THE BRETON BOOSTER

Greetings from the Breton Elks Lodge #402

Well hello everyone, I've been a little busy as of late so I am a little slow this month. I hope everyone is staying healthy. It appears our good old Covid is starting a downward trend. It is still important to take your vitamins, wear a mask and get a shot. This shot does not come from a glass.

At this time, I think it is important to say a huge thank you to everyone in the field of medicine and all the caregivers for their great effort to battle this crisis. Thank you for your tireless efforts.

Moving onto business at hand, the skating rink is proving to be very popular. Much traffic appears to be moving in and out daily. Thank you to all the Brother and Sister Elks for keeping the ice in great shape. Also to all the non-member assistants, thank you for your great efforts as well.

At this time I would like to congratulate Brother Neil on finding a unique way to have quality time with his blushing bride, offering her an opportunity of fresh air, exercise and good company.

Thank you Rosemary for being a great sport and helping clean the ice. The lodge held a regular meeting recently via Zoom. I was so sure this was another virus and was about to order an extra shipment of a proven antidote called Crown Royal. My loving bride informed me that this was a communication method and that our granddaughters had found the cure. Thank goodness for the younger generation.

A decision was made to donate \$1,000.00 to Stars to assist in their operating budget. Much discussion also was had on RV Park upgrades. A steering committee is working with Village Council and Administration and it is hoped that upgrades can begin in the coming spring before camping season. Electrical upgrades, an extension of water service and sewer installation are on the agenda. The project could be time consuming, depending of course, on weather.

It is very gratifying to have such support and thank you to Village Council and Administration for their great support.

In closing keep in mind spring is on the way, so in the meantime, stay healthy and keep on with the vitamins.

Chat again soon... Allan Smith





WANTED

Wanted to Buy - Will buy your old lead batteries for recycling. Also **Free removal** of scrap vehicles. We pay cash for both! 1.403.396.8629 (4-6)

FOR RENT RESIDENTIAL

Newly remodelled 2 bedroom, open concept kitchen with island. Appliances supplied. Small pet could be considered. Rental incentive with a signed 1 year lease. \$895. 780 848-2628 (6-12)

FOR RENT COMMERCIAL

Building for rent in Breton - \$500/mth plus utilities. Call 780.696.3551 (2-2kr)

LAND FOR RENT

Half Section - 7 miles SW of Breton. Hay/pasture. Approx. 60 acres of bush. \$11000/year. Call 604.218.9746 (2-2)

BUILDERS/RENOVATIONS

Custom Built Epoxy Countertops and Interior Renovations - are you looking to update your countertops, renovate your home or need home repairs - call Greg Sharman @ 780.898.3866 or visit www. gregsharman.com or www.counter.gregsharman.com (2-2kr)

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Classified Ads are \$5.00 (GST included) for 2 weeks, <u>up to 30 words</u>

- call 780-887-0077
- email media@community39.com
- submit online at www.community39.com

Thank-you to all who sent condolences on the passing of our youngest foster child, Laurence Courtoreille. His funeral was held February 1st in Edmonton. We cherish the memories of Laurence's growing up years with us and our thoughts and prayers are with the rest of his family.

—Bob and Diane Shave and Family

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Once again

Once again you've made it One whole entire year Just think back if you can Covids all you feared You didn't fear your knees Or your back or your gout It didn't really matter much You were imprisoned to the house So wishing this year's better And you'll get to start your car But don't forget you're older now So you shouldn't stray too far!

Happy Birthday Poppa K

.....Love, Us



All other items can be viewed at Timberlind Auctions Sale Yard.

If you are not familiar with internet auctions, you can inspect the items and leave an absentee bid with us. For further information, please contact Robert @ 780-542-7323.



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www.timberlindauctions.hibid.com





COMMUNITY & info

UPCOMING SPECIAL EVENTS

Sunnybrook Community Hall yearly Membership Renewals are due. \$5 a person Or \$10 for a family. Payments can be done via etransfer to: sunnybrookcommunityhall@gmail.com

PROGRAMS & REGULAR EVENTS

Breton Golden Age Club: Cards (Whist) Mondays at 1 pm. \$3. Floor Curling on Tuesdays at 1 pm \$3. Crib Saturdays at 12:30 pm starting Oct. 17th. Minimal fee. Come join the fun! COVID protocols in place. Masks are optional. Until further notice the Breton Golden Age Club is NOT available for rent. For additional info you can contact Pat Monteith at 780.696.6557 or clwaymon@telus.net

Winfield Community Library is open *Please note we have new hours as of Sept. 6th* Wednesday nights 5 - 8 pm Saturdays 10- 2 pm. Restrictions are in place. No public access to the school, not even the bathrooms. Please call 780-682-2498 for more info.

Thorsby Bingo has been cancelled (due to COVID-19) until further notice.

"Busy Brushes" meet every Wednesday from 10-2, at the Warburg Cultural Centre. Everyone welcome! Come join us for some relaxing fun and art. Call Linda Mayr @780.848.7782 for more info.

MARKETS / THRIFT SHOPS (NON PROFIT)

Treasures Thrift Shop –**IS NOW OPEN!** (With restrictions) Please see signs at the store for everyone's safety. Wednesdays from 10 am - 4 pm. Donations will only be accepted during store hours, please ensure your donations are clean. 5112 - 53 Street Warburg.

Thorsby Senior's Thrift Store is OPEN again - ALL COVID-19 regulations apply. Hours of operation: 10 am - 3 pm Thursdays and Fridays. PLEASE NOTE: We will only accept donations during store hours. We do not accept mattresses, car seats, strollers, cribs, or furniture. All donations MUST BE CLEAN AND RE-SELLABLE. Thank You!

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COMMUNITY SUPPORT SERVICES

Breton & Area FCSS (Family & Community Support Services) Please contact Deanne at 780-696-3636 or email fcss@breton.ca

Breton Food Bank - Call 780-696-3669 by Thursday at noon to request a hamper. Please leave a message and a volunteer will contact you.

Meals on Wheels - Are you interested in receiving a hot nutritious meal? Please contact Deanne at 780-696-3636

Bylaw Enforcement Officer and Animal Control Officer - Doris McAllister 780-719-6447.

Does drinking affect your personal life in any way? Have friends or family expressed concerns towards your drinking habits? Have you ever tried to quit drinking, but could not manage to do so? AA can help! 5203 -54th Avenue Thorsby New Life Christian Church (every) Monday 8:00 pm 780-270-7903

WORSHIP

Faith Covenant Church - 4712 53rd Avenue Breton, Alberta T0C 0P0 office.faithcovenantchurch@gmail. com 780.696.3669

Community United Church – 5112 – 53 St., Warburg. Join us for Sunday morning worship on the 2nd and 4th Sundays of each month at 10:30 AM. For information please phone the church office 780-848-2227.

Our Lady of Victory Catholic Church Thorsby Mass Every Sunday 9:00 am, Father Arun Rodrigues. For more information call 780-987-2858 or visit www. olvthorsby.wordpress.com.

St. Matthew's Lutheran Church Thorsby is holding in-Church Suspended at 10:30 a.m. Following COVS protocols. Our weekly worship with Pastor Ron can still be found on You Tube.

Alder Flats Community Bible Church - 780-388-0018, Pastor Samuel Hayford - 780-388-3926.





WORSHIP

Reg. Sunday Service & School - 11:00 am. Welcome to all!

Warburg Alliance Church is open. 11 a.m. worship service. For more information please phone 780-848-7577, check out our Facebook page or email us warburgalliance@gmail.com.

Warburg Seventh Day Adventist Church, Sat. Sabbath School 10 am, Main Service 11:30 am, Pastor Jason Williams 780-848-2271

COMMUNITY GROUP REGULAR MEETINGS

Village of Breton Council Meetings - 2nd Wednesday of each month at 7:00 p.m. in Council Chambers of the Carolyn Strand Civic Centre.

Breton and District Historical Society Monthly Board meetings are held the 4th Monday of the Month at 7 PM at the Breton Museum. The Board meets January- June and September- November. New members welcomed. To confirm meeting dates and times Ph. 780 898 1155 and for more information go to www. bretonmuseum.ca

Breton Golden Age Club: Regular Monthly Meetings on the first Monday of the month at 11 am. Come see what we are up to!

The Breton Agricultural Society meets every second Thursday of the month (except July and August) at 7 pm at the Breton Community Center. Everyone is welcome to attend!

Breton Royal Purple meetings are CHANGING starting in January 2021 to the third Thursday of the month (except in the months of July and August) at 7:30 p.m.

Breton Elks meetings are at 7:30 pm every third Thursday of the month at the Breton Community Hall, except for July & August.

Breton Municipal Library Board Meetings are held the third Wednesday of the month except July and August and are open to the public. Meetings are at 7 PM in the Library.

The Breton Book Club has online Facebook Meetings: Second Wednesday of each month all day. All readers are welcome to join the conversation! Look for us at "Breton Book Club".

Buck Creek Community Assn. Meetings are held at the Buck Creek Hall the first Wednesday of every

month at 8 PM. Jam Dance and Cards Night the first Friday of every month.

Funnell Community Hall - No Meetings until further notice.

Thorsby & District Fish & Game Regular Meet ings are held on the third Monday of each month @ 7:00 pm at Warburg Village Office Basement (entrance through the back). Please join us. Contact Bruce at 780-848-2242 for more information.

Winfield & District Historical Society meets at 7pm on the 3rd Tuesday of every onth at the Winfield Community Hall Meeting Room. New members always welcome!

FACILITY RENTALS

Breton Community Center- To rent the community center please visit our website www.bretonagsociety.com, call 780-696-3561 and leave a message or email us at bretonagsociety@gmail.com

Winfield Legion is available to rent. Rental Inquiries - Gordon 780-542-1243 or Mona 780-361-9558

Ashland Dam Park - For reservations call Bruce @ (780) 898-9636.

Calmar and District Senior Citizens Club 4916 - 50 Ave Calmar: **hall rentals**, please contact Marg Roskewich 780-985-3221. Rental Rates: 4 hr or less \$100 and more than 4 hrs \$200.00

Funnell Community Hall - For hall rental or more info contact Kelsey at 709.638.3689.

Genesee Community Hall - Rentals call Joanne Liba at 780-940-7229.

Royal Canadian Legion #246 MULHURST Hall Rental Call: Marie @ 780-361-7350





LETTERS TO THE EDITOR

To the Editor:

The following are a few thoughts on some of the issues debated on February 2, 2021, at Brazeau County Council.

With reference to an Ag Service Board spray subsidy proposal (Motions 097/21.02.02 and 098/21.02.02), the following suggestions for alterations were made:

a. That a maximum of \$1600 be instituted per owner;

b. That only the actual amount of spray used on targeted weeds be included;

c. That only sprays for prohibited/noxious weeds be included (e.g., broadleaf sprays for field control NOT be included).

These adjustments make sense to this writer. Why were these suggested changes not mentioned in the minutes?

Motion 119/21.02.02 allows for councillors to claim per diem for listening to Premier Kenny's Town Hall meetings. Is this not an optional activity that is undertaken at councillors' own expense? Why are we paying each councillor \$1400 per month to attend to "public concern"? Is this not a frivolous excuse for a money grab? Residents may want to note who voted in favor of this.

Smoky Lake Council Heritage Board is proposing that the North Saskatchewan River be designated as a "Heritage" river. The public may want to investigate the implications of such a move as it may/could have serious impact on various kinds/types of development and agricultural activities (since no implications were stated in the minutes). Contact your councillor to find out what these impacts/implications\ might be.

The word "petition" came up in the discussions. The public should be aware of the implications of the term. Any legal petition must contain the signatures (witnessed) of 30% of the resident population collected within a certain time block and names verified. However, only signatures of eligible voters are accepted as valid. The petition itself must be properly worded and the people obtaining signatures be commissioned. If all the conditions are met, the council may be required to act. Again, check with your councillor to confirm the role of petitions in county affairs.

In the instance of a request/petition for a corporate review (a government supervised action), NONE of the recommendations are compulsory. If people think 20 or 30 names on a piece of paper have any weight, the thoughts are misplaced. Again, check with your councillor to confirm the role of petitions in county affairs.

A motion by M. Gressler (0-84/21.02.02) to reduce the number of people trained for CARB and LARB (what are these?) to reduce costs. Does it not seem strange (perhaps oxymoronic) to save a few thousand dollars in training but pay \$1.5 million to pave a road that benefits one person (i.e., 616 extension)? Or to reduce dust for a few horse trailers to access trails (RR91 and TWP Rd 484—four miles of pavement at \$1.5 million per mile.

Lynn Oberle

All "Letters To The Editor" must be printed with the name of it's author. Letters To The Editor are the opinions of those who wrote them, not necessarily those of Community 39 Enterprises.



Breton-Thorsby RCMP Welcomes New Detachment Commander

Thorsby, Alta. – Staff Sergeant Dwayne Moore has been named the new Detachment Commander for Breton and Thorsby Detachments, and he began duties in his post effective Feb. 8th. Superintendent Gord Stewart, Acting District Commander for Central Alberta District is pleased to make this announcement and welcome Staff Sergeant Moore.

Dwayne has spent all of his 17 years' service in Alberta. He has previously served in Leduc, Edson and Maskwacis and brings in-depth knowledge of the dynamics of policing in rural Alberta.

Superintendent Gord Stewart would also use this opportunity to thank S/Sgt. Harpreet Dhaliwal who was the Detachment Commander since 2017 and who provided strong leadership to the detachment.

Staff Sergeant Moore will focus on crime reduction and community engagement while promoting and maintaining the strong ties between RCMP partners and the community at large. He is excited to take up this post and looks forward to meeting the people in Breton and Thorsby communities.









Brazeau County News



Bart Guyon, Reeve RR 3 Site 401 Box 1 Comp 1 Drayton Valley, AB T7A 2A3 780-542-0999 bguyon@brazeau.ab.ca

Heidi Swan, Councillor Division 1 Site 403 Box 2 Comp 9 RR 3 Drayton Valley, AB T7A 2A3 780-515-9822 hswan@brazeau.ab.ca

Donna Wiltse, Councillor Division 2 Box 36 Lodgepole, AB TOE 1K0 780-894-3596 dwiltse@brazeau.ab.ca

Marc Gressler, Councillor Division 3 Site 452 Box 2 Comp 1 RR 2 Drayton Valley, AB T7A 2A2 780-898-2006 mgressler@brazeau.ab.ca

Kara Westerlund, Councillor Division 4 Site 444 Box 1 Comp 6 RR 3 Drayton Valley, AB T7A 2A3 780-898-4561 kwesterlund@brazeau.ab.ca

Anthony Heinrich, Councillor Division 5 Box 16 Alsike, AB TOC 0C0 780-696-2468 aheinrich@brazeau.ab.ca

Sara Wheale, Councillor Division 6 Box 45 Alsike, AB TOC 0C0 780-514-4631 swheale@brazeau.ab.ca

UPCOMING NEWS & EVENTS

- February 15 | Brazeau County Administration Building closed
- February 16 | Council Meeting | 9:00 a.m.
- February 17 | Agricultural Service Board meeting | 1:30 p.m.
- February 23 | Mental Health in Ag workshop | 9:00 a.m.
- March 2 | Council Meeting | 9:00 a.m.



RURAL DUGOUTS

A two-part webinar series

Dates: Thursdays, March 4 and March 11, 2021 Time: 7:00-8:30 pm Location: online via Zoom Register: online at www.westcentralforage.com/events

This webinar series will be presented by Shawn Elgert, Agricultural Water Engineer with Alberta Agriculture & Forestry.

Learn about best practices for building and maintaining a dependable dugout in this upcoming two-part webinar series. Topics including planning considerations, design, construction, operation and protection, water quality issues and treatment solutions, and dugouts for stocking fish.

For more information or registration assistance contact Jessica at conservationag@westcentralforage.com or 780-621-8670

Offered in partnership by:







brazeau.ab.ca (780) 542-7777



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TALK•ASK•LISTEN

Mental Health in Ag Workshop

Gain a better understanding of mental health, plus **learn strategies** to help support well-being for you and those around you.

Tailored for farmers and delivered by a mental health professional who understands agriculture.



Date:

Time

Location

Tuesday, February 23, 2021

9 a.m. to 1 p.m.

Online Via Zoom Meetings

How to register: https://www.eventbrite.ca/e/talk-ask-listen-wetaskiwin-ab-tickets-132348990393

If you have any questions please contact: Carla at 780-361-6232 or e-mail <u>cthompson@jedialberta.com</u> or Erin at 780-352-3321 or e-mail <u>eballhorn@county10.ca</u>



THE RECOGNITION ITEMS FOR THE CITIZEN APPRECIATION PROGRAM HAVE ARRIVED!

Nominate someone today who has gone above and beyond to mow ditches and remove garbage from County public spaces such as ditches, right of ways, cemeteries, and park space.

https://www.brazeau.ab.ca/cap

brazeau.ab.ca | (780) 542-7777



With the Family Day Long Weekend coming up quickly here are some suggestions to spend some time together –

Turn Your Living Room into A Fort - Too cold to camp? Break out the extra bedsheets and build a tent or fort right in your own living room. Turn off the lights and use a lamp in the tent to project shadow puppets on the wall in place of staring up at a starry sky.

Visit An Outdoor Rink - Winter sports are some of the best sports, so take advantage of the cold weather by strapping on some skates and heading to your nearest outdoor rink. We have a great outdoor rink right here in the Village of Breton.

Go On A Scavenger Hunt - Played indoors or outdoors, a scavenger hunt will keep the kids busy for hours. For younger kids, simply make a list of things for them to find. For older kids, make the game more challenging by setting up brain teasers that will require a little bit of problem solving.

Go For A Hike At A Provincial Or National Park – Lots of great outdoor space in our backyard. Take advantage by taking your family to Eagle Ridge Park on Family Day. Cook Together - Teach your children a family recipe or create a new one together. Things might get messy but it will give you a chance to teach your kids about nutrition. And best of all, they'll soon discover cooking a meal for the whole family isn't easy and shouldn't be taken for granted.

Build A Board Game - If game night is a frequent hit in your household why not spend the day making your own game? Ask everyone to jot down theme ideas, pick one and then work together to set goals and objectives for the game. Once you've determined how players win work on the rules and make sure you all agree on what does and doesn't count as cheating.

Create A Time Capsule - Love seeing your Facebook memories every day? Then imagine how much more you'll love sifting through a box of physical mementos you hand-picked as a family.

Put On A Performance - Got a budding pop star in your family? Give the kids the day to plan their own performance, let them pick out costumes, decorate the stage

and sing and dance until their heart's content.

Give Back - Tired of stepping on old toys and rummaging through overflowing closets filled with clothes that no longer fit? Take the day to tidy up while teaching your kids the importance of giving back at the same time. Talk to your kids about how some children aren't as fortunate as they are and let them know how happy a person in need will be when they get the items. Let your child choose where their old items go to by teaching them about different organizations. Once they've made a decision, ask them why they've chosen that particular group.

There are many ways to be kind and many opportunities to practice. For the month of February, Breton and Area FCSS is encouraging our community to be Kinder. We would like to help you celebrate those that have shown kindness to you in the past year. Purchase a chocolate rose and write a message to show those that have been kind how much you appreciate them. Reserve your "Rose" by calling Breton FCSS at 780-696-3636 or email fcss@breton.ca "Roses" available For all of February. Cost: \$1/ each. Pick up at Breton FCSS.

KINDNESS Month - Kindness is more than behavior. The art of kindness means harboring a spirit of helpfulness, as well as being generous and considerate, and doing so without expecting anything in return. Kindness is a quality of being. The act of giving kindness often is simple, free, positive and healthy.

Good for the body

Kindness has been shown to increase self-esteem, empathy and compassion, and improve mood. It can decrease blood pressure and cortisol, a stress hormone, which directly impacts stress levels. People who give of themselves in a balanced way also tend to be healthier and live longer. Kindness can increase your sense of connectivity with others, which can directly impact loneliness, improve low mood and enhance relationships in general. It also can be contagious. Looking for ways to show kindness can give you a focus activity, especially if you tend to be anxious or stressed in some social situations.

Good for the mind

Physiologically, kindness can positively change your brain. Being kind boosts serotonin and dopamine, which are neurotransmitters in the brain that give you feelings of satisfaction and well-being, and cause the pleasure/ reward centers in your brain to light up. Endorphins, which are your body's natural pain killer, also can be released. Discover ways you can create happiness. Be kind to yourself - It is not just how you treat other people — it is how you extend those same behaviors and intentions to yourself as well. I believe you can be kinder in your own self-talk and practice gratitude. People are good at verbally beating themselves up, and rarely does that work as a pep talk. Rather, negativity often causes you to unravel and may even create a vicious cycle of regularly getting down on yourself. You wouldn't talk to your neighbor the way you sometimes talk to yourself. This is what I call the "good neighbor policy," which can be helpful. If you would not say it to your good neighbor, do not say it about yourself.

Take action - Simply asking "How am I going to practice kindness today?" can be helpful. For a homework assignment, I have invited some clients to pay attention and periodically document during the day their evidence of kindness to others and especially to themselves. This positive focus is like planting positive seeds in your mind garden. Where focus goes, energy flows.

Finally, I'd like to leave you with this quote: **"Be kind** whenever possible. It is always possible." —Dalai Lama. Steve Siegle is a licensed professional counselor in Behavioral Health in Menomonie, Wisconsin.

Need A Holiday – Let's Go To Mexico with our Arm Chair Travel Kit – Call into our office or email us at fcss@breton.ca to claim your Arm Chair Travel Kit. These kits are filled with instructions and supplies for you and your family to experience Mexico. In each kit you will find a cultural experience designed to take you on a trip without ever leaving your living room. Experience the sights, sounds, smells and tastes or Mexico. Crank up the heat, find your summer clothes and enjoy a winter getaway.

Wintertime Blues - Now that the holidays are over and we still have some restrictions in place we want to help with your Wintertime Blues. Write a paragraph of what vou like about where you live - Village of Breton or Brazeau County. Submit your paragraph and we will reward you with a new board game or puzzle. Submissions can be made by email - fcss@breton.ca, Fax - 780-696-3590 or dropped off at our office at 4916-50Avenue in the Village of Breton Office. Limited to one per household. Please list your top three choices of games/ puzzles with your application. Choices can be found in our ad in the Booster or on our Facebook page - Breton and Area FCSS. Submission are being accepted now. We have had some wonderful applications already submitted. Let us know what you love about the community you live in!

Current Services and Programs Available Fully Subsidized Counselling Services for individuals, families and youth – Until March 31, 2021. Counselling is through Karunia Counselling in Leduc. Appointments can be in person, over the phone or internet.

Online Course – Kids These Days with Dr. Jody Carrington – Self paced course for anyone who has children, grandchildren, or works with children. FREE

Online Course – Home Alone – aimed at youth 10 and older to learn skills to be Home Alone for short periods of time. - \$10

Home Support Services – light household cleaning services to those that require assistance due to mobility, injury, age. Rates are income based

For more information on these and additional resources, please contact the Breton and Area FCSS Office at 780-696-3636 or email fcss@breton.ca

Snowman Kit – For the first time in many years we are not able to host our Family Day Celebrations. We would like to celebrate the families in our community this month. To learn about your family, we are encouraging you to pick up a snowman kit from our office. Use it and any other items to build a snowman (family) that shows the heritage of your family. Email pictures of your creation to be entered in our prize draw. Entries will be shared on our social media account. Random draws for the prizes will happen in March.



Covenant Corner

from Pastor Jeff Gooderham

The photographer for a national magazine was assigned to get photos of a great forest fire. Smoke at the scene hampered him and he asked his home office to hire a plane. Arrangements were made and he was told to go at once to a nearby airport, where the plane would be waiting. When he arrived at the airport, a plane was warming up near the runway. He jumped in with his equipment and yelled, "Let's go! Let's go!" The pilot swung the plane into the wind and they soon were in the air.

"Fly over the north side of the fire," yelled the photographer, "and make three or four low level passes.'

"Why?" asked the pilot.

"Because I'm going to take pictures," cried the photographer. "I'm a photographer and photographers take pictures!"

After a pause the pilot said, "You mean you're not the instructor?"

Placing our lives in the right hands is critical, so the question is, who have you committed your life too? Jesus said I am the way the truth and the life, no one comes to the Father but through Me. Jesus then becomes the doorway into eternal life. Jesus said that; "In this world you will have trouble," well we certainly know that is true. But it doesn't end there. He continued by saying; "But be of good cheer for I have overcome the world!" So, if we place our lives in the hands of Jesus we can be fully confident that because He has overcome the world, with it's tribulation and death, we also, shall overcome the world!



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Purpose-driven Retirement Needs a Financial Strategy

Today's retirees, and those of tomorrow, have had a sense of purpose their entire lives – and they don't intend to give it up just because they'll no longer be working full time. In fact, 51% of recent retirees said retirement is the time for "a new chapter in life," compared with just 25% who said it was a time for "rest and relaxation." According to the 2020 Edward Jones/ Age Wave Four Pillars of the New Retirement study. The same study found that 97% of retirees said it was important to keep learning and growing at every age. However, they find their purpose - contributing to the community, growing intellectually, gaining new experiences and so on - retirees will need to be financially prepared.

How can you prepare for a purposeful retirement? You may want to start by asking yourself these questions:

Will I need to prioritize some of my goals? As a retiree, you may hope to do any number of things. You might want to take up a hobby or learn a new skill (online learning means you don't have to travel far to continue your education), volunteering in your local community, photography or gardening. Like almost everyone else, you won't have unlimited financial resources during your retirement years, you may need to prioritize these goals, worthy as they may all be to your sense of purpose.

Can I still afford to retire at the age I planned? When you first calculated your ideal retirement age, you might have been counting on your investment portfolio having returned a certain percentage. Or you might have had different goals in mind than you do now. Or you might have had a somewhat different family situation. Changes in any or all of these factors could affect the age at which you choose to retire. But if you conclude that you may need to postpone retirement for a couple of years, your decision could offer some advantages, such as the ability to contribute more to your Registered Retirement Savings Plan (RRSP), Tax Free Savings Account (TFSA) or similar employersponsored plan. In any case, it's a good idea to review your retirement plans periodically, perhaps at least once a year.

How can I incorporate philanthropy into my financial strategy? Giving back to your community may be a key element of your purpose-driven retirement. Yet, with so many educational, civic and cultural groups in existence - including many in your own area - you probably can't give as much as you'd like to all of them without affecting your own lifestyle today and the legacy you'd like to leave for your family. So, you may want to take two distinct steps. First, consider establishing a budget for how much you will give to charitable groups each vear. And, second, think about including philanthropy in your estate plans. Because there are many vehicles and techniques available, you should consult with your legal, tax and financial professionals when drawing up your estate-planning strategies.

It can be extremely rewarding to live your retirement purposefully – but you'll find it a lot easier to do when you make the right financial moves.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.





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CANADIAN-MADE PET FOOD

PET FOOD

Building a Bird House - FOR THE BIRDS!

Submitted by Ruth Harrison

This is an excellent project during COVID-19 restrictions.

The Thorsby and District Fish and Game Association, under Lumir Mottl's guidance as President and Board Chairman, starting in 1980, began this wide spread program.

Lumir held workshops at his home, at Warburg School and anywhere that community people could get together. It was like a sewing bee, but instead of needles and thread, the members brought scrap boards (3/4") nails, screws, saws, hammers and screw drivers. This project continued well into the '90's and early 2000's. Together the club became interested in recycling cardboard and paper to raise funds for the wild game reflectors on Highway 622. As you drove around the Thorsby, Sunnybrook and Warburg areas, bird house trails were very visible along highways and country roads.

In 1997, Russ and I moved to the Morrowdale farm, where he spent days in his heated workshop building bird houses for bluebirds, swallows, wrens and a few other species. At one point he cleaned, repaired and documented one hundred and fifty houses every fall. It brought him great pleasure, and the added bonus was that we did not have any mosquitos in our yard - a pleasure to enjoy in the summer.

Russ passed away in 2014, I have been looking after the remaining houses but each year there seems to be less activity. It would be great if community members could build one or two houses a year, put them up facing East along open fence lines (5 - 6 posts apart), and enjoy seeing the results each year, as they come back to the same box. Their main food source is mosquitos, a definate plus. Heavily wooded areas are not advisable, as these birds need an open area for take off and landing into the nest. I found wrens liked the nests closer to a yard site or buildings (lone trees).

Ruth Harrison Past President & Lifetime Member of T & DFGA Past Leduc County Councillor





Now That I'm Older...

Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.

If you can't think of a word say "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.

At what point can we just start using 2020 as profanity? As in: "That's a load of 2020." or "What in the 2020." or "abso-2020-lutely."

My goal for 2020 was to lose 10 pounds. Only have 14 to go.

Ate salad for dinner. Mostly croutons and tomatoes. Really just one big round crouton covered with tomato sauce, and cheese. FINE, it was a pizza.... OK, I ate a pizza! Are you happy now?

I just did a week's worth of cardio after walking into a spider web.

I don't mean to brag, but I finished my 14-day diet food supply in 3 hours and 20 minutes.

A recent study has found women who carry a little extra weight live longer than men who mention it.

Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel.

Remember back when we were kids and every time it was below freezing outside they closed school? Yeah, me neither.

I may not be that funny or athletic or good looking or smart or talented. I forgot where I was going with this.

I love approaching 70, I learn something new every day and forget 5 other things.

A thief broke into my house last night. He started searching for money so I got up and searched with him.



This robin (on the bird bath) either didn't get the memo to go south or was grounded due to Covid-19! Thanks for sharing Darryl H! Have a cute or funny pet picture or a wildlife picture taken in the area? Email it to media@community39.com or text to 780.887.0088

I think I'll just put an "Out of Order" sticker on my forehead and call it a day.

Just remember, once you're over the hill you begin to pick up speed.

Having plans sounds like a good idea until you have to put on clothes and leave the house.

It's weird being the same age as old people.

Life is like a helicopter. I don't know how to operate a helicopter.

It's probably my age that tricks people into thinking I'm an adult.

Marriage Counselor: Your wife says you never buy her flowers. Is that true? Me: To be honest, I never knew she sold flowers.

I see people about my age mountain climbing; I feel good getting my leg through my underwear without losing my balance.

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