctions or tariffs would have on Canadian beef producers.

"With the escalation of the trade conflict between Canada and the United States, export industries, such as the beef sector, have become increasingly nervous about what the future holds," stated MP Eglinski. "It is important that we stand up for the 60,000 beef farmers across Canada, 18,000 of which are in Alberta.

The co-signed letter requests that the Liberal government consult the beef industry and prepare a package of broad-based tax cuts and industry supports for the agricultural sector in the event of further retaliatory trade measures that could cause significant damage to Canadian beef producers.

The Conservative Caucus has been touring Canada this summer listening to workers, business leaders and labour groups from across the country about the ongoing trade dispute with the United States and its effects on Canadian families. The beef sector employs more than 60,000 people, and is responsible for \$6.8 billion in sales.

"We will continue to listen to Canadians and help protect local jobs in Canada," concluded MP Eglinski.

For more information and to provide feedback about how federal legislators can best address the trade challenges Canada is currently facing, visit: DefendLocalJobs.ca.

# George L. Saubak Memorial Fund Scholarship

## About the scholarship

Katie Dringenberg, in her last will and testament, bequest to give Leduc County the sum of \$20,000.00 for a scholarship fund for a student who attains his or her high school diploma after attending school in the west end of the county and continues further education in the field of medicine (including nursing, dentistry, pharmacy or veterinary medicine). The scholarship fund is to be known as the **George L. Saubak Memorial Fund**.

## Amount to be awarded

The amount of the scholarship shall be determined by the interest accumulated on the scholarship donated during the preceding year. This amount may vary from year to year depending on the interest rate which the fund had been invested at. Only one award will be made in any one year.

## **Eligibility**

The deadline for applications is Friday, August 31. For more information on eligibility and how to apply, please visit the Leduc County website, where a full description of the George L. Saubak Memorial Fund Scholarship is listed.

## www.leduc-county.com/scholarships







Our meetings are designed to encourage weight loss, maintenance, to educate and to provide support. New members are welcome to attend a meeting with no obligation. Meetings are held at the Thorsby Fire Hall on Monday mornings with weigh in from 9:00 a.m. - 9:15 a.m. and the meeting following from 9:15 to 9:45 a.m. There is an annual fee to TOPS International of \$44 and a monthly fee to the Thorsby Chapter #1694 of \$5. The first month chapter fees are free. Phone Sherilyn at 780-621-3461.

# Fajita Chicken (Gluten and Dairy Free)

| Serves:    | 4 Servings |
|------------|------------|
| Prep Time: | 5 minutes  |
| Cook Time: | 10 minutes |

## Ingredients

- 1 lbs chicken breast
- 1 bell pepper, any color
- 1 medium onion
- 2 cloves of garlic
- 1 tsp. chili powder
- 1 tsp. ground cumin
- 4 tbsp. lime juice
- 1 tbsp. coconut oil

## Instructions

Cut chicken into strips. Slice pepper and onion. Chop garlic. Combine chicken strips, sliced peppers, onions, chopped garlic, spices and lime juice in a bowl. Stir to mix well until it evenly coats chicken and veggies. Heat coconut oil in a skillet over medium heat. Pour contents of the bowl into the skillet. Cook, stirring occasionally, until chicken is cooked through and veggies are tender.

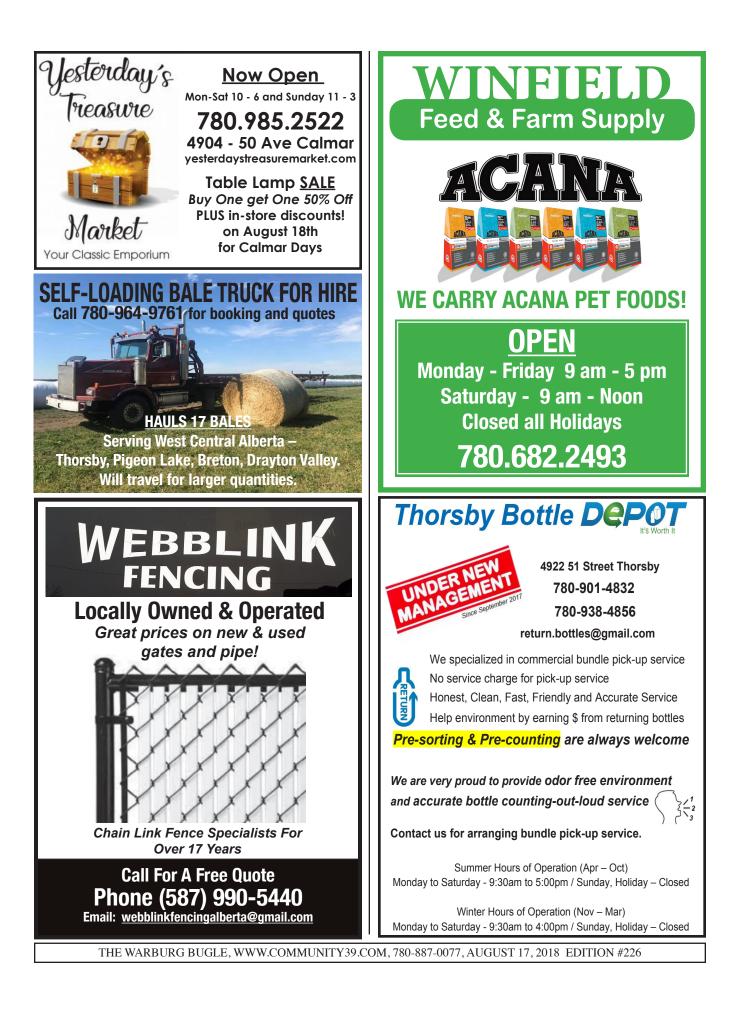


# IT'S BEEN A LONG WEEK -me, in the middle of tuesday

# HAPPENINGS at CLOVERLEAF MANOR

### CHURCH SERVICES

| Each Sunday - 10:30 a.m Catholic Communion            |  |
|---|--|
| 1st Friday - 2:00 p.m United Church                   |  |
| 3rd Friday - 10:30 a.m Catholic Church                |  |
| 4th Friday - 2:00 p.m Alliance Church                 |  |
| HEALTH & WELLNESS                                     |  |
| 2nd and 4th Mondays of the month - 10:15 a.m          |  |
| Exercise with Cassie (FREE- Thanks to a grant from    |  |
| Warburg Recreation Board)                             |  |
| 2nd Thursday of the following months October, Decem-  |  |
| ber - 9:00 a.m Dees Tender Tootsies (foot care)       |  |
| BANDS and ENTERTAINMENT                               |  |
| 1st Sunday of the month - 2:00 p.m Dwayne Harrish     |  |
| 1st Saturday of the month - 2:30 p.m. Sunshine Band   |  |
| Singers   |  |
| 3rd Monday of the month - 7:00 p.m Country Friends    |  |
| BUSTRIPS  |  |
| Shopping, Dr. Appts., etc. 1st & 3rd Thursdays of the |  |
| month - 9:00 a.m Bus to Leduc. Please call 780-848-   |  |
| 7717 to sign up if you want to go on any of the bus   |  |
| trips.  |  |





# **Advertising Rates**

1/8 Page - \$13.50 + Gst 1/4 Page - \$21.00 + Gst 1/2 Page - \$30.00 + Gst Full Page - \$50.00 + Gst

# **Classified Ads**

\$5.00 for 2 weeks, up to 30 words, includes GST. Drop-Off Point is the Warburg Village Office
The next Warburg Bugle will be published August 31, 2018.
Deadline for The Bugle will be August 29th at Noon.

Community Events and Articles are FREE

780-887-0077 media@community39.com www.community39.com

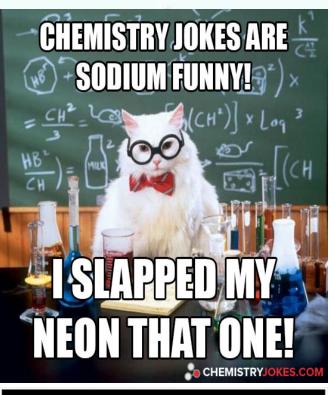




# 1 will always make you smile **You Smile.... 1 Smile**



Two blondes were driving to Disneyland. The sign said: Disneyland Left.. So they started crying and headed home.



Never ask Google for medical advice.

I've gone from mild headache to clinically dead in three clicks.



5012 - 50 Avenue Breton, AB TOC 0P0 Phone: (780) 696-2511 Fax: (780) 696-2017 E-Mail: dbanman@miniely.ca

HOURS: Thursdays 8:30 a.m. to 4:30 p.m. (or by appointment)

# MOBILE - to your door-GLASS SERVICE



# 780-696-2035

# Hot Dog Cart for Events If you have a tournament or event and would like to

If you have a tournament or event and would like to have a mobile food cart there to please your guests then you're in luck! The menu includes hot dogs, chili cheese dogs, smokies, burgers, frozen treats and juice, pop, water. Very reasonable prices. Flexible as to variety of events including selling to the public, sponsored by the host etc. AHS Food Handling Certified and operated out of Leduc so available for events in Leduc, Calmar, Devon, Thorsby and all the surrounding areas.

# HOWARD LAVERS 587.986.7341





# FEATURE OF THE MONTH

# FREE ADVERTISING

As a special feature each month, in each paper, we are offering a half to full page of free advertising!

The "Feature of the Month" can be a local business, local community group or individual. All you need to do is submit a write up and some pictures! You can talk about the history of your business or group, what you offer the community or how an individual has impacted the community in a positive way.

Submit via email to media@community39.com or upload on our website with the subject line "Feature of the Month" and which community you are submitting to. <u>All submissions</u> will receive the free advertising in order of submission date.

> 780-887-0077 media@community39.com



