

# CONNECT 39

Thorsby, Warburg & Area NEWS

previously the Thorsby Target & Warburg Bugle

## WINTER IS HERE!

Our first big snowfall and deep freeze waited long enough. Huge thank you to all of the snow angels out there. Thanks to our public works crews and all those who clear and sand the roads to make it safe. Stay warm this weekend and hopefully by next week we can enjoy what nature has given us!



## PREPARING AN EMERGENCY KIT

[www.caa.ca/driving-safely/winter-driving/emergency-kit/](http://www.caa.ca/driving-safely/winter-driving/emergency-kit/)

It's important to have an emergency kit even when you least expect the worst to happen. In this page, we'll figure out what kinds of items should be in the kit to make sure you're prepared.

In case of a breakdown, it's a good idea to have an emergency kit in your vehicle. Here is a list of items we recommend including in your emergency kit:

- Flashlight (preferably crank-type, because batteries don't last long in extreme cold)
- Reflective safety triangles or flares
- Small first-aid kit
- Snow brush and scraper
- Traction aids
- Small shovel with long handle
- Bag of abrasive material: sand, kitty litter (avoid road salt, which can cause your vehicle to rust)
- Plenty of windshield washer fluid
- Booster cables
- Gas-line antifreeze
- Lock de-icer (in extreme cold, keep it with you, rather than in your vehicle!)
- Paper towels
- Small tool kit (screwdriver, pliers, etc.)
- Extra fuses (for the vehicle's electrical system)
- Warm blanket
- Extra socks, boots and gloves
- Hand and foot warmers
- Bottles of water
- Granola bars



First Snow Fall Annual Meeting

# Classifieds

## FOR SALE

**HOME LITE 5000 WATT GAS GENERATOR** 120 Volt, \$475.00. Contact 780-682-2489

**FIRE WOOD** - Spruce/Tamarack mix \$400.00 per cord, delivery available Phone: 780-202-1854

## WANTED

**LEAD BATTERIES & SCRAP VEHICLES** Will buy your old lead batteries for re-cycling. Also FREE removal of scrap vehicles. We pay cash for both! 403-396-8629

## WANTED CONCRETE RUBBLE

Contact Alex 780-905-9200 or 780-789-3843

**WESKAY CATTLE CO. IS CURRENTLY SEEKING PASTURE, HAY OR CROP LAND** to lease for the 2024 season and on, competitive prices, on time lease payments. Call Wesley 780-982-1093

## OLD FARM TRACTORS OR CATERPILLARS

Will buy Complete or Incomplete. 403-396-8629

**LOOKING FOR PASTURE** for cow/calf pairs. Also looking for hay land and grain land.

Contact Levi at 780-312-9891

## SERVICES

**INTERIOR DESIGN, CABINETS, COUNTERTOPS & BLINDS.** Independent Design Consultant for over 25 years. Keri at [designbywaters@live.ca](mailto:designbywaters@live.ca) or 780-289-2551. Also on Facebook and Instagram!

**CUSTOM PAINTINGS** - Hey everyone! Want a custom painting? Check out @paintingsbydani on instagram to see my work and inquire. Or call/text 403-498-4092

## D5 DOZER FOR HIRE

Contact Alex 780-905-9200 or 780-789-3843

**JOURNEYMAN PLUMBER/GASFITTER & CERTIFIED SEWER INSTALLER** Repairs, replacement & new installs. Hot water tanks, furnaces, boilers, gas lines, sewer tanks/fields/pumps. Ryan 780-514-9246

**ZAMEK CONSTRUCTION** - installation and repair of chainlink & wood fencing, decks, patios, assembly of prefab metal structures. Renovations. Private & Commercial. Call 780-913-0728 or [edjpas@gmail.com](mailto:edjpas@gmail.com)

**RELIABLE DJ** for your party or special event. We offer Karaoke, Music Bingo, Minute to Win It games and have local references. 587-991-4977 or [www.carrielevins.com](http://www.carrielevins.com)

## Classified Ads are \$7.50 for 2 weeks

(up to 30 words) GST included

You can drop off your ads at CE MEDIA - 4928 Hankin Street, Thorsby, call 780-499-9006 or email to [media@community39.com](mailto:media@community39.com)

# MERV'S TRUCK PARTS

Warburg, AB

## EMPLOYMENT OPPORTUNITY

Merv's Truck Parts has a full time position open for Experienced Yard Help / Dismantler.

Email your resume to [mervstruckparts@hotmail.com](mailto:mervstruckparts@hotmail.com)

# Genesee and Sunnybrook Group Campgrounds

## UPCOMING ONLINE RESERVATIONS

Mark your calendars to reserve a group campground!

Online reservations for Leduc County's group campgrounds – Genesee Park Group Campground and Sunnybrook Creek Park Group Campground – open on **Jan. 3, 2024.**

Learn more at [leduc-county.com/campgrounds](http://leduc-county.com/campgrounds).



## "Little papers...BIG RESULTS"

5	3	8	7	1	9	6	4	2
9	4	6	2	5	8	1	3	7
2	7	1	6	3	4	9	8	5
3	1	4	8	9	7	5	2	6
7	5	9	3	6	2	4	1	8
6	8	2	5	4	1	7	9	3
4	6	5	9	2	3	8	7	1
1	2	7	4	8	5	3	6	9
8	9	3	1	7	6	2	5	4

Sudoku Answers  
from January 5 Issue

The object of the puzzle is to fill the remaining squares, using all the numbers 1-9 exactly once in each row, column, and the nine 3 x 3 subgrids.

# WARBURG SEED CLEANING CO-OP LTD.



## EMPLOYMENT OPPORTUNITY

*We are seeking a highly motivated, physically fit individual to join our team to work in our warehouse.*

*Some duties include handling 50lb bags, bagging products, operating the fork lift, loading totes of feed and grain and blending forage seed which can be dusty at times, customer service, feed mill operations, maintain a clean working area as well as other small jobs. Ag background is preferred but not essential. We will provide training.*

*The successful applicant may eventually be trained in plant operations as well.*

*40 hr/week Monday to Friday -8:00am to 4:30 pm*

*Benefits after 3 month probationary period*

*May be required to work some Saturdays during our busy season.*

*Please email resumes to [warscp@gmail.com](mailto:warscp@gmail.com) or drop off at our sales office.*

*If you have any questions please call 780-848-2365 and talk to Tom or Donna*



Phone No. 780-848-2365

[warscp@gmail.com](mailto:warscp@gmail.com)

[www.warburgseed.com](http://www.warburgseed.com)

"like us" on Facebook



Hours: 8:00 am to 4:30 pm Mon to Fri



## Employment Opportunity

### WAREHOUSE WORKER PERMANENT PART-TIME (3 days)

**Ruhr Valley Lumber is seeking a part-time warehouse worker (3 days a week)**

**MUST be able to work every other Saturday.**

#### **Warehouse duties and responsibilities include:**

- Sort, organize and store inventory in the proper location
- Receive and process warehouse stock
- Perform inventory controls and report any discrepancies
- Operate and maintain warehouse vehicles and equipment
- Operate forklift to move materials
- Picking and packing orders
- Keep a clean and safe working environment
- Deliver orders to job sites when required
- And other daily duties

#### **Essential Qualifications:**

- Experience as a warehouse worker
- Familiarity with building materials
- Good organizational and time management skills
- Ability to lift heavy objects
- Current forklift license (training is available)
- Valid class 5 driver's license
- Be capable of making deliveries and following directions to job sites (Thorsby/Pigeon Lake area)

*\*Only chosen applicants will be contacted*

Resumes can be emailed to

[matt@ruhrvalley.ca](mailto:matt@ruhrvalley.ca)

or dropped off in person at

Ruhr Valley Lumber,  
4901-49 Ave, Thorsby.





www.mikeshomesltd.com

COMMUNITY EVENTS & info

# Custom Built Homes

- Reliable Service
- Affordable Pricing
- Quality Workmanship



"You Dream It – We Build It!"

MICHAEL JACOB  
780.991.1008

michaelj@mikeshomesltd.com

## UPCOMINGSPECIAL EVENTS

(Breton, Thorsby, Warburg & Surrounding Areas)

**January 14 - Beat the Winter Blues with a FREE afternoon of Card or Board Games** at the Morrowdale Community Centre from 2-5pm. For more info, call Bev at 780-789-2571.

**January 14 - Divine Liturgy** on Sunday @12pm at the St. John the Baptist Ukrainian Catholic Church. For further information please contact Dan @ 780-789-3698

**January 20 - Thorsby Ukrainian Malanka Festival.** Dinner @ 6:30pm followed by Zirka Dance Performers at 9:30pm. Call Marlene for tickets at 780-217-9394 or 780-789-3734

**January 20 - Community Gym Night** at Warburg School. 5:30 - 8:30pm. FREE. Contact [dauidemolyneaux@live.com](mailto:dauidemolyneaux@live.com)

**January 24 - Home Alone: Parent and Child** from 6-8pm at the Calmar Public Library. Register online or contact Kristin at 780-955-6421 or [Kristin@leduc-county.com](mailto:Kristin@leduc-county.com)

**January 25 - Wills & Estate Planning** at the Wetaskiwin Ag Society Hall at 1pm or 7pm. FREE. Call FCSS 780-352-3321 or email [fcssadmin@county10.ca](mailto:fcssadmin@county10.ca) for more information.

**January 31 - Clay for Kids** at the Warburg Recreation Centre from 1:30-4:30pm. (\$30). Includes snacks. Register at the Warburg Office or email [fcss@warburg.ca](mailto:fcss@warburg.ca)

**January 31 - Clay for Adults** at the Warburg Recreation Centre from 6-9pm (\$30). Includes snacks. Register at the Warburg Office or email [fcss@warburg.ca](mailto:fcss@warburg.ca)

**February 1 - Wills & Estate Planning** at the Alder Flats Seniors Centre at 1pm. FREE. Call FCSS 780-352-3321 or email [fcssadmin@county10.ca](mailto:fcssadmin@county10.ca) for more information.

**February 2 - Wellbeing Workshop** at the Winfield Agri-Plex from 9:30am - 2:30pm. FREE. Email [fcssadmin@county10.ca](mailto:fcssadmin@county10.ca) or call FCSS 780-352-3321 for more information.

**February 3, 10, 16, 17, 23, 24 - Dinner Theatre "Francine's Will"** at Liberty Hall near Bluffton. Doors open at 5:30. Tickets are available for \$50 at [www.showpass.com/francines-will/](http://www.showpass.com/francines-will/)

**February 4 & 11 - Matinee Dinner Theatre "Francine's Will"** at Liberty Hall near Bluffton. Doors open at noon. Tickets are available for \$50 at [www.showpass.com/francines-will/](http://www.showpass.com/francines-will/)

**February 11 - Aaron Pritchett Liquored Up Tour** at Eleanor Pickup Arts Centre, 5144 - 51 St, Drayton Valley at 7:30pm. Tickets available 1-888-655-9090 or [www.ticketpro.ca](http://www.ticketpro.ca)

**February 17 - Community Gym Night** at Warburg School. 5:30 - 8:30pm. FREE. Contact [dauidemolyneaux@live.com](mailto:dauidemolyneaux@live.com)

**February 24 - Zirka Zabava** at Devon Community Hall. Zirka performance, Ukrainian dinner by Saskitoba and dance. Tickets available on Eventbrite.

**FREE** Community Events & Information is **FREE** to advertise

*Our FREE Community Connections booklet is available for pick up at:*

*the Breton Village Office, Brazeau County Office, Leduc County Office, Thorsby Town Office, Thorsby Arctic Spas Recreation Complex, Thorsby - CE Media Signs & Promotional, Warburg Village Office*

*You will find contacts and information on rental facilities, community groups, the municipalities, community supports and so much more.*

*Or go online to [www.community39.com](http://www.community39.com)*

## ANNUAL GENERAL MEETING INVITATION

### PIGEON LAKE FEEDER COOP ASSOCIATION

**DATE:** Friday, January 12, 2024  
**LOCATION:** Falun Community Centre Hall,  
1 Mile West of Junc. Hwy 795 & Hwy 13  
**TIME:** 7:30 pm

**YOUR ATTENDANCE IS WELCOMED & APPRECIATED**





**THE BRANDED WAY OF LIFE.**

**509-11th AVE  
NISKU, AB**

**{for quality apparel and accessories that are fit to print}**

**APPLY IN PERSON OPEN INTERVIEWS JANUARY 15TH, 2024 FROM 9AM - 3PM**

**WE'RE ON THE LOOKOUT FOR DYNAMIC MEMBERS TO JOIN OUR TEAM.  
IF YOU'RE PASSIONATE ABOUT CUSTOMER SERVICE, AND WANT TO BE  
PART OF A GREAT WORK ENVIRONMENT; WE MAY HAVE A ROLE FOR YOU!**

**DO ANY  
OF THESE  
SOUND  
LIKE YOU?**

**Come on in,  
let's chat.**

**EMBROIDERY  
DIGITAL PRINTING  
GRAPHICS  
SIGNS & DECALS  
SHIPPING / RECEIVING  
INVENTORY MGMT  
CUSTOMER SERVICE  
GRAPHICS INSTALL**

**INDUSTRIAL SEWING  
ENGRAVING  
WIDE FORMAT PRINT  
OUTSIDE SALES  
QUALITY CONTROL  
TRIMMING/FINISHING  
DATA ENTRY  
ACCOUNTING**

**Requirements for ALL positions:**

**\* Punctuality \* Attention to Detail \* Stand for long periods of time \* Energetic  
\* Speak and Read clearly in English \* Able to lift 30lbs \* Ability to Multi-Task \* Work well with a team**

**Direct all inquiries to: [employment@stitcheryandmore.com](mailto:employment@stitcheryandmore.com)**

**PROGRAMS & REGULAR EVENTS**  
(Thorsby, Warburg & Surrounding Areas)

**\*\*Please note - all events are subject to change**

**MONDAYS**

**Bus To Drayton Valley (Aquasize or Walmart)** - Leaving Warburg & Breton on Monday mornings. Registration must be completed prior to the Monday trip. Warburg FCSS at 780-848-2828 or Breton FCSS 780-696-3636 to register

**Crib** at the Thorsby Seniors Centre every Monday at 1:30pm

**Curling** - Monday & Thursday at the Warburg Curling Club at 7pm. Call Rob Tessier 780-789-3723.

**Parent & Tot Drop In (Thorsby)** on Mondays from 10-11am at the FRN Site in Thorsby. Games, activities & more.

**Shinny** - Every Monday from 3:45-5:15 at the Warburg Arena.

**TOPS (Take Off Pounds Sensibly)** - Mondays at 9am, Thorsby Seniors Centre. Jane 780-789-3789 or Cheryl 780-848-7673

**TUESDAYS**

**Bingo** - Next Bingo Feb. 6/2024 @ 6:30 at the Mulhurst Legion #246.

**Curling (Stirling Night)** - at the Warburg Curling Club on Tuesdays at 6:30pm. Contact Rob at 780-789-3723

**Music Jam Session** on 4th Tuesday of the month at the Calmar Seniors Centre 1-4pm. 4916 - 50 Ave

**Pickle Ball** at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am (\$5)

**Quilting** at the Warburg Seniors Centre on Tuesdays at 9:30am (\$2)

**Shinny** - Every Tuesday from 3:30 - 5 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**16+ Rec Volleyball** drop in at Warburg School on Tuesdays from 7-9pm (\$2)

**WEDNESDAYS**

**Busy Brushes** - Every Wednesday from 10-2pm at the Warburg Cultural Center. \$5/class. Call Linda 587-590-0378.

**Cards** at the Warburg Seniors Centre at 1pm every Wednesday

**Pickleball** - Every Wednesday from 7-9pm at the Thorsby Arctic Spas Recreation Complex

**Public Skate** - Every Wednesday from 3:30 - 5pm at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Public Skate** - Every Wednesday from 3:45-5:15 at the Warburg Arena. No sticks and helmets mandatory.

**Songs For Toddlers** on Wednesdays at 1pm at the Warburg library.

**Soup & Sandwiches** at the Thorsby Seniors Centre starting at 11:30am on the 2nd Wednesday of the month.

**Soup & Sandwiches** at the Warburg Seniors Centre every 3rd Wednesday at 12pm (\$10)

**Tai Chi** at the Warburg Seniors Center, running every Wednesday from 10-11 (\$2). This program is open everyone!

**Warburg Treasure's Thrift Shop** is Open Wednesdays from 10am - 4pm at the Warburg Community United Church.

**THURSDAYS**

**Bingo** at the Thorsby Seniors Centre every Thursday at 7pm

**Bus to Leduc from Cloverleaf:** (\$8) Bus leaves from

Cloverleaf to Leduc the third Thursday of the month at 9:00am. Call Kim at Cloverleaf to book your spot! 780-848-7717.

**Curling** - Monday & Thursday at the Warburg Curling Club at 7pm. Call Rob Tessier 780-789-3723.

**Floor Curling** at the Warburg Hall. Every Thursday at 1pm (\$2)

**Men's Morning Curling** - Thursday at the Warburg Curling Club on Thursdays at 10am. Contact Les at 780-848-2661

**Parent & Tot Drop In (Warburg)** - Thursday mornings from 9-11am in the Village of Warburg office basement.

**Pickleball** at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am (\$5)

**Pickleball** Thursdays from 6-8pm (\$2). Warburg School Gym. Register at the Warburg Village office or call 780-848-2828

**Quilting at the Warburg Cultural Center:** on Thursdays from 10-4 contact Gail S at 789-995-2681

**Sandholm Square Dance Club** - on Thursdays 7 - 9:30pm at the Sandholm Hall. Contact 780-238-5844 or 780-389-2381.

**Shinny** - Every Thursday from 3:30 - 4:45 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Thorsby Seniors Thrift Store** - Open Thursdays from 10am-3pm. Call 780-996-5131.

**Warburg Girl Guides** - at the Warburg Community Hall, Thursdays from 5:30pm - 7pm. Contact 780-999-3913.

**FRIDAYS**

**Community Socials** are held the last Friday of each month at the Mulhurst Legion #246. Next Social: Jan. 26/2024 @ 7PM

**Connect with Other Young People** on Fridays from 7-9pm Thorsby New Life Fellowship Church - Ages 11-18. Contact Katie at 780-241-0715 or [kpollard2007@outlook.com](mailto:kpollard2007@outlook.com)

**Fun with Friends Story time** at the Thorsby Municipal Library every Friday from 10:30am - 11:15am.

**Music Jam** - at the Warburg Seniors Centre on the 1st Friday of the month from 1-4pm by donation. Call 780-389-4104

**Parent & Tot Skating** every Friday at the Warburg Arena from 10am - 12pm. No Sticks allowed.

**Pub Nights** at Warburg Legion from 5pm - 10pm.

**Shinny** - Every Friday from 3:30 - 4:45 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Thorsby Seniors Thrift Store** - Open Fridays from 10am-3pm. Call 780-996-5131.

**SATURDAYS**

**Farmer's Market** at the Mulhurst Bay Community Hall every Saturday 11-3pm. Contact Carol 587-920-2065. *Start up again Jan 27, 2024*

**Pie & Coffee** from 1pm - 4pm at the Warburg Museum on the first Saturday of every month. Or arrange a tour through Susie 780-848-2507 or Joan 780-621-7174

**Thorsby Music Jam** - at Thorsby Community Centre on the 3rd Saturday of the month (except January) from 1-4pm. Coffee & light lunch. Call 780-789-2180.

**SUNDAYS**

**Gospel Music Jam** - at New Life Christian Fellowship on the 1st Sunday of the month from 2-4pm. FREE includes light refreshments. Call 780-789-4171

**Pancake Breakfasts** by the Thorsby Lions Club the first Sunday of the month at the Senior's Centre 9am - 12pm. Call Mercedes 587-338-7065. NO BREAKFAST JANUARY 7!

**Sunday School** at St. Matthew's Lutheran Church the 2nd Sunday of mth at 10:30am. Contact Ebeline at 780-389-4100

**\*\*Street hockey sticks/Badminton set/spike ball/various games available at the Warburg Library!** All you need is your library card to rent out!



## Leah Hennes

July 4, 1936 - December 19, 2023

It is with deep sadness that the family of Leah Hennes announces she has peacefully gone to be with our Lord. She passed Tuesday, December 19 at the Misericordia hospital in Edmonton after a brief illness but a long and incredible life.

Born July 4, 1936 in Thorsby to William and Matilda Rasch, she is predeceased by her parents and siblings Herb, Anne, Albert and David. She is survived by her sister Emma, 99.

Leah captured the heart of every person she met with her patience and ability to listen. That included her husband of 32 years, Walter (1933 - 1988), who fell in love with his restaurant waitress and married 8 months later.

To Leah, family was everything. She worked hard to care for her children, Rick (Lillian), Alan (Deb) and Sandra (Clarence). Always available for a visit or phone call, Leah provided endless support to her children and their partners. She also offered gentle guidance, spending her final days reminding them to take care of one another.

She was Grandma to Nick (Dawn), Blair (Colette), Chad (Breanna) and Jocelyn (Trevor) who she would drive to hockey, basketball, baseball, volleyball and dance. She will be remembered for cheering loudly in the stands and offering them quiet comfort on difficult days. She was endlessly proud of their accomplishments and success.

To Rennek, Bryer, Gradyn, Brody, Hudson, Aubryn, Lucy and Violet, Leah was GG. Even at 87, she would get down on the floor to play cars or crawl around ... her warmth immediately evident even to her youngest great grandchild.

*The world has lost a woman who treated each soul with tenderness and care but her family is at peace knowing she is now being given that same comfort in Heaven with her loved ones.*

**A funeral service was held December 28, 2023. It can be viewed on YouTube by searching 'St. Matthew Thorsby.'**



## Connect with us!

Submitted by Leduc County FRN



Alberta Provincial Family Resource Networks

### Kimochis

Leduc County Family Resource Network (FRN) is pleased to announce that we now have staff trained in the Kimochis program. What are Kimochis? On the surface, they're a family of cuddly critters and a big bowl of emotions. Underneath, they are a proven system for helping kids grow and transform by dealing skillfully with their feelings.

They help kids:

- feel happy, safe, confident, compassionate and successful.
- establish and sustain strong friendships.
- get along with each other.
- become resilient, especially during trying times.



A five-minute lesson can be reinforced naturally throughout the day. It reduces referrals and disturbances and increases engagement. Kimochis lessons teach children to be:

- **Respectful:** use a respectful voice, face, words, actions and listen to upset feelings.
- **Responsible:** speak up for self or others and how to admit and own mistakes.
- **Resilient:** work through emotion alone or with help and how to bounce back from difficult moments.
- **Compassionate and kind:** how to have empathy or concern for others and how to look for moments to be kind to self and others.

### Meet the Kimochis

Hi! I'm Cloud. I'm known for:

- unpredictable moods
- regulating tone of voice, body language, words and actions



Hi! I'm Bug. I'm known for:

- fear of change
- positive social and academic risks
- positive self-talk



Hi! I'm Huggetopus. I'm known for:

- setting appropriate boundaries
- self-regulating internal and external distractions
- having more patience and tolerance



Hi! I'm Cat. I'm known for:

- apologizing and forgiving
- making safe, wise, kind choices
- managing cranky feelings



Hi! I'm Lovey Dove. I'm known for:

- sharing pride without bragging
- celebrating other's accomplishments
- overcoming discouragement
- moving through worried feelings



If you would like to meet these cute critters in person, join us at one of our drop-in locations or contact us at [frn@leduc-county.com](mailto:frn@leduc-county.com) for more information.

## CALLING ALL SNOW ANGELS

As winter's magic unfolds, let's rally together to lend a helping hand. If you're keen to volunteer or if a neighbor could use some snowy support, reach out to our Snow Angel coordinators.

### Thorsby

FCSS Coordinator Mikayla

780-789-4004 or

[mleibel@thorsby.ca](mailto:mleibel@thorsby.ca)



### Warburg

FCSS Coordinator Shauna

780-848-2828 or

[fcss@warburg.ca](mailto:fcss@warburg.ca)



Let kindness blanket our community!



## Thorsby Seniors Crib Results!

### December 18th crib scores:

1st - Brenda Lickoch & Marion Snider - 935

3rd - Rod Blair - 931

High Hand of 24 was tied again:

Brenda Lickoch & Marion Snider

**CONGRATULATIONS WINNERS!**

### January 8th crib scores:

1st - Elaine Blair - 949

2nd - Elaine Matear - 945

3rd - Nestor Dobko & Eugene Senio - 944

High Hand of 20 was held by Phyllis Yawney

**Very close game! CONGRATULATIONS !**

The next crib event will be held on

January 15th, Monday, 1:30 pm

Thorsby Seniors Center, Admission: \$6



# BREAKING NEWS!!

## TOWN OF THORSBY BORROWING BYLAW – NOTICE OF BORROWING BYLAW

### SECTION 251 - THE MUNICIPAL GOVERNMENT ACT

TAKE NOTICE that the Council of the Town of Thorsby, in the Province of Alberta, has reviewed Borrowing By-law No. 2024-01 which will, upon final passage and approval, authorize the proper officers of the said Town of Thorsby to borrow from ATB monies from the Town of Thorsby’s Line of Credit. The source of income for repayment is under General Revenue and the purpose is for operating expenditures (MGA S. 256) and for short-term capital borrowing (MGA s. 257) at a rate of interest per annum from time to time established by ATB not to exceed 10%.

The line of credit is repayable to the Alberta Treasury Branches is payable upon demand and the Municipality is required to pay accrued interest monthly.

## HAVE YOU HEARD ABOUT OUR TAX INSTALLMENT PLAN?

The Tax Installment Plan allows taxpayers to authorize twelve equal monthly payments by automatic withdrawal, to be applied against their property tax levy, rather than having to make a lump sum payment prior to June 30th.

### Advantages of Enrollment

- Minimizes risk of missed payment.
- Avoids having to make a large single payment.
- Removes risk of incurring penalties for late payment.
- Makes budgeting easier.

For more information, please reach out to [info@thorsby.ca](mailto:info@thorsby.ca) or check out our website at [www.thorsby.ca](http://www.thorsby.ca).



### THORSBY OFFICE HOURS

Mon: 8:30am - 4:30pm  
 Tues: 8:30am-4:30pm  
 Weds: 8:30am-4:30pm  
 Thurs: 8:30am-4:30pm  
 Fri: 8:30am-4:30pm  
 Sat-Sun: CLOSED

*The office is OPEN during Lunch!*

### UPCOMING COUNCIL MEETINGS

(all meetings are held at the Town Office in the Council Chambers)

**Tuesday, January 23rd | Regular |**  
7pm - 8:30pm

**Tuesday, February 13th | COW |**  
7pm - 8:30pm

*The public is welcomed to all Council Meetings*

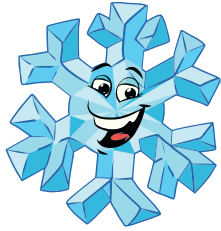


**Town of Thorsby**  
 4917 Hankin Street, Box 297  
 Thorsby, AB T0C 2P0  
 TEL: 780.789.3935  
[www.thorsby.ca](http://www.thorsby.ca)

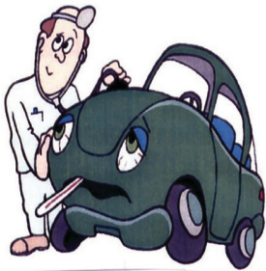
## BILAR'S GARAGE LTD.

SPECIALIZING IN MAINTENANCE AND REPAIR OF  
NEW & OLDER VEHICLES IN THORSBY SINCE 1936

### Be Wise - WINTERIZE!



We'll Inspect Your  
Block Heater, Hoses,  
Antifreeze, Belts,  
Battery and  
Charging System  
**\$59.95**



Come in for your  
Oil Change & 50  
Point Inspection  
780-789-3661



## HP Electric Inc.

*Residential - Commercial - Farm  
Trenching - Scissor Lift*

**Blair Hennes**  
780-686-0418

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[www.thorsby.ca/recreation](http://www.thorsby.ca/recreation)





# SENIORS GRANT PROGRAM

For community-based projects

The seniors grant program supports projects/programs/events that enrich the quality of life and enhance the health and well-being of seniors within Leduc County. The program is designed to provide funding support to organizations and volunteer groups who will create opportunities for Leduc County seniors to connect, engage and contribute to their communities. For the purpose of this grant, the term "senior" will refer to any person of, or over the age of 55.

Eligible organizations or groups can apply for funding for projects/programs/events that are either led by seniors or driven by seniors' ideas and interests.

A maximum of \$15,000 base funding will be provided by Leduc County to be distributed to suitable applicants. The amount per funding request is not capped; however, we suggest requesting an amount that is consistent with the size of the project/program/event and the number of people positively impacted.

*\*Please note that projects, programs and events must be provided to seniors within Leduc County.*

Grant applications must address one of the following priorities:

- ▶ Aging well
- ▶ Inclusion and diversity
- ▶ Connection and engagement

Applications will be accepted from **Jan. 2 to Jan. 31, 2024**. You can learn more about the program – including how to apply – at [leduc-county.com/grants](http://leduc-county.com/grants).

Please reach out to discuss your idea prior to applying. We will support groups to submit successful applications!

Contact Sara Russell at  
**780-955-6424** or  
[sara@leduc-county.com](mailto:sara@leduc-county.com).



4901-48 Avenue, Thorsby, AB  
780-789-3808

**Thorsby Library  
updates & reminders:**

*submitted by Paula Bosse*

*Please visit us during our weekday hours of Tuesday 10:00 AM - 6:00 PM, Wednesday 12:00 Noon - 6:00 PM, Thursday 12:00 Noon - 7:00 PM, Friday 10:00 AM - 5:00 PM, Saturdays 10:00am - 1:00pm.*

## Happy New Year!

And we are off to a lively start.

It is great to see so many of our patrons enjoying the library and all it has to offer.

As we kick off 2024, we are experimenting with some new ideas.

One is very businesslike.

We would like to ask our patrons to help us out by not reshelving items they have been exploring.

Once a book or dvd has left the shelf, there are a few things you can do:

Put it on a reshelving cart; leave it on a table; or, in the kids' section, you can put it in the reshelving basket.

This helps us know which materials are being enjoyed even if they are not leaving the library, and it helps us keep our books nice and organised for everyone to enjoy.

The other is more fun!

We are expanding the kits we have for borrowing.

We will be introducing a card game kit, The Floor is Lava, and Domino Creations, available both for in-library use and for borrowing in addition to our other board game kits.

If you want to try out a game, or borrow it for a family game night, the library is the place to go!

And don't forget the wi-fi hub, the walking poles and the driver education kit, also all available for borrowing.

We also have an abundance of new material to check out, so stop by the library and check out all the exciting things we have going on.

Just a final note, if anyone has dead small appliances, we could use a few for our new year makerspace: Electronic Teardown.

See you at the library!

### Library Events:

Friday, 10:30 Fun with Friends Storytime  
Wednesday, January 24, 3:30 – 4:30, Teen Time

**"I think books are like people, in the sense that they'll turn up in your life when you most need them."**

*Emma Thompson*

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# FROM A HOSPITAL TO A CURLING RINK

submitted by Gladys Meinczinger

## Warburg Curling Club 70th Anniversary Celebrations

Did you know that Warburg was to get a hospital? A hospital was actually partially built and then construction was stopped. In 1951 a group of men got together and decided that Warburg badly needed a curling rink for recreation. So the Warburg Community Association Curling Club was formed. The 3 walls from the hospital were used to build the 2 sheet curling rink. Other unused lumber was used to build the front end of the curling rink. Curling was played on natural ice until 1959 when artificial ice was installed. So from 1952 - 2022 and until now the community and the surrounding communities enjoyed the sport of curling.

The curlers were a happy bunch enjoying the game and liquid refreshments before, during and after the game. Sometimes the refreshments were stored outside the south door of the curling rink. The odd time the refreshments disappeared. Wonder what happened to them! After the game many a shot was discussed as to how it "coulda", "woulda" and "shoulda" been done.

On November 18, 2023 Warburg Curling Club celebrated 70 years of curling. The day started off with a Sturling (2 man) Bonspiel. A delicious supper was served by Bob Roni's Catering (Ponoka) followed by a commemorative program.

- Past president, Larry Gitzel, was MC for the program.
- Chris Pankewitz, Warburg CAO, recounted how the curling club was formed.
- Les Nemeth, also past president, recalled the past presidents and ice makers of our club. Next a detailed history of our club was presented.
- Gladys Meinczinger spoke about the Junior Curling

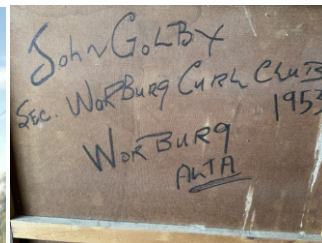
League and how some of our junior curlers advanced to the provincial and national level with their boys, girls, mixed teams and with mixed doubles.

- The original scoreboard was presented back to the curling club as a historical keepsake by Gladys Meinczinger. It was signed by John Colby (secretary-Treasurer) in 1953.
- Gerry Bascik presented the tool to set the time on the new clock in the curling rink which Bascik Electric from Thorsby donated. Gerry recited a poem that he wrote to remember the occasion.
- Many curlers gathered on the stage to sing a rousing rendition of The Curling Song led by the Zoltan Liba band. Hayley Johnson, a grade 12 student, prepared a slide presentation of various curling pictures for all to enjoy. The evening ended with the unbelievable magic and juggling act performed by magician, Nate Berg.

A 70th Anniversary booklet was published and presented to all our guests. If anyone else would like a copy of the booklet free of charge, there are some available at the curling club.

**Thank you to all of our sponsors for this occasion.**

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Left and Above - "The original scoreboard was presented back to the curling club as a historical keepsake by Gladys Meinczinger. It was signed by John Colby (secretary-Treasurer) in 1953."



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*Update*

Submitted by Gail O'Neil

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the Library is also on FB and  
Instagram

Open Tuesday / Wednesday / Thursday  
from 10:00 AM - 6:00 PM

Well Winter is here, we all knew eventually winter would happen! I have to admit all this fluffy white covering the dried grass is rather pretty. A new year at the Library means new books! I have pre ordered new books and these will arrive on the weekly van run, if you want to pre book a popular hot list book, do this soon, as holds slots fill up fast and pretty soon there are tons of holds. If you have a suggestion for a good book that Staff should order, please email, text, fb or come into the Library and let Staff know, we love to hear about popular books for here.

Now that the snow is back, Staff would like to remind everyone that Warburg Library has snowshoes that can be lent out with a valid, in good standing Alberta Tracpac card, these items have to be picked up at Warburg Library and can not be sent to other Library's on the van run, as these items are quite bulky. There are 5 pairs

New Books: The Ball at Versailles by Danielle Steel and Upside Down by Danielle Steel, A Different Kind of Gone by Catherine Ryan Hyde



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# BUILDING A HEALTHY, HAPPY LIFE (Part 1)

## 65 Achievable New Year's Resolutions For Building A Healthy, Happy Life

By Zee Krstic and Cameron Jenkins

Read the Full Story at

[www.goodhousekeeping.com/health/wellness/advice/q985/achievable-new-year-resolutions/](http://www.goodhousekeeping.com/health/wellness/advice/q985/achievable-new-year-resolutions/)

Make 2024 your year with these goals that will help you look and feel your best.

### **1 - Start a gratitude journal.**

Keeping track of things, people and events that you're grateful for throughout the year can help you to improve your mental and physical wellness. And it doesn't have to take up much time. Just a few minutes a day can make all the difference.

### **2 - Make time for family.**

With the busyness of our daily lives, it can be difficult to prioritize spending time with loved ones, especially if they live far away or have hectic schedules themselves. But this year, make a conscious effort to carve out that one-on-one time, whether it's by planning monthly family dinners or simply Face timing once a week to check in.

### **3 - Build a better budget.**

If there's one New Year's resolution that will help you the most in the long run, it's making a vow to save more money. Outline a rough budget that works for you — and make a plan for how you'll stick to it. Budgeting apps can help you do this as painlessly as possible. And supercharge your shopping habits by rethinking when and how you buy things for your home and family; often, there are savings you're leaving on the table.

### **4 - Practice mindfulness.**

Anxiety can nag at anyone during any season, in all parts of life — and it can be easy to let the idea of the future or past experiences inform your reality of the present. Practicing mindfulness means doing everything you can to be grateful for what you have in the moment, where you are in life, and who you are right now.

### **5 - Cook something new each week.**

Everyone wants to eat healthier in the new year, but you should also try to eat more diverse foods. After all, variety is the spice of life. This year, choose an easy dinner recipe you've never tried before at least once a week.

### **6 - Read more books.**

January is the perfect time of year to snuggle up with a new book. To keep yourself accountable all year long, why not link up with friends and peers to connect over the best pages you've read?

### **7 - Create a cleaning schedule you'll stick to.**

Keeping your home tidy without doing what feels like a deep clean every week can feel like a big ask. It's true

that you may be under cleaning some tricky spots, but it's also true that you may be overdoing it elsewhere. Create a list to make sure keeping the house neat doesn't suck up endless hours of time on weekends anymore.

### **8 - Drink less alcohol.**

You already know you don't need to drink to have fun — so why not make this year the one you cut back and join the sober curious movement? Doing so can help to improve your mood, sleep, skin and your immune system. Plus, it'll also help you save money in the long run.

### **9 - Make Dinner Easier**

Stop asking yourself if you have the time to cook — and rather focus on the kinds of recipes you can set and forget! Embrace your oven, Instant Pot and slow cooker to create kitchen magic in half the time.

### **10 - Commit to a healthier sleep routine.**

So many issues can be traced back to a poor night's sleep. And yet, there is so much more that we can aim to improve beyond a reasonable bedtime. Creating a plan to improve your sleep hygiene — the habits you maintain to get good sleep every night — may look different for everyone, as it depends on when you need to be active and working throughout the day. Your brain actually relies on cues to regulate your internal circadian rhythm, and the choices you make throughout the day can interfere with these.

### **11 - Join a club.**

Starting a new hobby is one thing, but joining a club will help you meet new people in the process.

### **12 - Quit smoking.**

Cigarettes are extremely harmful for your health, particularly your lungs — but tobacco products in general (including vapes!) pose a serious threat. There are so many resources to help you get a jumpstart on ditching tobacco.

### **13 - Learn to love vegetables.**

Whether you're working on weight management or towards a balanced diet, vegetables are your friends. Fiber-rich vegetables are especially crucial for healthy hearts and strong veins.

### **14 - Prioritize annual health screenings.**

Open your calendar app (or planner!) and make your appointments for the year in one sitting — not only will you get the anxiety-inducing nuisance over with, but exams will be less likely to get squeezed out as life gets bonkers. Start with your primary care provider, and ask which screenings (e.g., mammogram, colonoscopy) you're due for. Slot those in, then move on to the dentist's office and head over to your ophthalmologist, too.

### **15 - Prevention Exercise your brain.**

Playing mind-boosting games can help manage stress and anxiety, as well as boost happiness endorphins at the same time.

*Continued on next page*

### **16 - Become a plant owner.**

Swing by the garden center after brunch this weekend. Just the presence of indoor plants can lower human stress levels, research shows, and one study found that actively caring for plants calmed the autonomic nervous system and lowered blood pressure. And when people work near plants, they report greater concentration, satisfaction, and perceived air quality.

### **17 - Take the stairs.**

Take 10 minutes to run up the stairs in your office, home or nearby park.

### **18 - Start doing yoga with your partner.**

A Sunday morning couples' class could make Sunday afternoon much more fun. Solo yoga can increase enjoyment as well, affecting arousal, desire, and satisfaction — the practice helps relax your mind and strengthen pelvic muscles.

### **19 - Plan a vacation.**

Women who vacation at least twice a year have a lower heart attack risk than those who do so rarely. And researchers have found that even thinking about an upcoming trip can boost happiness for weeks.

### **20 - Head to a day spa.**

It's time to treat yourself — and for good reason. Research indicates that spa services, particularly intensive massages, are effective in managing stress-related cortisol levels while boosting your serotonin, empowering individuals to regulate feelings of anxiety or sadness. A spa service can fulfill the need for human contact, especially under the guise of a licensed, qualified spa technician or massage therapist.

### **21 - Make time for cuddling.**

If you're reevaluating your intimacy, start by thinking about time spent simply in the arms of your loved one. Cuddling is often underestimated for its ability to bolster physical intimacy. But relationship experts say cuddling can help you feel more connected to your partner than ever. Cuddling just for fun can fight stress and improve both of your moods' by increasing oxytocin hormones, which research adds may also bolster blood pressure, too.

### **22 - Drink up.**

You know you need to hydrate — but it's especially important when you get only six hours of sleep (or less!). You're more likely to be dehydrated the day after a disrupted night of sleep, because a hormone that regulates your body's water conservation is released during later stages of sleep. So down some extra water on those days if you can — and remember that too much water can be tricky for your gut, too.

**More Resolutions in next week's Connect 39  
or go to**

[www.goodhousekeeping.com/health/wellness/advice/g985/achievable-new-year-resolutions/](http://www.goodhousekeeping.com/health/wellness/advice/g985/achievable-new-year-resolutions/)

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Anyone can do it! Join us for snacks, conversation and some potentially life-changing learning!



**Michelle Kuny**

Professional Organizer



- ▶ **Date:** Feb. 29, 2024
- ▶ **Time:** 2:15 to 3:30 p.m.  
(doors open at 2 p.m.)
- ▶ **Location:** Council Chambers, County Centre,  
1101-5 Street, Nisku AB
- ▶ **Register:** contact Carla at **780-955-4554** or  
[carla@leduc-county.com](mailto:carla@leduc-county.com) or online at [leduc-county.com/Mastering-the-Art-of-Simplicity](http://leduc-county.com/Mastering-the-Art-of-Simplicity)
- ▶ **Spaces available:** minimum eight registrants;  
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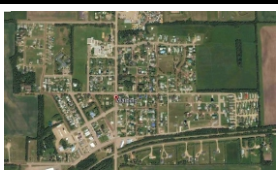
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- ▶ **Date:** Thursdays: Feb 1, 8, 15, 22, 2024
- ▶ **Time:** 1 to 3 p.m.
- ▶ **Location:** online
- ▶ **Register:** online at [leduc-county.com/happiness-basics](http://leduc-county.com/happiness-basics) or contact Lucille at **780-941-2382** or [lucille@leduc-county.com](mailto:lucille@leduc-county.com)
- ▶ **Spaces available:** minimum five registrants; maximum 50

**Susan Malek**

Susan is a Behavioural Health Consultant and has been at the PCN (Primary Care Network) for 5 years. Susan has a Bachelor of Social Work Degree and is a Registered Social Worker.

**Melissa Jordan**

Melissa is a Registered Nurse at the PCN and has been there for one year. Melissa has a Bachelor of Science in Nursing from the University of Alberta and was born and raised in Leduc County.

Both Susan and Melissa see patients at the PCN Office in Leduc and work within some member clinics; as well as facilitating group classes there.



# Laurie's Laughs

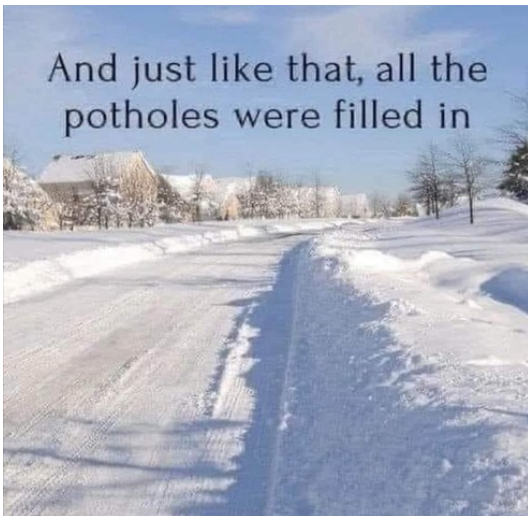


**When you're not sure about the ice thickness**



No matter how cold it is,  
Someone is still sleeping with the fan on.

And just like that, all the potholes were filled in



**WHEN YOUR BIG GIRL PANTIES NO LONGER DO THE JOB,**



**SLAP ON THOSE GRANNY ONES AND GET 'ER DONE!**

**My family told me to get help for my drinking...so I hired a bartender**

	1	8	9			7		
	2		5	4				
9			4	8				2
	3				5	6		
		4						1
							7	4
6				7		1		
5	9							6

*Answers will be published in the next issue!*





## Need to talk? We can help!

### FREE COUNSELLING SESSIONS

The cost of counselling can be a barrier for many individuals and families. Leduc County FCSS offers access to free counselling sessions to eligible individuals, couples, and/or families who are struggling with common, every day issues.

Counselling services are provided by local counsellors who are either marital or family therapists, psychologists or masters level student interns under professional supervision.

#### If you want to:

- ▶ Improve relationships with better communication skills or conflict resolution;
- ▶ Improve mood with anger management and emotional support;
- ▶ Enhance personal growth with creativity, spirituality, self esteem, self awareness, goal setting;
- ▶ Improve parenting skills by focusing on attachment;
- ▶ Reduce stress with life balance; and/or
- ▶ Learn new skills and behaviours

#### APPLY NOW!

##### Eligibility

Residents of Leduc County, Calmar, Thorsby, and Warburg who meet the specific income thresholds may be eligible for subsidy.

Residents must meet two criteria to be eligible for subsidy:

1. Gross family household income less than \$75,000.00 AND
2. No access to employee insurance benefits

##### Sessions and rates

Each household approved for free subsidized counselling may choose from the following options:

- ▶ 3 individual sessions per person, or
- ▶ 6 couple sessions, or
- ▶ 9 family sessions, or
- ▶ 7 group sessions per person.

Counselling services are short-term, skill based and preventative. Find out if these services are a fit for you. For more information and to be assessed for eligibility call **780-955-6421** or visit [leduc-county.com/counselling](http://leduc-county.com/counselling).



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### BUCK LAKE



**\$345,000**

0.5 acre, recently completely 2 bed, 2 bath cabin with loft. Short walk to BA uck Lake & boat launch. Water well & septic new 2022.



15 acre hobby farm, 15 minute from Leduc. 2977 sq. ft. 3 bed 3 bath home. 4 season rustic cabin, greenhouse, 2 chicken coops, barn with lean-to, outdoor riding

arena, round pen. garage/shop attached to barn, 2 storage sheds, 2x 20' seacans. Ample pasture

### MILLET



**\$649,000**

### BATTLE LAKE



**\$325,000**

27 acres hillside property, View of Mount Butte & Battle Lake. Water well, septic, power, Seacan & 45"reefer trailer included.

### DRAYTON VALLEY



**\$2,900,000**

2 storey office bldg, full basement, 3 bay heated garage. Multiple offices, boardroom w/ kitchenette, 2 executive offices

### DRAYTON VALLEY



**\$1,200,000**

2 Acs. 5,160 sq ft industrial bldg. 2 drive thru bays, 3rd bay (not drive thru), 100' drive thru wash bay, offices. Chain link fence.

### BUCK LAKE



**\$165,000**

Highland Spruce Estates - 1.28 acre. 7 RV sites, underground power, sewer, water, fenced, insulated shed, wood shed.



### RIMBEY



**\$190,000**

Triplex unit in central Rimbey-close to schools 2 beds 2 bath. Fenced back yard. Covered patio. Attached water. Single car garage.

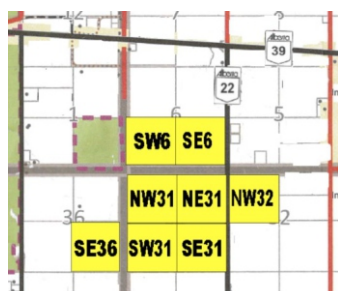
**SOLD**

### ROCKY RAPIDS



**\$325,000**

3 bedroom, 3 bathroom bi-level home with attached garage. Numerous upgrades over past 3 yrs.



#### INVESTMENT OPPORTUNITY

8 quarters (1267 acres), spacious home, 32x40 heated shop, Quonset, 2 waterers. 2nd serviced yard site is on the quarter to south. Substantial annual revenues received from surface leases & land rent. On Hwy 22. short distance to Drayton Valley \$6,500,000

### WINFIELD



**\$949,000**

158 acres, creek, mature forest, cabin, peace & tranquility! East Poplar Creek flows thru this land. on no exit road. UPDATE: addition has been sided & covered veranda added along that portion.

## OUR TEAM OF REALTORS

Trent Wirsig 780-202-0140  
Terence Barg 780-621-6767  
Justin Hatt 780-621-3695  
Cathy Hatt 780-898-0729

Moore's Agri-Trade Ltd, Breton, AB 780-696-2249

# Rural Real Estate