# BOSTER

# TOTAL FIRE BAN IN EFFECT

from www.brazeau.ab.ca

Please be advised due to extremely dry weather conditions, the Drayton Valley/Brazeau County Fire Services is issuing a Total Fire Ban for the area of Brazeau County and the Town of Drayton Valley **EFFECTIVE Saturday April 29th**, **2023**.

A total fire ban occurs when the fire hazard in the area is very high. Wildfires can start easily from most causes especially unattended campfires, cooking fires. Wildfires may become serious and difficult to control if not successfully contained while small.

#### NO OUTDOOR BURNING IS PERMITTED.

- X Existing fire permits will be cancelled
- X No wood campfires in approved fire pits
- X No new fire permits will be issued until Total Fire Ban is Lifted

#### Allowed:

- ✓ Portable propane fire pits
- ✓ Gas or propane stoves and barbecues
- ✓ Catalytic or infrared-style heater

For more information please visit <a href="https://www.albertafirebans.ca">www.albertafirebans.ca</a> for fire up-to-date fire status or contact the Drayton Valley/Brazeau County Fire Services @ 780-514-2216 during regular business hours.

## WILDFIRE PREPAREDNESS IN ALBERTA: PROTECTING YOUR HOME AND COMMUNITY

Wildfires are a common occurrence in Alberta, with hot and dry weather creating ideal conditions for these devastating events. The province experiences an average of 1,300 wildfires per year, which can cause significant damage to homes, communities, and wildlife. As a homeowner or community member, it is important to be prepared for the possibility of a wildfire. Here are some tips to help you get started:

#### Create a Defensible Space

Creating a defensible space is one of the most important things you can do to protect your home from wildfires. This involves creating a buffer zone around your property that is free of flammable materials. Remove any dead trees or shrubs, clear away dry leaves and debris, and trim back any overhanging branches. Keep your lawn well-watered and maintained, and avoid storing firewood or other flammable materials near your home.

#### Have an Emergency Plan

In the event of a wildfire, it is important to have an emergency plan in place. This should include a designated meeting place for your family, as well as an evacuation plan. Make sure everyone in your household knows what to do in case of an emergency, and keep a supply kit on hand that includes water, non-perishable food, and other essentials.

#### **Stay Informed**

It is important to stay informed about the status of wildfires in your area. Sign up for local alerts and follow social media accounts of local authorities for updates. Pay attention to air quality reports and take necessary precautions if the air quality is poor. If you are advised to evacuate, do so immediately.

#### Be Prepared for Power Outages

Wildfires can sometimes cause power outages, so it is important to be prepared. Have a backup power source on hand, such as a generator or solar-powered charger. Keep your phone and other electronic devices charged and have a supply of batteries on hand for flashlights and other essential items.



# Classifieds

#### **FOR SALE**

**PRESSURE TREATED PIERS AND PIERSTANDS** for sale. Useful in lake or farm settings. Located in Mulhurst. \$15 includes both pier and stand. Pat at 780-221-3791.

#### **FOR RENT**

**LAND FOR RENT** - 60 Acres of pasture land for rent. 5 minutes southwest of Breton. Fully fenced. Seasonal water. Call Frank at 780-797-3110.

**HOUSE FOR RENT** - 2 bedroom near Thorsby, available mid-May. Phone 780-717-8119

#### **WANTED**

N.S 50+ couple with 2 lg dogs. **DESPERATE FOR RENTAL/BUY LONG-TERM-ANYWHERE.** \$800-\$900 month + we pay utilities. Very responsible Call or text 780-293-2825

**LOOKING FOR PASTURE** for cow/calf pairs. Also looking for hayland. Contact Levi at 780-312-9891

**LEAD BATTERIES & SCRAP VEHICLES** Will buy your old lead batteries for re-cycling. Also FREE removal of scrap vehicles. We pay cash for both! 403-396-8629

**RETIRING OR UNDECIDED ABOUT WHAT TO DO WITH YOUR FARMLAND?** We pay to rent land to be used for crop or hay land. Regions of Thorsby, Pigeon Lake and Warburg. Phone Nathan at 780-710-8313.

**OLD FARM TRACTORS OR CATERPILLARS**Will buy Complete or Incomplete. 403-396-8629

#### **SERVICES**

**WARBURG COLONY GREENHOUSE - OPEN** Monday to Saturday 9am-5pm, Closed Sundays. Variety of hanging baskets, flowers & veggies. Located just off of Highway 770 about 3km north of Hwy 39 near Warburg

FULL-SERVICE BOOKKEEPING & PERSONAL TAX SERVICES Check out jensbookkeepingservices.ca for a full list of services. Call Jen at 780-898-5198 or email jensbookkeepingservices@outlook.com

JOURNEYMAN PLUMBER/GASFITTER & CERTIFIED SEWER INSTALLER Repairs, replacement & new installs. Hot water tanks, furnaces, boilers, gas lines, sewer tanks/fields/pumps. Ryan 780-514-9246

**RELIABLE DJ** for your party or special event. We also offer Karaoke, Music Bingo, Minute to Win It games and have local references. 587-991-4977 or

www.carrielevins.com

IT'S TAX TIME! Over 25 years experience doing income taxes, bookkeeping, payroll, GST & WCB forms. Call Lois at 780-696-2141 or 780-898-1172

Classified Ads are \$5.00 for 2 weeks (up to 30 words) GST included

# Lindale Community Hall Association



at Lindale Community Hall



"little papers...BIG RESULTS"

3	2	9	6	7	5	1	4	8
7	1	4	8	3	2	5	9	6
5	6	8	9	1	4	7	3	2
9	3	7	1	5	6	8	2	4
4	5	1	3	2	8	9	6	7
2	8	6	4		7	3	5	1
6	9	3	7			2	8	5
1	4	2	5	8	9	6		3
8	7	5	2	6	3	4	1	9

Sudoku Answers from April 26 Issue

The object of the puzzle is to fill the remaining squares, using all the numbers 1–9 exactly once in each row, column, and the nine 3 × 3 subgrids.



#### Cloverleaf Manor - Warburg AB

Leduc Regional Housing Foundation is looking for an enthusiastic and motivated individual for a Part Time Cook/Day Housekeeper position (55.5 hours/biweekly on a rotating schedule), for our Seniors Lodge in Warburg. Reporting to the Chef, the Cook/Day Housekeeper is responsible for meal preparation and service to the residents along with delivering the housekeeping and laundry services for the lodge. As a member of the Leduc Regional Housing Foundation team, the Cook/Day Housekeeper is responsible for delivering a high standard of housekeeping services to the residents in the lodge.

#### **QUALIFICATIONS**

- Formal training along with a minimum 3 years' experience with cooking and baking in a commercial kitchen setting is required.
- Minimum 3 years' experience in quantity food preparation.
- Knowledge of proper food handling practices Food Handler's Certificate preferred.
- · Housekeeping experience in institution/hospitality industries.
- · Formal education in the area of housekeeping would be beneficial. · Ability to work independently, as well as a team.
- Strong English communication skills, both written and verbal is required.
- Strong customer service skills including the ability to interact with everyone in a respectful
- Ability to work a flexible schedule (evenings) and weekends).
- W.H.M.I.S. Training.
- · Standard First Aid Certificate.
- · Experience working with and meeting the needs of seniors.

All employees will be required to have a preemployment fit to work assessment, and a clear criminal record with vulnerable sector check.

#### Please send your resume quoting job posting number 2023-CL-10 to:

**Human Resources** 5118 - 50 Avenue, Leduc, Alberta T9E 6V4

Fax: 780.986.4881 or E-mail: hr@leducregionalhousing.ca

Posting to remain open until a suitable candidate is found.

# **JOB POSTING**

#### **Peer Support Worker/Driver -**Warburg Cloverleaf Manor

#### **Description of Duties and Responsibilities**

- Reporting directly to the Program Manager, the Peer Support Worker provides front line resident engagement through structured activities scheduled by the Cloverleaf Intensive Supports Program Case Manager or the Activity Coordinator for the Manor.
- Provide safe, reliable transportation to and from appointments for clients
- · May be required to transport equipment including, but not limited to; mobility aides such as a walker or wheelchair
- Communicate effectively with clients and team members.
- Relate to clients with physical needs and concurrent mental health diagnoses.
- Flexibility to relate and anticipate changing client needs.

#### **Position Requirements**

- Valid Class 5 (non-GDL) Driver's License
- A personal vehicle with \$2 million liability insurance for the ability to transport clients as deemed necessary
- Provide a current and clear driver's abstract
- Must have a current and clear Police Information with Vulnerable Sector Check

Hours of work: 8 hour shifts. Holidays. Monday to Friday. Starting at \$21.50/hr

To apply for this position, please submit your cover letter and resume to Lisa Macdonald at Imacdonald@gspady.ab.ca







George Spady Society would like to thank all applicants; however, only those selected for an interview will be

Equal Opportunity Employer: George Spady Society is committed to equity. diversity and inclusion and recognizes that a diverse team benefits and enriches our work and is essential to our operational excellence. We welcome applications from all qualified individuals and encourage women, members of racialized communities. Indigenous persons, persons with disabilities, and persons of any sexual orientation or gender identity to confidentially selfidentify at time of application should you wish to. All qualified candidates are encouraged to apply.



# COMMUNITY & info

## **Custom Built Homes**

Reliable Service - Affordable PricingQuality Workmanship



#### MICHAEL JACOB 780.991.1008

michaelj@mikeshomesltd.com

#### **UPCOMINGSPECIALEVENTS**

(Breton, Thorsby, Warburg & Surrounding Areas)

**DRAYTON VALLEY Pro Rodeo May 5-7** 

WARBURG - Ladies Break Free Conference at the Warburg Alliance Church Saturday May 6 from 9:30am - 2:30pm. Call or Text Sandra to Register 780-504-7908. \$15.00 at the door. Worship, great teaching, fellowship and lunch.

**THORSBY - Gord Bamford Concert** on **Saturday, May 6** at 7:30pm at the Arctic Spas Recreation Complex. Tickets & info www.showpass.com/gord-bamford-canadian-dirt-tour-thorsby-ab/

**THORSBY** New Life Christian Fellowship Church is hosting another **Gospel Music Jam** on **May 7th** at 2 pm. Admission free. Musicians & singers of all levels are welcome.

**CARNWOOD** Hall is hosting a **Mothers Day Supper & Jam** on May 12 at 6pm. \$40/family, Adults-\$15, Ages 7-12-\$7 & Entertainers/6 & under FREE. Call Sharon at 780-514-6255.

**THORSBY** District Cultural & Historical Society is hosting a **Mothers Day Ladies Afternoon** on **May 13**. Contact Marlene at 780-217-9394 or 780-789-3734. Advance tickets only.

CENTRE LODGE - Mother's Day Pancake Breakfast Sunday, May 14 from 8:30am to 12 Noon. Mom's door draw.

WARBURG - Mother's Day Champagne Breakfast Sunday, May 14 from 8:30am to 11:30am at the Warburg Legion. Contact Deb at 780-686-2623 or Chris at 780-848-7561.

**MULHURST BAY Mothers Day Pancake Breakfast** on Sunday, **May 14**th at the Mulhurst Bay Community Hall-8am to 11am. Any questions please contact Larry-780-389-3747

**LEDUC** Regional Housing Foundations **1st Annual Fundraising Breakfast** on **May 18** at the Coast Nisku Inn. Tickets available at the Chamber. <a href="https://www.yourchamber.ca">www.yourchamber.ca</a>

**WINFIELD AG SOCIETY** presents Laser Tag on May 19. \$50.00 per person, transportation and supervision by AG Society. Registration deadline May 12, payments etranser to <a href="winfieldagsociety@gmail.com">winfieldagsociety@gmail.com</a>. Bus departs arena at 1:30pm

WARBURG Legion Pub Night - on the 3rd Friday of every month. Doors open at 5pm, Potluck dinner for May 19 only 6-7pm. June 16 Pub Night supper provided. Come join us for an evening of cards & games!

THORSBY - May Long Weekend Slo Pitch Tournament, Parade & other events hosted by Thorsby & District Chamber of Commerce on May 20 & 21.

**THORSBY** District Cultural & Historical Society is hosting a **Cornhole Tournament & Beer Gardens**, Meatball & Mashed Potato Supper and Free Family Dance on **May 20** 

BRETON - 2023 Golden Spur Gymkhana Buckle Series on May 25, June 8, 29, July 13, 27, Aug 10, and 17 (Finals). Gates@ 6pm, Starts @ 7pm. For more info or membership package Email: goldenspurgymkhana@hotmail.com

**THORSBY Haymaker Rodeo May 27 & 28.** Tickets available at the door. Call 780-789-3829 for more information.

**BRETON - Swap Meet** on **Saturday, May 27** from 10-4pm at the Breton Community Centre hosted by the Breton Ag Society. Brandy Bundt 780-621-0839 or Amanda Gould 780-515-1813

**DEVON - Tom's Walk for Mental Health** on **May 27** from 12-4pm go to <a href="https://www.tomswalk.ca">www.tomswalk.ca</a> for more info

PIGEON LAKE Regional High School 50-year High School Reunion, , for classmates of 1972, 1973 & 1974, May 27 at Mulhurst Bay Community Hall. Please email PLRHS2023@Outlook.com to purchase tickets.

**GLEN PARK** Community Assoc is hosting a **55+ free lunch** & entertainment the **last Wednesday** of the month at 5pm, May & June. \$2 in advance so caterer is prepared. Call 780-919-1250

WETASKIWIN Art and Craft Centre Show & Sale on June 3 from 10-4pm at the Multiplex Building 4520 - 48 Avenue.

**MULHURST** - **Cancer Walk-a-Thon June 9, 2023** check-in @ 5pm at the community hall. 5K walk or run throughout Mulhurst bay community. Contact Marion Wilson at mari\_on@yahoo.ca for more info.

**STRAWBERRY** Hall - Farmer's Day Celebration on June 10. Cocktails at 5pm, Supper at 6pm, Live Band at 7pm. Steak BBQ & Hamburgers. Call 780-789-2446 or 780-789-2180

WINFIELD - 12th Annual Wheels in Winfield Show, N Shine on June 10 from 10am-3pm. For further info call Kevin Johnson @780-682-2526 or Albert Brandl at 780-696-2547

**WARBURG - Father's Day BBQ** on **Sunday, June 18** from 5-7pm at the Warburg Legion. Contact Deb at 780-686-2623 or Chris at 780-848-7561.

THORSBY & District Cultural & Historical Society is hosting a Father's Day Pancake Breakfast on June 18

**COMMUNITIES CALENDAR** for **Breton, Warburg, Thorsby** & surrounding areas published once a month in our paper, online at <a href="www.community39.com">www.community39.com</a> and on FB. Updated as needed. Email <a href="mailto:media@community39.com">media@community39.com</a> to add your event.

# Community Events & Information is <u>FREE</u> to advertise



# **General Service Worker - Casual**

#### Cloverleaf Manor - Warburg AB

Leduc Regional Housing Foundation is looking for an enthusiastic individual who enjoys working in a team environment. This casual position will be required to work a variety of shifts. Shifts will include afternoons and nights. Applicants should be prepared and able to work all shifts. Duties may include kitchen-related responsibilities such as cleaning, cooking and food preparation or housekeeping responsibilities and other duties as assigned. A high standard of service is expected.

#### **QUALIFICATIONS**

 Previous cooking experience, strong work ethic, WHMIS and Standard First Aid Certificate would be an asset; A sincere interest in working with and meeting the needs of our residents.

All employees will be required to have a pre-employment fit to work assessment, and a clear criminal record with vulnerable sector check.

## Please send your resume quoting job posting number 2023-CL-07 to:

Human Resources 5118 – 50 Avenue, Leduc, AB T9E 6V4 Fax: 780.986.4881 or E-mail: hr@leducregionalhousing.ca

Posting to remain open until a suitable candidate is found.

# Breton Museum Summer Employment Opportunity

May 15 – September 1 30 hrs/week 11am-5pm

(Some weekend work required)

The Breton Museum is seeking Community Museum Assistant for the 2023 summer season.

#### Duties:

- Responsible for opening and closing Museum
- Delivering of Public Programs
- · Provide interpretive information to museum visitors
- Assist Manager with all aspects of Collection Management
- · Assist Museum Manager with Exhibit development
- · Assist with digital content for social media
- · Light house keeping duties

#### The ideal candidate will:

- Have strong public speaking skills and engage with members of the public
- · Possess strong verbal and interpersonal skills
- · Be efficient and well organized
- Be able to work well independently
- · Knowledge of digital media
- Have a passion for community history

Send Resume by **May 2** to <u>bretonmuse@yahoo.com</u> / Box 696 Breton, AB T0C 0P0

Applicants must meet the eligibility of the Canada Summer Jobs

# Third Annual Tomato Plant Giveaway

#### When:

Thursday and Friday, May 5 and 6

#### Time:

10 a.m. to noon – as long as supplies last

#### Where:

Breton Covenant Church parking lot

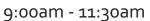
#### Look for a red truck!

A donation to the Breton Food Bank would be appreciated





May 14, 2023



at the Lindale Community Hall

Sponsored by the Lindale Community Hall Association

# CARNWOOD HALL MOTHER'S DAY SUPPER & JAM



Friday, May 12 at 6pm

Admission:

\$40 per family / Adults \$15 each Ages 7-12 \$7 each / Entertainers, 6 & under FREE

**Door Prizes for Mothers!** 

Contact Sharon at 780-514-6255





## PROGRAMS & REGULAR EVENTS (Breton, Thorsby, Warburg & Surrounding Areas)

**BRETON Baby & Me** for mom's with baby's under 18 mths -1st & 3rd **Thursday mornings** from 10-11:30am at the Breton Community Centre. Contact fcss@breton.ca or 780-696-3636

**BRETON Book Club** - meets at the Library the **second Wednesday** of the month at 7:30pm from September until June. All readers are welcome to join the conversation!

**BRETON Children's Gym Time -** FREE Drop in for 0-6 years old on **Tuesdays** from 10am -11:30am at the Breton Faith Covenant Church. Hosted by Brighter Futures - 780-514-5070

BRETON Golden Age Club - Crib on Saturdays @ 12:30pm/Floor Curling on Tuesdays @1pm. Drop in fee \$3. / Cards on Mondays @1pm. Drop in fee \$3. Contact Pat at 780-898-1651

**BRETON Golf Course - Men's Night** will begin on May 8th at 6:30pm (every Monday) & Ladies Night will begin on May 9th at 6:30pm (every Tuesday)

**BRETON Kids Klub** - After School Program **Wednesdays** from 3:15-4:45pm for ages 6-12. No fees. Limited spaces. Preregistration required. Forms at the Library or FCSS office.

BRETON Low Impact Exercise Class - Wednesday mornings from 10 - 11am at the Breton Community Centre. \$2 per class. Contact fcss@breton.ca or 780-696-3636

**BRETON - MOPS** (Mothers of Preschoolers & Moms) is at Faith Covenant Church the **third Thursday** of the month at 7pm, ending in May.

**BUCK CREEK** Community Association **Jam Dance & Cards Night** the **first Friday** of every month.

**CALMAR - Seniors Music Jam** Session **4th Tuesday** of the month @ 1pm with light refreshments. 4916 - 50 Ave

**MULHURST - Family bingo's** every **Tuesday** @ 6:30pm at the Royal Canadian Legion #246.

MULHURST - Royal Canadian Legion Mulhurst #246 hosts Community Socials on the Last Friday of the month at 7pm.

**SANDHOLM Square Dance Club** - Youth, couples & singles **Thursdays**, 7 - 9:30pm at the Sandholm Hall (10 miles S of Thorsby). For info call 780-238-5844 or 780-389-2381.

**THORSBY - LEGO Club Monday's** after school 3:30-4:30pm. Come join us for an hour of Lego building! Free drop-in program ages 7+, 6 & under accompanied by parents

**THORSBY - Fun with Friends Storytime** (for preschool) on **Friday's** at 10:30am in the Library

**THORSBY** Lions Club hosting a **Pancake Breakfast first Sunday** of the month at the Senior's Centre 9am - 12pm. For more info call Mercedes King 587-338-7065

**THORSBY Parent & Tot Drop In Program** on **Thursdays** from 10-11am at the FRN Site (Modular next to the Arctic Spas Rec Complex) Fun games, activities & making new friends

THORSBY Pickle Ball on Tuesday & Thursday morning 9:30am to 11:30am and Thursday nights from 7-9pm at the Arctic Spas Recreation Complex. \$5 drop in fee

THORSBY Seniors Centre - Bingo every Thursday evening starting at 7pm / Afternoon Crib every Monday at 1:30pm. / Soup & Sandwiches starting at 11:30am on the 2nd Wednesday of each month / Everyone welcome!

**WARBURG - Busy Brushes** meet on **Wednesdays** at 10 am at the Warburg Cultural Centre. Call Linda at 587-590-0378.

WARBURG Floor Curling at the Pioneer Ag Society Community Hall on Thursdays at 1pm. Everyone Welcome.

WARBURG Pickleball Thursdays from 6-8pm \$2 each. Warburg School Gym. Equipment provided, no experience needed. Register at the Village office or call 780-848-2828

**WARBURG - Pie & Coffee** from 1pm - 4pm at the Warburg Museum on the **first Saturday** of every month

WARBURG Seniors Centre - Cards at 1pm every Wednesday / Soup & Sandwiches every 3rd Wednesday at 12pm for \$10 / Tai Chi at 10am every Wednesday for \$2 / Quilting on Tuesday & Thursdays at 9:30am for \$2

**WARBURG - Sew Heavenly Quilters** meet **Thursdays** at 10am at Warburg Cultural Centre. Call Peggy 780-789-2545

**WARBURG Social Evening -** at the Warburg Legion **3rd Friday** of every month. Doors open at 5pm, Dinner 6-7pm. Come join us for an evening of fun!

**WARBURG - Songs For Toddlers** at the Warburg Library on **Wednesdays** at 1pm at the library.

WARBURG Saturday at the Library is Craft Fun Day, with a table full of supplies to create a craft for a special day that month

WARBURG Volleyball drop in at Warburg School on Tuesdays from 6-8pm

#### MARKETS/THRIFTSHOPS(NONPROFIT)

**Thorsby** District Cultural & Historical Society is hosting a **Craft & Trade Spring Market** on **May 6** from 11am - 5pm **& May 7** from 10am - 3pm at the Thorsby Community Hall.

**Winfield** Legion - hosting a **Community Garage Sale** at the Legion **Saturday May 13th**, from 10am to 2pm. We will also be serving Hotdogs and Pop.

Thorsby CL Country Market from 10am-3pm, Thorsby Rec Complex. May 20, Sept 16, Nov 18 & June 24 at Warburg Heritage Days. Email <a href="mailto:clsoapco@hotmail.com">clsoapco@hotmail.com</a>

**Mulhurst Bay Farmer's Market** at the Mulhurst Bay Community Hall (3802 50 Ave) **every Saturday** 10-2pm. Contact Carol 587-920-2065 for more info.

**Thorsby Seniors Thrift Store** 

Open Thursdays and Fridays 10am-3pm

Warburg Treasure's Thrift Shop

Wednesdays from 10am - 4pm. 5112 - 53 Street, Warburg

**Calmar Market on Main** - is hosting markets in Main Street Park on **Fridays from 4-8pm** from May until September. Email <a href="mailto:calmarmarket@gmail.com">calmarmarket@gmail.com</a> or follow on FB

#### DID YOU KNOW?

Our Calendar and Connections for Breton, Warburg, Thorsby & Surrounding areas are on our website under "Community".

This includes community group contacts, facilities for rent, churches and other local information.

Go to www.community39.com

You will also find more information on how to advertise, submit an article and for previous editions of our papers.

Don't like going online?

A complete listing will be printed in the Booster & Connect 39 once a month. <u>Last Connect 39 listing was in</u> the April 26 Issue!



Thorsby & District Fish & Game Association would like to send out a huge THANK YOU to all of our sponsors. Without your generosity, we wouldn't be able to put on these events.

#### 2023 BANQUET DONATION LIST

- Lorne & Kim Dahl

- Thorsby Tire Shop

- DK Holdings Ltd

- Lindale Truck Services

- Calmar Coop Gas Station

- Terry Upright

#### **SPECIAL THANKS TO:**

- Warburg Hotel
- Ted Beath Welding Ltd Bronco Slickline Services
- Brent & Wendy Lee
- Ruth Harrison
- Bruce & Pam Jehn
- Contact Chemicals
- KBL Projects Ltd.
- Ray & Charlene Przytula
- Secure Energy Services
- KPA Pressure Services
- -Action Heating & Cooling
- Nelson bros. Oilfield Services Ltd
- George & Son's Contracting
- Mackenzie Welding & Pipeline Consulting

Retro~Vintage~Antique~Collectibles

Rreton Ag Society

Swap Meet

**Saturday, May 27, 2023** 10am~4pm **Breton Community Centre** 

- Right Way Valves & Energy Services Ltd.



### Norma Viola Westling February 4, 1934 - April 27, 2023

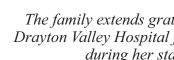
It is with great sadness and much love that we say goodbye to Vi Westling - beloved mother, Grandmother and great grandmother. Vi passed away on April 27, 2023. Predeceased by husband Theo in 1985 and daughter Laura in 2020. Survived by daughter Valerie and son Neil, their spouses, 6 grand children and 11 great



The family extends gratitude to the Drayton Valley Hospital for their care during her stay.

A memorial of her life will be announced at a later date





grandchildren.

Tables~ \$20 each

Tailgate Stall~\$30 each

{4715 50 Ave, Breton, Alberta}

Truck/Trailer~\$40 each

\*For More Information and Registration\*

Brandy Bundt~ (780)-621-0839 Amanda Gould~ (780)-515-1813



#### **FCSS NEWS**

from Deanne Young

780.696.3636

Community Volunteer Income Tax Program – FREE INCOME TAX PREPARATION - Tax Deadline was May 1 but we can still assist with you getting your taxes filed. For Low Income Persons, Families, seniors, and students. You need to file your income tax each year, even if you have no income to report.

This service is FREE to those who qualify. If you require this service, please gather your information, and bring it to the Village of Breton office Monday to Thursday between 8:30 – 4:00. Clients will be notified when your return is completed. Deadline to file is MAY 1, 2023. Filing after May 1 could result in the delay of any federal or provincial payments.

We require the following information to complete your return:

- Personal Information (Social Insurance Number, Birth date, Marital Status, Address)
- Dependent's information spouse/ children's names, birthdates.
- All "T" Slips (T4's, T4A, OAS etc.)
- All Forms, Schedules, and Labels you have received from Revenue Canada.
- Receipts for any expenses such as medical, moving, tuition, sporting activities. Printouts from your pharmacist are available for those with numerous prescriptions.

Seniors Day Trip – We are currently planning a day trip to the Lacombe area on Wednesday May 24. Watch for further details on our Facebook page or in the Booster next week.

Save the Date – Seniors Week will be celebrated June 4 – 10th – We will have several activities that week for the seniors in our community to participate in. Save the date of June 7th for a Seniors information Day and Lunch.. Seniors from Warburg, and Wetaskiwin County are invited to join the seniors in Breton for, Speakers on local services, programs, lunch, and entertainment. This is a FREE Day but we do ask that you register with your FCSS Program in Breton, 780-696-3636, Warburg – 780 – 848-2828 or County of Wetaskiwin – 780-352-3321. Please register by June 1.

#### Canada Day July 1st in Breton

July 1st is quickly approaching. For those that have attended a Canada Day Celebration in Breton. This is a day where everyone seems to come home to Breton to celebrate and enjoy all the activities that are planned. This year we are reaching out to groups and individuals to help plan as many activities as possible. If you are a part of a group, organization or someone that would like

to participate, please let us know.

This is the perfect day to host an activity if you are doing a fundraising campaign. We do have a few people that have come forward to host on July 1st. Watch for more details from them.

<u>Vendor Market</u> – will be coordinated by Brandy Bundt – branbun@hotmail.com or 780-621-0839

<u>Beer Garden</u> – Hosted by the Breton Agriculture Society <u>Show & Shine</u> – coordinated by Rod & Heather Barrett <u>Childrens Activities</u> – Breton FCSS

#### **Other Possible Events**

- Pancake Breakfast
- Dunk Tank
- Firefighter Games
- Pony Poop Bingo
- Gvmkhana
- Dunk Tank
- Mechanical Bull
- Family Bingo
- Music Breton Community Centre
- Community Supper
- · Any other fun events and activities

We are also looking for help with the following:

- · Parade Marshalls
- Food Trucks

Please contact the Village of Breton Office at 780-696-3636 or <a href="mailto:admin@breton.ca">admin@breton.ca</a>, <a href="mailto:fcss@breton.ca">fcss@breton.ca</a> if you could help with any of these activities. If you have ideas for additional events, we would love to chat with you about them.

Summer Youth Program – We have been working to put together a fun filled, learning summer activity calendar for families and youth in our community. Watch for the calendar to come out in late May. Activities will be held on Tuesday, Wednesday and Thursdays. Each week in July and August. Activities will include crafts, cooking, waterslide daze, games, movies, swimming and bowling trips. Watch for further details on these activities and more. Thank you to the following for their generous donations to our program:

- · A.I.F. Breton
- Breton Royal Purple
- Breton ELKS
- · Canline Pipeline Soluntions
- · Insulation Snakes
- WC Trucking
- · Gazelles

If you would like to support the Summer Youth Program by donating, please contact the Breton FCSS office at 780-696-3636.

Babysitters Course – As part of our Summer Youth Program we are holding a in-person Babysitters Certificate course on Monday July 10 for youth ages 11 and older. Registration information we be available soon. Please watch the Breton Booster and our Facebook page.

## **Breton Golf Course**

#### GREEN FEES WEEKDAYS 9 HOLES

Adult 25 Senior 20 Junior 15 Youth 10

#### GREEN FEES WEEKDAYS 18 HOLES

Adult 35 Senior 30 Junior 25 Youth 16

#### **GREEN FEES WEEKEND** 9 HOLES

Adult 30 Senior 25 Junior 20 Youth 15

#### GREEN FEES WEEKEND 18 HOLES

Adult 40 Senior 35 Junior 30 Youth 25

#### **GOLF CARTS**

9 Holes 20 18 Holes 30

PULL CARTS FREE

Club Rental 10

#### **LEAGUE NIGHT**

GREEN FEE 12 GOLF CART 12 - Single Rider

#### **GOLF CART STORAGE - SEASON PASS HOLDERS ONLY**

Electric Cart Shed 300 Gas Cart Shed 200

#### **TRAIL FEES**

Annual Trail Fee 90 Daily Trail Fees 7

#### MEMBERSHIP FEES

Family Pass 880 Adult Couple 800 Senior Couple 645

Adult 510 Senior ( 60+) 420 Junior (12 -17) 170 Youth (6 -11) 120

#### TOURNAMENT FEES

Golf Course Rental Weekday (Mon - Thurs)

Closed for 4 Hours 650 Closed for Full Day 1300

Golf Course Rental Weekend (Fri - Sun )

Closed for 4 Hours 1500 Closed for Full Day 3000



#### DISCOUNTS

Registered RV Campers receive 25% off Green Fees.

Discount Coupons of any kind, including Camper discounts, shall be limited to one discount per round of golf.

All Annual Memberships for Protective services (fire, ambulance, police) receive 20% off. Annual Membership purchased after July 1st receive 40% discount.

Men's Night will begin on May 8th at 6:30pm (every Monday) Ladies Night will begin on May 9th at 6:30pm (every Tuesday)



We are pleased to announce our latest "in-house" service with no minimum orders.

# DIRECT TO GARMENT PRINTING



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## VILLAGE OF BRETON DEVELOPMENT PERMIT

Development involving the removal of a mobile home, legally described as Lot 9 Block 18 Plan 7621594, 117 Maple Cres. Breton, Alberta, further described in Application No 0001-23 is:

APPROVED, subject to the following conditions:

- 1. The development must comply with Land Use Bylaw No. 13-02.
- 2. The development must comply with the Village of Breton Bylaws.
- 3. The development is subject to the Building Safety Codes Act, including permits and inspections. A copy of all final inspections must be submitted to the Village Office.
- 4. Before any work is performed, all necessary permits and notices must be applied for and received including Alberta One Call.
- FORTIS Alberta must be contacted to lift any and all powerlines required.
- Any damage done to the Village owned sidewalks will be replaced at the owner's cost.
- 7. The old mobile home will not be allowed to be disposed in any shape or form at the Village of Breton Waste Transfer Site.

You are hereby authorized to proceed with the development specified provided that all stated conditions are complied with; that development is in accordance with any approved plans and application; and that a Building Permit is obtained if construction is involved. Should an appeal be made against this decision to the Development Appeal Board, the development permit shall be null and void.

Date of Decision: April 24, 2023

Date of Issue of Development Permit: April 25, 2023



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# Message from Gerald Soroka, MP



OTTAWA: Gerald Soroka, Member of Parliament for Yellowhead, gave the following statement in the House.

"Madame Speaker, the first vacation the Prime Minister went on was to a billionaire's private island, who he claimed was "a close personal friend" – wasn't this also his first ethics violation?

In 2021 the first-ever National Day for Truth and Reconciliation, he and his family jetted off to Tofino for a surfing vacation.

This year, before going on vacation at a luxurious Jamaican resort, he received approval from the Ethics commissioner.

Well, that luxurious Jamaican estate belonged to the wealthy Green family – who have made big donations to the Trudeau Foundation.

The Prime Minister stated Peter Green is "a close personal friend." Wait, wasn't the billionaire also a close personal friend?

Oh well, it's different this time -- after all they are both rich donors to the Trudeau foundation.

Madame Speaker, I am sure all Canadians agree they can't wait until this Prime Minister takes a permanent vacation from politics."

His statement can also be found at: <a href="https://www.facebook.com/watch/?v=3387456974850854">www.facebook.com/watch/?v=3387456974850854</a>





Phone No. 780-848-2365
<a href="mailto:warscp@gmail.com">warscp@gmail.com</a>
<a href="mailto:www.warburgseed.com">www.warburgseed.com</a>
<a href="mailto:">www.warburgseed.com</a>
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Hours: 8:00 am to 4:30 pm Mon to Fri

Cleaning services for various seed varieties 90 ft. scale

Bagged food grade wheat, Bagged Hulless barley available for soups, stews, etc.

Various varieties of bagged & bulk feed - rolled or whole. We only sell what we clean here and don't add supplements, etc. Our rolled mixes include 40-30-30 (40% wheat, 30% barley & 30% peas) & 50/50 barley/oats or make up your own custom mix. Our 40-30-30 mix is used to feed a variety of animals & birds including wild birds

Need a tote bag... we have small & large tote bags for sale

Black oil sunflower seeds

Flax

Various sizes of tarps, straps & accessories in stock or we can order what you need. We can also order greenhouse plastic.

Lawn seed & lawn & garden fertilizer

Nitrogen & PowerRich fertilizer & bagged forage seed

Various varieties of Pedigreed seed available

Retailer for Proven Seed, Inland Plastics, Union Forage (swath grazing) & PowerRich Fertilizer



# drazeau County News Proud home of Miss Rodeo Canada 2022 Jayden Calvert and Miss Alberta High School Rodeo 2021/2022 Tawnie Thompson

**IMPORTANT DATES** 

May 9 | Council meeting | 9:00 am

May 10 | Municipal Planning Commission meeting | 1:00 pm

May 17 | Agricultural Service Board meeting | 1:00

May 22 | Brazeau County Administration Building Closed (Victoria Day)

May 23 | Council meeting | 9:00 am

June 6 | Council meeting | 9:00 am

#### 2023 Pitch In Program

It's once again time for community groups to 'Pitch In' to keep our community looking its best. Brazeau County has funding available for community groups interested in taking part in the annual Pitch In Program. Funding is available for all areas in the County and groups will be supplied with signs and garbage bags for the roadside clean-up initiative.

Those interested in participating must supply a letter of interest with a copy of insurance and fill out an application form by visiting Brazeau County office or visiting www.brazeau.ab.ca.

Brazeau County, Box 77-7401 Twp Rd 494, Drayton Valley, AB T7A 1R1, or email Amber Kynoch at akynoch@brazeau.ab.ca.

Deadline to apply for the program is May 5th,

Clean up dates are from May 6th, 2022 to June 15th, 2023.



**Mountain Pine Beetle Survey and Control** program funded by a Provincial grant at no cost to landowners.



Any Mountain Pine Beetle or Forest Health concerns can be directed to:

Bert Ciesielski - Agricultural Technician - 780-542-7777 or bciesielski@brazeau.ab.ca



#### DUST CONTROL PROGRAM

BRAZEAU COUNTY IS ACCEPTING APPLICATIONS FOR THE 2023 DUST CONTROL SEASON

Applications can be completed at our office, located at 7401 Township Road 494, between the hours of 8:00 am and 5:00 pm Monday through Friday, or on our website at www.brazeau.ab.ca/living-here/dust-control

The cost for this service is:

\$210.00 (GST Included) for Rural Road Residents (200 m) \$105.00 (GST Included) for Country Residential Subdivision Residents (100 m)

For residents 60 and older, you receive 50% off the rates when you provide identification. Either show us your identification in-person when you apply, or attach a copy of your identification to your application if you're mailing or emailing it to us.

Applications should be submitted before May 19, 2023. Full payment is required at the time of application.

Brazeau County subsidizes the cost of dust control for our residents.

For further information, contact the Public Works Department at 780-542-7777 or email publicworks@brazeau.ab.ca



n@brazeau.ab.ca ggunderson@brazeau.ab.ca



Glen Gunderson 780-621-6459



Councillor Div. 2 780-898-0247



**Cody Brooks** 780-898-9526



780-898-4561





780-898-9129

#### Dawn Heisler 780-619-2564 (cell)

780-986-2900 (office) www.dawnheisler.remax.ca email: dawnheisler@remax.net



Real Estate ndependently Owned and Operated

#### **12.9 ACRES**



Over 2100 sq.ft. bungalow, shop, set up for horses. Ravine view. Located 5 minutes from Warburg. **E4334565** \$595,000

#### COUNTRY LIVING IN BRETON

4800 sqft large family home on double lot. 3 bed, 3.5 bath, rec room, oversized double garage **E4330229 \$398.000!** 



#### THORSBY BUNGALOW



On huge 50x 264 ft. lot. 2 bedroom, newer shingles, vinyl windows. **E4322203** \$130,000

#### **NEW MOBILE**

Never lived in 2 bed, 2 bath in Warburg MHP. Lot rent \$260/month **E4296519** \$135,000



#### **APARTMENTS**





# **SEC** 5

#### SECLUDED 4.27 ACRE

5 bed, 3 bath, walkout basement, 32x48' shop, barn **E4318673** \$525,000 \$450,000

#### WARBURG BUNGALOW

Upgraded 3 bed, 1 bath newer triple pane windows, shingles, appliances, furnace, HWT, flooring and more! **E4334003 \$189,000** 



#### **COMMERCIAL LOTS**



Lots in Warburg on main street totalling 150' frontage x110' depth. **E4322848 \$49,999** 

#### **WARBURG VACANT LOTS**

Residential Lot 12 **\$24,000** Lots 23-25 Your choice **\$45,000** 2 serviced lots **E4325274 \$20,000** each

#### Greetings from Breton Elks Lodge #402



Well hello everyone. Once again the time has arrived when we put pen and paper together to tell some more juicy stories of Elkdom in the Breton Lodge.

Firstly sister spring has still not blessed us with tomato growing climate. I do have some young plants that are eager to start enjoying the great outdoors. Then the flower gardens are also anxiously awaiting the great outdoors so they can once again grace us with their beauty.

Moving forward to business at hand, the first order of business was the benefit supper for Rob Mockerman. This very fine young man suffered severe burns in the structure fire. Our thoughts and prayers are extended to the Mockerman family. The Lodge has agreed to \$2,000.00 donation to this worthy cause.

The High School Grad Class made a presentation in which a request for funds was made. The lodge members have once again pledged support to these young men and women as they go forward to the world of politics and taxes. We wish each and every one much health and wealth. We do appreciate the assistance of these folks for the duties they are about to perform.

The R.V. Park is accepting reservations for the coming camping season and appears to be fully booked for May long weekend. An additional touch will be offered this year as an ice cream stand will be operating at the entrance for this season. An opportunity for Grand Parents to spend an afternoon with Grand Children.

The Rimbey Hospital Legacy Committee is continuing their activities, which appear to be numerous. Their plan moving forward, equipment needs have been identified. The Breton Royal Purple Elks and Breton Elks have agreed to donate \$20,000.00 to purchase 3 warming blanket units. \$5,000.00 of this will be requested from Alberta Elks Association.

A report was presented on the potential of purchasing a new tractor for cleaning the ice rink for winter skating. This report was received for information only. It does offer a cool way to spend a lot of money.

As each year begins the preparation for a new season, slight adjustments are sometimes required. This year is no exception, so the officers will be adjusted slightly with the recommendations from the nominating committee.

So once again this is an update to local Elkdom. I will bid farewell until next time. In the meantime, happy gardening. Will chat soon - Al



BB Sept 10, 2008 (Edition 846)

#### **GRILLED PEACHES AND CREAM**

- 4 peaches, halved and pitted
- 2 tablespoons clover honey
- 1 cup soft cream cheese with honey and nuts
- 1 tablespoon vegetable oil

Preheat a grill for medium-high heat. Brush peaches with a light coating of oil. Place the pit side down onto the grill. Grill for 5 minutes, or until the surfaces have nice grill marks. Turn the peaches over, and drizzle with a bit of honey. Place a dollop of the cream cheese spread in the place where the pit was. Grill for 2 to 3 more minutes, or until the filling is warm. Serve immediately.

BB Sept 10, 2008 (Edition 846)

#### FRESH PEACH ANGEL PIE

- · 3 egg whites
- 3/4 cup white sugar
- 1 cup flaked coconut, toasted
- 1/2 cup toasted and sliced almonds
- 5 fresh peaches, pitted and sliced
- 1 cup heavy whipping cream, whipped
- 1/4 cup flaked coconut, toasted

Beat egg whites until soft peaks form. Gradually add sugar, beating until very stiff and glossy. Fold in toasted coconut and almonds. Spoon into a 9 inch pie plate to form a shell.

Bake at 350 degrees F (175 degrees) for 30 to 35 minutes. Cool. Fill with sliced peaches. Top with whipped cream and toasted coconut. Chill until ready to serve.

BB Sept 10, 2008 (Edition 846)

#### **PEACH SALSA**

- · 4 cups fresh peaches peeled, pitted and chopped
- 1/2 cup chopped onion
- 1/2 cup chopped red bell pepper
- · 4 jalapeno peppers, minced
- 1/4 cup chopped fresh cilantro
- · 3 cloves garlic, minced
- 1 1/2 teaspoons ground cumin
- 1/4 cup distilled white vinegar
- 1 teaspoon grated lime zest
- 1/4 cup white sugar

- 1 (49 gram) package light fruit pectin crystals
- 3 1/2 cups white sugar
- canning jars

Sterilize jars and lids. In a large saucepan, combine peaches, onion, pepper, cilantro, garlic, cumin, vinegar, and lime zest. Stir together pectin and 1/4 cup sugar. Bring to a boil, and stir in remaining 3 1/2 cups sugar. Boil for 1 minute, stirring constantly. Remove from heat, and stir for 5 minutes.

Pour peach salsa into prepared jars, leaving 1/4 inch air space. Seal, and process in a boiling water bath for 15 minutes.



- Kyle Westerlund CPA, CA Partner

Box 367, 5012 - 50 Avenue T: 780.696-2511 Breton, AB TOC 0P0 F: 780.696.2017 E: dbanman@banwest.ca #401, 9426 - 51 Avenue NW T: 780.426.3943

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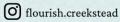
Mon: Closed

Tues: 12-6 Fri: 10-4

Wed: 10-5 Sat: 10-6

Thurs: 12-6 Sun: 10-6

780-514-8335







# BRETON PLAYSCHOOL

FOR CHILDREN AGES 3-5 (MUST BE POTTY TRAINED)

REGISTRATION OPEN FOR 2023/2024 SCHOOL YEAR

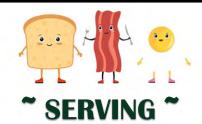
Certified Teacher
Two days/week (Tues & Thurs)
8:50-11:50
\$65/month



Fundraising & Cleaning Deposits Required.

FOR MORE INFORMATION OR A REGISTRATION PACKAGE PLEASE CONTACT LAURYL AT 780-934-4651

# **Breton Golf Course and Restaurant**

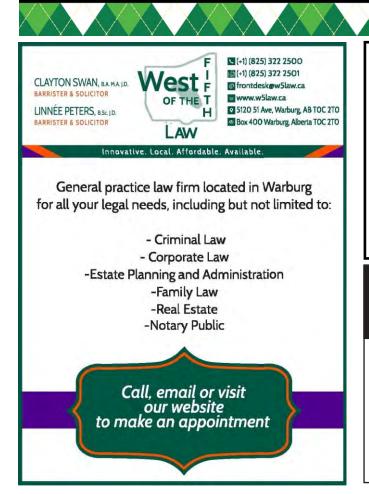


Full Breakfast Menu
Burgers & Fries
Clubhouse Sandwiches
Salads & Homemade Soup
Wings & Chicken Fingers
Perogies, Poutine, and MORE!

Call for a Tee Time
Tournments Welcome
Men's League Begins May 8th
Ladies League Begins May 9th



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### **Wenham Valley Pet Cremation**



Geneva Rodin (780)621-3531 geneva\_rod@hotmail.com

"Our pets leave footprints on our hearts"

Warburg, AB

## **Breton Denture Centre**

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- 1 Hour Denture Repairs
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Join Us Again in Completing that Beautiful Smile!





#### RCMP COMMUNITY REPORT FOR APRIL 2023

Cst. J. Conway, Thorsby/Breton RCMP Detachment

Total Calls for Service	252
Suspicious Persons/ Vehicle	7
Collisions	19
Vehicle Theft	10
Fraud	3
Break and Enter	15
Assault	6
Impaired	4
Recovered Vehicles	4
Missing Person	4

## In Alberta, May is recognized as Motorcycle Safety Awareness Month.

This is an important time to remind all road users about the unique safety concerns and considerations that are associated with motorcycles.

In recent years, there has been a significant increase in the number of motorcycle riders in Alberta. While motorcycles can be a fun and fuel-efficient way to travel, they also come with increased risks of injury and fatality in the event of an accident.

According to Alberta Transportation, motorcyclists make up only 3% of all licensed drivers in the province, but account for 14% of all fatalities and 17% of all serious injuries on the road. This is why it is so important for motorcyclists to take all necessary safety precautions and for all other road users to be aware and vigilant of motorcycles.

Some key safety tips for motorcyclists in Alberta include:

- Wear a helmet: The law in Alberta requires all motorcycle riders to wear an approved helmet. A properly fitting helmet is the most important piece of safety equipment a rider can have, and can greatly reduce the risk of serious head injury in the event of a crash.
- Wear protective gear: In addition to a helmet, riders should also wear protective clothing such as gloves, boots, and jackets made of abrasion-resistant materials. This can help reduce the risk of injury in the event of a crash.
- Get proper training: All new motorcycle riders in Alberta must complete a motorcycle safety course before obtaining their license. However, even experienced riders can benefit from taking additional training courses to improve their skills and knowledge of safe riding practices.
- 4. Ride defensively: Motorcycles can be more difficult to see than other vehicles on the road, so it is important for riders to be aware of their surroundings and to anticipate potential hazards. Defensive riding techniques can help riders avoid collisions and stay safe on the road.
- 5. Check your motorcycle regularly: Regular maintenance and inspections can help ensure that your motorcycle is safe and roadworthy. This includes checking your brakes, tires, lights, and other key components before each ride.
- Avoid riding under the influence: Alcohol and drugs impair judgment and coordination, making it much more difficult to operate a motorcycle safely.

For all other road users in Alberta, it is important to be aware of motorcycles on the road and to give them extra space and consideration. This includes checking blind spots and mirrors regularly, signaling your intentions clearly, and leaving plenty of following distance between your vehicle and any motorcycles on the road.

Motorcycle Safety Awareness Month is an important time to raise awareness about the unique safety concerns of motorcycle riders and to encourage all road users to do their part to help keep our roads safe. By following these safety tips and working together, we can all help prevent motorcycle accidents and ensure that everyone can enjoy the freedom and fun of riding a motorcycle in Alberta.



# CORRAL CLEANING



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# BRETON MUNICIPAL LIBRARY



### HOURS

Monday 10-5 Tuesday 10-5 Wednesday 10-6 Thursday 10-5 Friday 10-5 Saturday 10-5 Sundays Closed

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<u>Nikki Webber</u> - Library Manager <u>Alice Fenton</u> - Librarian <u>June Knobel</u> - Saturday Librarian

> 4916 - 50 Avenue, Breton, AB 780-696-3740 www.bretonlibrary.ab.ca



www.rafflebox.ca

## Golden Spur Gymkhana 50/50 Raffle Fundraiser

To purchase tickets go to Golden Spur Gymkhana Club Facebook Page or <a href="https://www.rafflebox.ca">www.rafflebox.ca</a> and search for the club raffle.

Golden Spur Gymkhana Club, Breton, AB

# \$1000.00 ASH RAFFLE

\$10.00 per ticket 200 tickets (spots) Available

AGLC Raffle# 629502

To purchase tickets go to Golden Spur Gymkhana Club Facebook page or contact Ashley @ (780) 514-6546

## MENTAL HEALTH WEEK MAY 1 - 7

Submitted by Deanne Young, Breton FCSS

Most people start walking within the first 18 months of life. And the gleeful grin babies sport as they move around upright for the first time could be the earliest of many signs that the activity isn't just good for our bodies, but also for our minds.

There's little question that routine walking can boost your well-being and overall quality of life in valuable ways. Consider these seven mental health reasons to take a walk today.

#### 1. Walking Reduces Stress

Walking helps your brain release endorphins, which brings about relaxation and improves your moods. In other words, more walking = less stress.

Want to bring these benefits up several notches? Bring along a furry friend! Certified health and wellness coach and therapist Kristin M. Papa, LCSW, says walking a dog can alleviate stress by reducing levels of cortisol, the stress hormone. "Many pet owners also express gratitude for the love and sense of companionship shown to them by their pets [during walks], which also improves mental health".

#### 2. Walking Helps You Better Manage Depression

Walking won't cure clinical depression, but it may make managing this extremely common condition a good amount easier. A study published in the American Journal of Preventive Medicine in 2015 showed that women with depression who averaged 150 minutes of moderate exercise or 200 minutes of walking per week were more energized and less limited by their depression after three years than those who didn't walk.

#### 3. Walking Makes You Less Socially Anxious

If spending time in social settings gives you far more than butterflies, you may want to add walking to your treatment plan.

"Walking [alone or with someone else] can help social anxiety since exercise can help relieve stress and body tension while you're also embracing nature,". If you find it difficult to make small talk, asking someone to take a walk with you is a good way to get together without the awkwardness of, say, sitting across from one another at a restaurant. Walking "in parallel without constant direct eye contact allows some people to feel more at ease while talking,". "This can help with social anxiety while still providing an opportunity for connection and communication with others."

#### 4. Walking Boosts Self-Esteem

Walking routinely may also help raise your self-esteem or prevent it from plummeting. A study published in the Journal of Sport and Exercise Psychology in 2010 involving middle-aged women showed that activities like

walking can enhance how women perceive their bodies and abilities.

## 5. Walking Together Improves Intimacy and Connection

"Getting moving with a partner can deepen intimacy, bringing you closer Add some flirtation and what you most appreciate or look forward to build both emotional and physical intimacy."

Or use your joint walk time to work through a conflict. "Walking and talking side by side is not as confronting if you are discussing a more heated topic," she adds. Even walking on your own may help your partnership.

#### 6. Walking Sharpens Memory

Your ability to recall information may play a significant role in staving off anxiety and depression while keeping your moods in an overall better place. And a daily walk may be just the way to get there!

A study published in the journal Proceedings of the National Academy of Sciences in 2018 showed that 10 minutes of gentle exercise can immediately improve memory.

#### 7. Walking Bolsters Gratitude

One of the biggest benefits of mindful walking, in particular, is a chance to count your blessings and feel more present. And research has linked mindful walking with reduced psychological distress and heightened life quality.

#### Getting Started on the Right Foot

To make the most of the mental health perks of your walks, go a step beyond proper gear (quality shoes) and a water bottle to stay hydrated. It is suggested that you your walking practice with one of your own core values.

"Values allow us to align our actions with what is most important to us and can motivate us to make changes," If you value adventurousness, for example, choose a new path or park to walk around each week. To feel less stressed, make a mental gratitude list or listen to relaxing music as you walk. Adding this to our walking practice can "give us a sense of purpose and meaning in what we are doing," these call all improve your metal wellness and health.



# BRETON TIRES AND TOW

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bretontiresandtow@gmail.com

# REALIGNMENT EQUIPMENT

# **Richard & Lori Dool**

1251 TWP Rd 490, Thorsby, Alberta

# Saturday, May 6, 2023

Time: 10:00 a.m.

Being from the junction of Secondary 778 & Glen Park Road go 1/2 mile west on Glen Park Road

Watch for signs

GST will be charged where applicable

**Lunch Available** 



#### Trucks

- 1984 Ford F250, 6.9 diesel, auto, extended cab, long 316,186 km (completely rebuilt), S/N 1FTHX2513EKB15070, nice & clean
- 1975 Ford F600, V-8, 5x2 sp trans, 14' box c/w roll tarp, 9:00x20 rubber, 27,450 miles, S/N FC00CB03538, one owner truck
- 1980 Ford Louisville 800, 429 V-8, 5x2 trans, 20' flat deck, 10:00x20 tires, approx. 10,000 km on new motor, one owner, runs great, S/N N80KVHB0498

#### Tillage Equipment

- JD 40' 9350 Hoe Press Drills c/w hvd. factory transport, fert attachment, field ready
- Ford 21' DT Cultivator c/w hyd. wings & mounted harrows
- Ford 230 16' Tandem Disc c/w notched front blades & mounted harrows
- Ford 140 5x16" Plow c/w hyd. lift & coulters
- Ford 140 5x16" 3-point hitch Plow c/w trip beam & coulters
- Ford 12' DT Cultivator c/w hyd lift
- · Degalman 5' Hyd. Rock Picker, S/N 14465
- UFA Hyd. Rock Picker
- Calhoun 1T Fertilizer Spreader
- · 2-3', 1-5' Crowfoot Packers
- 5 Diamond Harrows c/w drawbar

#### Swather

· Case IHC 4000 15' Hydro SP Swather c/w CAH, pick-up reel & rubberized canvas, nice & clean

#### Feeding Equipment

Enoross 12-wheel Hay Rake; Jiffy 180 Silage Feed Wagon; NH Bar Hay Rake; Farm Wagon c/w gal. gravity box; Farm Wagon c/w 8'x16' deck; Ford 503 3-point hitch, PTO, Bar Rake; 15 Bale Stooker & F.E.L. Bale Fork; Rake Wheel

#### **Antiques**

Harrow Cart; Potato Cultivator, 2 rows; Farm Wagon c/w 5'x12' grain box; Oliver 70 Tractor c/w pulley; Buzz Saw Mandrell c/w belt; School Desk; Wash Tub; White Porcelain Cook Stove; 3 Set Hanging Lights; JD 34 Manuare Spreader, nice

#### Trailers & Camper

1984 C95 Bigfoot 10' Truck Camper, sleeps 4 c/w bathroom, stove, fridge, sink, hyd. jacks, S/N 457259, nice & clean; 1987 Terry 5th Wheel Holiday Trailer 23.5' c/w fridge, stove, bathroom, sleeps 6; Fleetwood 6x10' Tent Trailer c/w sink, sleeps 6

#### Miscellaneous

Ford 3-point hitch Post Pounder; JD 45-6' 3-point hitch Blade; 6"x24' Grain Auger; 2-300-gal. & 1 Oval Fuel Tank c/w stands; 500-gal. Sprayer Tank c/w hyd. pump; 4-36"x16' Culverts c/w couplers; Assort 14' Galvanized Construction Material; Assort. Truck Tires; 8' X-ray Dark Room; Camper Body; Landscaping Boulders; Tools; Bat. Medical Scooters; Welding Supplies; Jerry Cans; Creepers; Shop Fan; Sand Blaster; Engine Stand; Electric Motors; Storage Racks; Skidsteer Pallet Fork; 2 Feed Augers; ATV Sprayer; Box & Arrow Set; Allied Loader, QA bucket mounts; Household Items; many more items too numerous to mention

#### Auctioneer's Note

Many good items on this Sale. Plan on attending. For more information call Richard Dool at 780-499-2469 or Miller's Auction Service at 780-722-2705 or 780-789-2226.

#### www.millersauctionservice.com

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Kingman, Rosalind, Viking Clerk: Tera Lange For Reasonable Rates and Excellent, Friendly Service, Give Us A Call" This last is subject to additions or deletions.

TERMS: Cash, certified check, bank draft, or bank letter of credit, E-Transfer, Mastercard and Visa (3% usage fee on M/C & Visa). No purchases to be removed until settlement has been made. NSF cheques will result in criminal charges and prosecution. All sale are final, and all terms purchased become the responsibility of the buyer once they are designed with the control of t

Owners: Richard & Lori Dool

Phone 780-499-2469

## LETTERS TO THE EDITOR

To the Editor:

After listening to only 15 minutes of a tape (of proceedings) of Brazeau County ASB, it was impressive the number of times the idea of "saving taxpayers' money" was heard.

Given that our current council has overspent revenues by about \$35 million, spent \$8+ million in Cynthia for about 76 residents (without imposing a local improvement tax on the beneficiaries), is proposing about \$4 million for a "cow trail" for one person (perhaps it would be more cost effective for the county to pay trucking costs for the 474 road beneficiary), while wasting tax dollars on "workshops" where the public is denied access (contrary to the MGA), the idea of saving money appears to be a little late.

It should be noted that the \$75,000 (or so) given for weed control to residents without publishing recipients is also problematic. The Weed Act specifies—your weeds, your problem—not mine!

One of the fastest ways to save money would be to (a) pay the Reeve councillor's pay when he sits on committee or conferences; and (b) not place the Reeve on any committee nor send him to conferences.

For example, in the month of November/22, it appears that the Reeve attended 9 meetings at which the Reeve designation was immaterial. At the additional \$50 - \$ \$70 each, depending on length of meeting, that equals to \$600/month savings. On second thought, why bother sending anyone at all as there doesn't seem to be any apparent value to the county.

After reading the minutes of 11/01/2017 (p.13), it was startling to note a comment by Councillor Wiltse. The essential part states "... Why does the County decide without any input from the residents? She is disheartened that things change without any input from the residents... "Note "workshops" above.

#### Lynn Oberle

All "Letters to the Editor" must be printed with the name of it's author. Only letters emailed will be accepted, letters dropped off will be charged an admin fee. Letters to the Editor are the opinions of those who wrote them, not necessarily those of Community 39 Enterprises and we have the right to refuse publication.



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# Laurie's Laughs



Did you know on the Canary Islands there is not one canary? And on the Virgin Isles? Same thing - not one canary there either!



When I offer to wash your back in the shower, all you have to say is yes or no.

Not all this "who are you and how did you get in here?" nonsense.



The closest I get to a spa day is when steam from the dishwasher smacks me in the face.

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Answers will be published in the next issue!



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## **CONTACT US**

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# BOOSTER

#### - Published every Wednesday -

Pick up locations in Breton, Warburg, Drayton Valley, Winfield and Alsike.

## **PRICING**

1/4 PAGE

3.4167" wide x 4.6" tall

\$29 + GST

\*\*multi-ads - \$27.00 + GST

**FULL PAGE** 

7" wide x 9.25" tall

\$60.00 + GST

\*\*multi-ads - \$57.00 + GST

#### 1/8 PAGE

3.4167" wide x 2.28" tall \$20 + GST \*\*multi-ads - \$18.00 + GST

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7" wide x 4.6" tall <u>OR</u>
3.4167" wide x 9.25" tall

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Classified Ads are \$5.00 (including GST) for 2 weeks (up to 30 words)

#### (deadline Monday at 10am before publication)

Classified/Payment Drop off available at Breton Library, Warburg Village Office & CE Media Signs & Promotional Thorsby.

# CENTIECT39 Thorsby, Warburg & Area NEWS

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Pick up locations in Thorsby, Leduc, Calmar, Sunnybrook, Pigeon Lake, Warburg & Alsike

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Buck Lake Estates - Lakefront - 5 bed 3 bath home, walkout basement. Triple att garage. Heated shop. Remote control gate & more



GREYSTONES Lakeview 1.13 acre, services - power, well, nat gas riser. 40 ft Jayco RV with 3 slides. Shed.



1 bedroom 1 bath cabin built 1988, 0.8 acre lot. Wood stove, full kitchen, 4 pce bath, Drilled well, 2000 gal septic tank & power



410 Lakeshore Dr. Business or Pleasure or both. 0.66 acre commercially zoned lot with home on raised basement, shed.



 $10 \pm$  acres, 3 bedroom home, 3 season sunroom, 32x40 metal clad shop. Subject to final subdivision approval.



3 acres - 1/2 mile from pavement. Waiting for come very penent or use as your way en letaway. Half treed, sentercome.

# LAND

312 ACRES PRIME FARM LAND

Located only 2 miles east of Wetaskiwin. Land is primarily #1 & #2 soil & has \$8,800 in annual surface lease

Yard site with 1970s home, a 30x48 shop, a 60x100 pole shed , 2x5000+/-bu grain bins, 3 hopper bottom feed bins & a number of older bldgs including a dairy barn, poultry barns & cattle shelters. Wetaskiwin \$2 000 000



60x130 lot. Natural gas & drilled well on property. Power & sewer at lot line. Zoned Hamlet Residential. Mfg homes permitted.



12 Fraser Drive - large lot backs onto golf course - 159 ft golf course frontage. No time restrictions to build. GST included.



158 acres, creek, mature forest, cabin, peace & tranquility! East Poplar Creek flows thru this land. on no exit road.

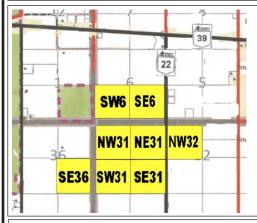
## LAND

79.5 **ACRES** with approximately 50 acres of hay and balance in pasture. Power & Well. Receive \$2855 annual surface lease revenue. BUCK CREEK \$299.000

**NEW** 150.26 acre property: A region fire in 2020 created a different landscape. New growth of sets, is rults, trasses are coming back nicely. Before the fire, a repolated and incit was being done. Site in the south east corner to build home or cabin. Tomahawk \$218,500

# LOTS IN BRETON at DEED COOCCING FORTAT

2 lots still available. No time requirement to build, GST included in price. Village will put in driveway. \$45.000/lot



## LAND

#### INVESTMENT OPPOUTUNITY

8 quarters (1267 acres), spacious home, 32x40 heated shop, Quonset, 2 waterers. 2nd serviced yard site is on the quarter to south. Substantial annual revenues received from surface leases & land rent. On Hwy 22. short distance to Drayton Valley \$6.500.000

## **WINFIELD LIQUOR LOFT**



Opportunity knocks in the community of Winfield, Alberta. Be your own boss of this Liquor Store. The Winfield Liquor Loft has been serving the community and surrounding areas for 10+ years. Built in 2011, this solid built 1152 sq ft building has a metal clad exterior & covered front sidewalk running along the front of the store. Inside is the attractive front & cold room retail spaces, storage space, off loading double doors and outside metal security gate. Inventory not included in list price. The buyer will have to obtain their own liquor license from AGLC as the current liquor license cannot be transferred.

## **OUR TEAM OF REALTORS**

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