

# CONNECT 39

Thorsby, Warburg & Area NEWS

previously the Thorsby Target & Warburg Bugle

## BATTERY RECYCLING IN THORSBY

Did you know that batteries are one of the most dangerous items to leave in a landfill. The thin metal exterior of a battery will decompose within 100 years, exposing the heavy metals inside, which will never decompose and are toxic to the environment. Fortunately, both single-use and reusable batteries can be recycled easily.

Thanks to local resident Pearl Elson and the Town of Thorsby, we now have a place to dispose of our batteries locally. On February 7, the battery recycle boxes arrived and we now have two collection sites. One is located at the Town of Thorsby Office and the other at the Arctic Spas Recreation Complex.

Like many of us, Pearl Elson had lots of small batteries in her home and driving all the way into Leduc to recycle them was a burden. She talked with friends and family about what they did with their batteries and it seemed as if everyone just threw them in the garbage. She wanted to make sure that there was a place close to home that would be easier for everyone to recycle their batteries. This gave her the drive to talk to council.

Pearl first approached the Town of Thorsby Council and Administration on December 12 proposing that the Town

become a collection site for recycled small batteries. She pursued her initiative and also offered to transport the batteries from Thorsby to a safe recycling site in Leduc. Thanks to Pearl's perseverance and the Town of Thorsby's partnership for making a positive impact on our environment.

Please consider recycling your batteries. One thing to note is both ends of the batteries must be taped. Electrical tape is preferred but any tape should work. Not taping the ends could result in a fire.

Car batteries and lawnmower batteries can also be dropped off at Thorsby Public Works. Please place them outside the Public Works Office door at 4836 - 49 Street.



Pearl Elson (Left) and Town of Thorsby CAO Donna Tona (Right)



Picture from Alberta Zirka Ukrainian Performers - Calmar Facebook

## ZABAVA 2024

The Alberta Zirka Ukrainian Performers hosted their annual Zabava at the Devon Hall on February. 24. The Alberta Zirka Ukrainian Performers is a dance club in Calmar. Dancers range from age three to adult.

Did you know that according to Wikipedia "Zabava" is an Eastern European or Slavic word for a party with music and dancing The word zabava is often used as an adjective for Eastern European bands that play party music.

# Classifieds

## EMPLOYMENT

**JANITORIAL WORKERS WANTED** at Genesee- full & part-time needed. Mon-Thurs 10:30am - 7pm, Fridays 8:30am - 5pm. Call 780-982-7701

## FOR RENT

**HOUSE FOR RENT** - Cozy country living, 2 bedroom farmhouse secluded, close to town, single senior or working person preferred. Phone 780-493-1945

## FOR SALE

**WORTH A LOOK.** Big, growthy two-year old reg. Polled Hereford Bulls. Wintered with the cows. Lordand lady Polled Herefords. Leduc near Rollyview. **780-986-3609**

**PINK LADY POTATOES** - \$.50/lb Call Elijah at 780-691-1367

Almost a full cord of **POPLAR/TAMARACK MIX FIREWOOD** \$250 Call Dez 403-505-7095

## WANTED

**WESKAY CATTLE CO. IS CURRENTLY SEEKING PASTURE, HAY OR CROP LAND** to lease for the 2024 season and on, competitive prices, on time lease payments. Call Wesley 780-982-1093

## WANTED CONCRETE RUBBLE

Contact Alex 780-905-9200 or 780-789-3843

**LEAD BATTERIES & SCRAP VEHICLES** Will buy your old lead batteries for recycling. Also FREE removal of scrap vehicles. We pay cash for both! 403-396-8629

## OLD FARM TRACTORS OR CATERPILLARS

Will buy Complete or Incomplete. 403-396-8629

## SERVICES

**JOURNEYMAN PLUMBER/GASFITTER & CERTIFIED SEWER INSTALLER** Repairs, replacement & new installs. Hot water tanks, furnaces, boilers, gas lines, sewer tanks/fields/pumps. Ryan 780-514-9246

**INTERIOR DESIGN, CABINETS, COUNTERTOPS & BLINDS.** Independent Design Consultant for over 25 years. Keri at [designbywaters@live.ca](mailto:designbywaters@live.ca) or 780-289-2551. Also on Facebook and Instagram!

**LOCAL MEDIATION FOR SEPARATION & DIVORCE** - Are you considering a separation or divorce? Get a personalized agreement for 80% less than court processes. Mike 780-515-0922.

[familymediationcentreofcanada.ca](http://familymediationcentreofcanada.ca)

**HOUSE SITTING AND PET SITTING** available for Warburg, Breton or Thorsby areas. Phone Villetta at 780-898-4483

## D5 DOZER FOR HIRE

Contact Alex 780-905-9200 or 780-789-3843

**ZAMEK CONSTRUCTION** - installation and repair of chainlink & wood fencing, decks, patios, assembly of prefab metal structures. Renovations. Private & Commercial. Call 780-913-0728 or [edjpas@gmail.com](mailto:edjpas@gmail.com)

**RELIABLE DJ** for your party or special event. We offer Karaoke, Music Bingo, Minute to Win It games and have local references. 587-991-4977 or [www.carrielevins.com](http://www.carrielevins.com)

## Classified Ads are \$7.50 for 2 weeks

(up to 30 words) GST included

You can drop off your ads at

**CE MEDIA - 4928 Hankin Street, Thorsby**  
780-499-9006 or email to [media@community39.com](mailto:media@community39.com)



# Thorsby Tire Shop

&

# Hi-Way 39 Motors

- Complete Tire  
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- Batteries



# 780-789-3975

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1	4	9	7	3	6	2	5	8
8	6	2	5	4	9	1	7	3
5	7	3	8	2	1	4	9	6
9	1	7	6	8	5	3	4	2
3	8	5	4	1	2	9	6	7
4	2	6	3	9	7	8	1	5
6	9	8	2	7	4	5	3	1
2	5	1	9	6	3	7	8	4
7	3	4	1	5	8	6	2	9

Sudoku Answers  
from February 23 Issue

The object of the puzzle is to fill the remaining squares, using all the numbers 1-9 exactly once in each row, column, and the nine 3 x 3 subgrids.





**Wilf Brandt Trucking Ltd.** is seeking a **Shop Hand** for year round work in our Sunnybrook location.

Current Oilfield Safety Tickets are a definite asset, but are not a requirement to hire.

Successful candidates can expect year-round work, benefit package and excellent wages.

**Pre-Employment Screening is a pre-requisite to hire.**

Please email resume along with a current drivers abstract to [resumeswbt@gmail.com](mailto:resumeswbt@gmail.com)

## DIG INTO HORTICULTURE

Join us for a free online two-part series to learn about various aspects of horticultural from social media to beneficial insects.

### Increasing organic reach on social media

- ▶ **Date:** Tuesday, March 26, 2024
- ▶ **Time:** 7 to 8:30 p.m.

### Recognizing and supporting beneficial insects in horticulture

- ▶ **Date:** Tuesday, April 9, 2024
- ▶ **Time:** 7 to 8:30 p.m.

Learn more and register online at [www.leduc-county/horticulture-series](http://www.leduc-county/horticulture-series)



**VILLAGE OF WARBURG**

## PART-TIME EMPLOYMENT OPPORTUNITY

### **POSITION TITLE: ADMINISTRATIVE ASSISTANT**

The Village of Warburg, with a population of approximately 766, is located on Highway 39 approximately 1 hour from Edmonton.

**POSITION SUMMARY:** - The Village is looking for a highly motivated and well-organized individual to fill this position in a team environment. The Administrative Assistant, will be a job shared position, reporting directly to the Chief Administrative Officer (CAO), and will assist in managing the daily affairs of the Village within the policies adopted by Council. This position will act on behalf of the CAO in her absence. The part time position is based on 16 hours per week. Reporting to the Municipal Administrator, the individual will work in all aspects of daily operation of the Village Office in Warburg.

### **DUTIES AND RESPONSIBILITIES:**

- Excellent communication, organization and interpersonal skills;
- Financial experience;
- Knowledge of budget development and financial reporting;
- Ability to work in a team environment;
- Office Inventory Management;
- Grant application experience;
- Social Media experience; and
- The ability to work with the CAO and perform related duties as requested.
- Able to provide a Criminal Record Check

Application deadline is 4:00 p.m. March 22, 2024 or until such time that a suitable candidate is hired. Candidate resumes, including references are to be submitted to:

Christine Pankewitz, Municipal Administrator at: Village of Warburg, Box 29, Warburg AB TOC 2T0 or [office@warburg.ca](mailto:office@warburg.ca) or faxed to: 780-848-2296 or delivered to 5212-50 Avenue, Warburg.

*The Village of Warburg thanks all applicants for their interest but advises that only those selected for an interview will be contacted.*



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EVENTS & info

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### UPCOMINGSPECIAL EVENTS (Breton, Thorsby, Warburg & Surrounding Areas)

**March 1 - World Day of Prayer service** at 7PM in St. Matthew's Lutheran Church, Thorsby. Everyone welcome.

**March 2 - Andrew Boitchenko's** coming to the Warburg museum @ 2:00pm

**March 7 - Open House for Breton Golf Course** at the Breton Community Hall from 7-9pm.

**March 7 - Drought Resilience for Grazers Workshop** at the Lakedell Ag Society (461043 Rr12). Call Kim at 780-387-6182

**March 7 - Fraud-Proof Seniors Lunch and Learn** at Glen Park Hall from 11am - 2:30pm. Contact Carla at Leduc County 780-955-4554 or online. Register by March 1.

**March 9 - Felting Techniques** using Alpaca and Llama wool demonstration with Robert Schmidt at the Warburg Library from 1-3pm.

**March 9 & 10 - First Aid Training** at Genesee Hall from 8am - 5pm. \$30 per person, lunch included. Email [mhill@capitalpower.com](mailto:mhill@capitalpower.com) to register.

**March 10 - Pancake Breakfast** at the Warburg Legion from 8:30am - 11:30am. \$10 per plate, kids under 5 free.

**March 15 - Pub Night** at the Warburg Legion from 5-10pm for St. Patricks Day.

**March 16 - Off to the Races Fundraiser** at the Mackenzie Centre in Drayton Valley for the CSTS Society. Contact Krista 780-898-2903, Mandy 780-621-6262 or [csts1992@gmail.com](mailto:csts1992@gmail.com)

**March 18 - Strawberry Hall Annual AGM** at 7pm

**March 19 - Seniors' Paint afternoon with Tanja Lindahl** at the Thorsby Library from 1 - 2:30pm. Call the library to register as space is limited.

**March 21 - Living Well, Sprouting Program** with Robert Schmidt at the Warburg Library

**March 24 - Paint Night** at Telfordville Community Centre. 2-4pm. Contact [Telfordvilleecc@gmail.com](mailto:Telfordvilleecc@gmail.com)

**April 6 - Gord Bamford Canadian Dirt Tour 2024** at Warburg Community Center. Go to [www.showpass.com/gord-bamford-canadian-dirt-tour-warburg-ab/](http://www.showpass.com/gord-bamford-canadian-dirt-tour-warburg-ab/) to purchase tickets.

If you'd like to get a link to the paper in your inbox you can subscribe online or email [media@community39.com](mailto:media@community39.com)

**April 6 - Self Defense Class** at the Warburg School, Full day of Training, lunch provided. \$40/person. Pre-register with Shauna at FCSS 780-848-2828 or [fcss@warburg.ca](mailto:fcss@warburg.ca)

**April 13 - Breton/Warburg Women's Wellness Day** - a day full of speakers, breakout sessions, fabulous food and a vendor market to shop! Tickets available at both Breton & Warburg FCSS or contact [fcss@breton.ca](mailto:fcss@breton.ca)

**May 26 - Tom's Walk for Mental Health 2024** at Devon Voyageur Park from 1-5pm. For more information, please contact [toms.walk4mh@gmail.com](mailto:toms.walk4mh@gmail.com)

**July 15 -19 - Bus to Swim 2024** for youth ages 5+ at Drayton Valley Pool. Register at FCSS Breton [fcss@breton.ca](mailto:fcss@breton.ca) or FCSS Warburg [fcss@warburg.ca](mailto:fcss@warburg.ca)

CALLING ALL  
**SNOW ANGELS**

As winter's magic unfolds, let's rally together to lend a helping hand. If you're keen to volunteer or if a neighbor could use some snowy support, reach out to our Snow Angel coordinators.

#### Thorsby

 FCSS Coordinator Mikayla  
780-789-4004 or  
[mleibel@thorsby.ca](mailto:mleibel@thorsby.ca)

#### Warburg

 FCSS Coordinator Shauna  
780-848-2828 or  
[fcss@warburg.ca](mailto:fcss@warburg.ca)

Let kindness blanket our community!

**NOW HIRING ATB / REGISTRIES CLERK**  
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Please email your resume to:  
[carol@directlineins.net](mailto:carol@directlineins.net)  
or contact Carol at 780-221-0479

**5035 - 52 Street (Main street), Warburg**

Alberta  Registry

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**BRETON GOLF COURSE**  
**OPEN HOUSE**

**Thursday, March 7**  
**7 - 9 PM**

**Breton Community Centre**

*Learn more about new options, new pricing  
for 2024, proposed changes and  
improvements to the Breton Golf Course!*

*Early bird memberships available!  
(cheque, cash or etransfer)*







**PROGRAMS & REGULAR EVENTS**  
(Thorsby, Warburg & Surrounding Areas)

*\*\*Please note - all events are subject to change*

**MONDAYS**

**Bus To Drayton Valley (Aqasize or Walmart)** - Leaving Warburg & Breton on Monday mornings. Call Warburg FCSS at 780-848-2828 or Breton FCSS 780-696-3636 to register

**Crib** at the Thorsby Seniors Centre every Monday at 1:30pm

**Curling** - Monday & Thursday at the Warburg Curling Club at 7pm. Call Rob Tessier 780-789-3723.

**Lego Club** - Every Monday from 3:15 - 4:15 at the Thorsby Arctic Spas Recreation Complex.

**Parent & Tot Drop In (Thorsby)** on Mondays from 10-11am at the FRN Site in Thorsby. Games, activities & more.

**Shinny** - Every Monday from 3:45-5:15 at the Warburg Arena.

**TOPS (Take Off Pounds Sensibly)** - Mondays at 9am, Thorsby Seniors Centre. Jane 780-789-3789 or Cheryl 780-848-7673

**TUESDAYS**

**Family Bingo** - Tuesdays @ 6:30 at the Mulhurst Legion #246.

**Curling (Sturling Night)** - at the Warburg Curling Club on Tuesdays at 6:30pm. Contact Rob at 780-789-3723

**Music Jam Session** on 4th Tuesday of the month at the Calmar Seniors Centre 1-4pm. 4916 - 50 Ave

**Pickle Ball** at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am (\$5)

**Quilting** at the Warburg Seniors Centre on Tuesdays at 9:30am (\$2)

**Shinny** - Every Tuesday from 3:30 - 5 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**16+ Rec Volleyball** drop in at Warburg School on Tuesdays from 7-9pm (\$2)

**WEDNESDAYS**

**Busy Brushes** - Every Wednesday from 10-2pm at the Warburg Cultural Center. \$5/class. Call Linda 587-590-0378.

**Cards** at the Warburg Seniors Centre at 1pm every Wednesday

**Pickleball** - Every Wednesday from 7-9pm at the Thorsby Arctic Spas Recreation Complex

**Public Skate** - Every Wednesday from 3:30 - 5pm at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Public Skate** - Every Wednesday from 3:45-5:15 at the Warburg Arena. No sticks and helmets mandatory.

**Songs For Toddlers** on Wednesdays at 1pm at the Warburg library.

**Soup & Sandwiches** at the Thorsby Seniors Centre starting at 11:30am on the 2nd Wednesday of the month.

**Soup & Sandwiches** at the Warburg Seniors Centre every 3rd Wednesday at 12pm (\$10)

**Tai Chi** at the Warburg Seniors Center, running every Wednesday from 10-11 (\$2). This program is open everyone!

**Warburg Treasure's Thrift Shop** is Open Wednesdays from 10am - 4pm at the Warburg Community United Church.

**THURSDAYS**

**Basketball Free Play** - Every Thursday from 4:30 - 6pm at the Thorsby Arctic Spas Recreation Complex.

**Free Style Bowling** at the Thorsby Arctic Spas Recreation Complex on Thursdays from 4:30 - 6:30pm.

**Bingo** at the Thorsby Seniors Centre every Thursday at 7pm

**Bus to Leduc from Cloverleaf:** (\$8) the 3rd Thursday of the month at 9:00am. Call Kim at 780-848-7717.

**Curling** - Monday & Thursday at the Warburg Curling Club at 7pm. Call Rob Tessier 780-789-3723.

**Floor Curling** at the Warburg Hall. Every Thursday at 1pm (\$2)

**Men's Morning Curling** - Thursday at the Warburg Curling Club on Thursdays at 10am. Contact Les at 780-848-2661

**Parent & Tot Drop In (Warburg)** - Thursday mornings from 9-11am in the Village of Warburg office basement.

**Pickleball** at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am (\$5)

**Pickleball** Thursdays from 6-8pm (\$2). Warburg School Gym. Register at the Warburg Village office or call 780-848-2828

**Quilting at the Warburg Cultural Center:** on Thursdays from 10-4 contact Gail S at 789-995-2681

**Sandholm Square Dance Club** - on Thursdays 7 - 9:30pm at the Sandholm Hall. Contact 780-238-5844 or 780-389-2381.

**Shinny** - Every Thursday from 3:30 - 4:45 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Thorsby Seniors Thrift Store** - Open Thursdays & Fridays from 10am-3pm. Call 780-996-5131.

**Warburg Girl Guides** - at the Warburg Community Hall, Thursdays from 5:30pm - 7pm. Contact 780-999-3913.

**FRIDAYS**

**Coffee in the Valley** on the 1st & 3rd Friday of the month from 9-11am at Telfordville Community Centre.

**Community Socials** are held the last Friday of each month at the Mulhurst Legion #246 at 7pm

**Connect with Other Young People** on Fridays from 7-9pm Thorsby New Life Fellowship Church - Ages 11-18. Contact Katie at 780-241-0715 or [kpollard2007@outlook.com](mailto:kpollard2007@outlook.com)

**Fun with Friends Story time** at the Thorsby Municipal Library every Friday from 10:30am - 11:15am.

**Music Jam** - at the Warburg Seniors Centre on the 1st Friday of the month from 1-4pm by donation. Call 780-389-4104

**Parent & Tot Skating** every Friday at the Warburg Arena from 10am - 12pm. No Sticks allowed.

**Pub Nights** at Warburg Legion from 5pm - 10pm.

**Shinny** - Every Friday from 3:30 - 4:45 at the Thorsby Arctic Spas Recreation Complex. Helmets mandatory.

**Thorsby Seniors Thrift Store** - Open Thursdays & Fridays from 10am-3pm. Call 780-996-5131.

**SATURDAYS**

**Farmer's Market** at the Mulhurst Bay Community Hall every Saturday 11-3pm. Contact Carol 587-920-2065.

**Pie & Coffee** from 1pm - 4pm at the Warburg Museum on the first Saturday of every month. Or arrange a tour through Susie 780-848-2507 or Joan 780-621-7174

**Thorsby Music Jam** - at Thorsby Community Centre on the 3rd Saturday of the month from 1-4pm. Call 780-789-2180.

**SUNDAYS**

**Gospel Music Jam** - at New Life Christian Fellowship on the 1st Sunday of the month from 2-4pm. Call 780-789-4171

**Pancakes** at the Thorsby Lions Club the first Sunday of the month at the Senior's Centre 9am - 12pm.

**Sunday School** at St. Matthew's Lutheran Church the 2nd Sunday of mth at 10:30am. Contact Ebeline at 780-389-4100



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Our Markets



COMMON BASIC COVERAGES:

- General Liability
- Dwellings
- Machinery
- Personal Property
- Structures/Buildings
- Hobby Farms
- Livestock
- Poultry
- Dairy Farms

COMMON OPTIONAL COVERAGES:

- Loss of Use on Farm Machinery
- Loss of Income Protection
- Power Interruption
- Increased Fire Department Charges

Warburg Public Library Update

Submitted by Gail O'Neil

Ph: 780-848-2391  
 Fax: 780-848-2296  
[warburglibrary@yrl.ab.ca](mailto:warburglibrary@yrl.ab.ca)  
[www.warburglibrary.ca](http://www.warburglibrary.ca)  
 the Library is also on FB and Instagram

Open Tuesday / Wednesday / Thursday from 10 AM - 6 PM

Author Robert Schmidt says "The Mediterranean Diet" is promoted by Doctors as being the healthiest diet in the world, My book has lots of super great recipes and information to make it easy for you to eat healthy and to feel great. It contains the best bread recipe in the world, and you'll learn how easy it is to grow your own corn shoots. Experiments proved that cancer cells that thrived on cooked food, died on the same food when it was uncooked. Only sprouts and fresh tender young greens have the ability to regenerate and rejuvenate all the cells in your body. 15 lbs of wheatgrass is equal to 350 lbs of fresh vegetables. Dehydrating foods is simple and retains the nutrients the body needs, you can fit living foods into all occasions Halloween, Birthdays or Christmas. Exercise and healthy eating will improve your life. Robert is hoping to get his book out to Seniors, Schools, Public Library's and to Addiction Centers, to help people live their healthiest lives. Even your pets can benefit from Living foods.

SAVE THE DATES!

Robert Schmidt will be at Warburg Library Saturday March 9, 1-3 pm to demonstrate felting techniques using Alpaca and Llama wool. All supplies are provided. Learn to work with the fibers to a finished product. Robert will have a spindle to demonstrate his craft and he will have examples of what he has made available to view and to purchase. Anyone attending this program will go home with some of the fibers.

Robert Schmidt will also be at the Warburg Library Thursday March 21 for a Living Well, Sprouting program. There are recipe instruction booklets free to anyone 55 plus who attends the class. Robert will be bringing in trays of examples of what he grows, wheatgrass, sunflowers, alfalfa sprouts, corn. He will also have his dehydrator and juicer, to show how to use these appliances and a loaf of his flat bread.

The Living Well program is available and possible, Thanks to a grant from Leduc County

THE WARBURG LEGION No. 205  
**PUB NIGHT**  
 Friday, March 15, 2024  
 5pm - 10pm  
 Featuring "Name that Tune"  
 Great Food!  
 Celebrate St Patricks Day!  
 Legion Members & Invited Guests

THE WARBURG LEGION No. 205  
**PANCAKE BREAKFAST**  
 Sunday, March 10, 2024  
 8:30am - 11:30am  
 Coffee Pot is on! Special Features! Your choice!  
 \$10 per plate / Kids under 5 free  
 Come Visit us!  
 Legion Members & Invited Guests

**Thorsby Seniors Crib Results!**

February 26th crib scores:  
 1st - Rod Blair - 947  
 2nd - Orest Fitzowich - 921  
 3rd - Elaine Matear - 908  
 High Hand of 24 was held by Rod Blair  
**CONGRATULATIONS ALL WINNERS!**

Next crib event will take place on  
 March 4th, Monday, at 1:30 pm  
 Thorsby Seniors Center, Admission: \$6  
 A great way to spend an afternoon.



**Connect with us!**  
Submitted by Leduc County FCSS

Sign up to receive our monthly update directly to your email inbox. Send an email to [fcssinfo@leduc-county.com](mailto:fcssinfo@leduc-county.com) and ask to subscribe to our email distribution list.

**March is Fraud Prevention Month**

At Leduc County FCSS, we want you to know that anyone can become a victim of fraud. Fraudsters are very good at psychological manipulation, and recovering after a scam can be a difficult process. Leduc County FCSS supports residents in connecting to recovery resources and also provides information on awareness and prevention.

According to the Competition Bureau Canada, fraudsters and scammers can appeal to your human nature and convince you that you should:

- return a favour
- do what others are doing
- obey an authority figure
- want something because it is scarce
- honour a prior commitment
- trust someone because they seem likable
- act fast because it's urgent or a time-sensitive offer

Did you know that you can be victimized more than once by fraudsters? Scammers can continue to target you with promises to recover lost funds. Never send money to anyone unless you are sure it's legitimate.

Reporting fraud is important. If you are a victim of fraud, contact the Canadian Anti-Fraud Centre (CAFC) toll free at **1-888-495-8501**.

**CAFC fraud protection tips**

- Don't be afraid to say no.
- Do your research.
- Don't give out personal information.
- Beware of upfront fees.
- Protect your computer.
- Be careful who you share images with.
- Protect your online accounts.
- Recognize spoofing (fake emails, webpages or phone calls)

**Fraud prevention resources**

- [www.antifraudcentre-centreantifraude.ca](http://www.antifraudcentre-centreantifraude.ca)
- [ised-isde.canada.ca/site/competition-bureau-canada/en](http://ised-isde.canada.ca/site/competition-bureau-canada/en)

Our greatest weakness lies in giving up.  
The most certain way to succeed is  
always to try just one more time.

-Thomas A. Edison



**BREAKING NEWS!!**

**ATTENTION SIDEWALKS!**

Our new CPO and CAO Donna have been cruising around Thorsby, looking at Sidewalks. Our Traffic Bylaw provides 48 hours after a snowfall to get the sidewalks clean. We also have to follow that rule too, and CAO Donna and her team have also been shovelling!!

Everyone in Thorsby has been doing an amazing job!

Right now, CAO Donna and CPO Dejan give the Town a grade of 9 SnowFlakes out of 10. Let's get that number closer to 10 just like we do in the summer with our attention to grass!

If you can't shovel or are injured or not well, phone our FCSS line and Mikayla will look for a Snow Angel to assist you.



**THORSBY TOWN COUNCIL MEETINGS**

**Tuesday, Mar 12th** | C.O.W | 7:00-8:30pm

**Tuesday, Mar 26th** | Regular | 7:00-8:30pm

*This meeting is **open** to the public, and we encourage all Thorsby residents to participate!*

**Thorsby Town Office Regular Hours**

- Mon: 8:30am – 4:30pm
- Tues: 8:30am – 4:30pm
- Weds: 8:30am – 4:30pm
- Thurs: 8:30am – 4:30pm
- Fri: 8:30am – 4:30pm
- Sat-Sun: CLOSED

*The office is now open during Lunch!*

**Town of Thorsby**  
4917 Hankin Street, Box 297  
Thorsby, AB T0C 2P0  
TEL: 780.789.3935 [www.thorsby.ca](http://www.thorsby.ca)





These Bulls are Consigned to  
**NEXT STEP BULL SALE**

March 7, 2024

1 P.M.

Thorsby Auction Mart



**DIAMOND B SIMMENTALS**

Barry and Cindy Bogart

780-696-3661

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4915 50 ave, Calmar  
780-985-3650

4905 Hawkin St, Thosby  
780-789-2424

5105 47 Ave, Wetaskiwin  
780-352-9222



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Thorsby Library  
updates & reminders:

submitted by Paula Bosse

Please visit us during our weekday hours of Tuesday 10:00 AM - 6:00 PM, Wednesday 12:00 Noon - 6:00 PM, Thursday 12:00 Noon - 7:00 PM, Friday 10:00 AM - 5:00 PM, Saturdays 10:00am - 1:00pm.

Leap Day has happened, as it has since Julius Caesar first introduced the practice in 45 BCE. Without leap years, we would soon find ourselves in a state of seasonal confusion and calendrical drift because the earth travels around the sun in roughly 365.25 days. By adding in a day once every four years, Julius Caesar was able to keep the months in synch with the seasons. Thank you, Julius!

You can find some wonderful resources to help you explore history from a variety of perspectives at the library. From the philosophy of the ancients through the story of this place, we have it here.

International Women's Day is just around the corner, and this year we celebrate diversity and inclusion with the theme Inspire Inclusion.

Our library has a wealth of thought-provoking material to inspire us on this very important day, so stop in and check out some amazing books.

Special events coming up in March include:

- Fun with friends Storytime, Fridays at 10:30. Stories, songs and play for the preschool crowd
- Library After School Adventures, Wednesday March 13, 3:30 – 4:30. Crafts, snacks, stories and library talk for elementary students
- Seniors Paint Afternoon, Tuesday March 19, 1:00 – 2:30. Call the library to register.
- Teen Time, Wednesday March 20, 3:30 – 4:00 Social time, fun and snacks for Jr. and Sr. High students.
- Spring Break Board Game Cafe. A proper board game café with games and refreshments to enjoy with your friends. Open to teens 11 and up. Time and Date TBA.

Stay tuned for more exciting details!

See you at the library.



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## RCMP COMMUNITY REPORT FOR FEBRUARY 2024

*Cst. J. Conway, Thorsby/Breton  
RCMP Detachment*

Total Calls for Service	259
Suspicious Persons/ Vehicle	9
Collisions	31
Vehicle Theft	7
Fraud	3
Break and Enter	5
Assault	2
Impaired	2
Recovered Vehicles	7
Missing Person	2

### FEBRUARY HIGHLIGHTS:

*February 7, 2024 – Area of Winfield, Alta.*

Breton RCMP received a report of a stolen vehicle being followed by the registered owner. With the assistance of the Central Alberta District Crime Reduction Unit, a tire deflation device was successfully deployed resulting in the driver of the vehicle taking off on foot. The Police Dog Service assisted Breton RCMP in locating the male driver shortly after. Robert LETIEC (34), a resident of Warburg, Alta., was arrested.

LETIEC was charged with the following:

- Possession of property obtained by crime over \$5,000
- Possession of break in tools
- Dangerous operation of a motor vehicle
- Resist/Obstruct a Peace Officer

*February 9, 2024 – Area of Buck Lake, Alta.*

Breton RCMP received a report of a male that broke into a residence while the owners were inside sleeping. The male started a small fire inside, and proceeded to load a

firearm and point it at one of the residents before the homeowner was able to convince him to leave the property. Police located the male at a nearby residence and took him into custody. Colin MACKINAW (29), a resident of Rocky Mountain House, Alta., was arrested.

MACKINAW was charged with the following:

- Break and Enter
- Be in a dwelling house without lawful excuse
- Pointing a firearm
- Mischief – Damage to property under \$5,000

MACKINAW was held for a judicial bail hearing and is awaiting his next court date on March 7, 2024 at the Court of Justice in Wetaskiwin, Alta.

*February 18, 2024 – Area of Breton, Alta.*

Thorsby/Breton RCMP received a report of theft and vandalism in progress on an oil lease site. A witness observed three individuals depart a truck and head into the wooded area on foot. Police attended and confirmed the truck on site to be stolen. Containment was set up in the surrounding area resulting in police locating the three suspects. Victoria RAIN (25), a resident of Drayton Valley, Alta., Darcy SWEET (35), a resident of Breton, Alta., and Andrew BUNNING (32), a resident of Drayton Valley, Alta. were all arrested as a result.

RAIN was charged with the following:

- Possession of property obtained by crime over \$5,000
- Obstruct a peace officer
- Fail to comply with release order (X2)
- Fail to comply with probation order

RAIN was held for a judicial hearing and transported to Edmonton Remand Centre.

SWEET was charged with the following:

- Possession of property obtained by crime over \$5,000

SWEET was held for a judicial hearing and transported to Edmonton Remand Centre.

BUNNING was charged with the following:

- Possession of property obtained by crime over \$5,000
- Possession of property obtained by crime under \$5,000

BUNNING was held for a judicial hearing and released on \$100.00 cash bail.

*February 13, 2024 - Area of Mulhurst Bay, Alta.*

On February 13, 2024, at approximately 10:51 p.m., Thorsby RCMP received a report that 29-year-old Brandon Chunick was missing. Brandon was last seen on January 3, 2023, at approximately 3:55 p.m., at the Sandholm Corner Store, south of Thorsby, Alta. On February 19, 2024, Thorsby RCMP located Brandon CHUNICK deceased. Although early in the investigation, it appears that the cause of Brandon's death is not suspicious. Alberta RCMP wish to extend our condolences to the loved ones of the deceased.

February 17, 2024 – Area of Alsiike, Alta.

Thorsby RCMP received a report of a suspicious white Duramax being pushed down Highway 39. Police located the vehicle at a local area business. RCMP made patrols and located a male walking away from the vehicle stating he ran out of gas. The vehicle was confirmed stolen, and the male was taken into custody. Levi RAIN (29), a resident of Breton, Alta., was arrested.

RAIN was charged with the following:

- Possession of property obtained by crime over \$5,000
- Fail to comply with a release order

RAIN was transported to Edmonton Remand Centre awaiting his next court appearance.

February 17, 2024 – Area of Breton, Alta.

Breton RCMP received a report of a trespassing in progress at a local area business. A lone male was seen entering the compound attempting to obtain gasoline from vehicles on site. Police attended and observed the male climbing the fence attempting to flee on foot. He was taken into custody shortly after. Michael SYMES (38), a resident of Breton, Alta., was arrested.

SYMES was charged with the following:

- Break and Enter

SYMES was released on an undertaking, and is awaiting his next court appearance at Breton Provincial Court on April 10, 2024.



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**36.82 ACRES IN WARBURG**

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## We Need Your Input!

### Aging Well In Leduc County

Are you prepared for your future as you age? Are you aware of all the areas in your life that should be considered in making plans for your future – from navigating safety in your home and community to financial wellness?

Leduc County wants to help by creating an **Aging Well in Leduc County Toolkit** specifically designed for Leduc County residents.

We invite you to take part in one of our engaging and insightful focus groups (in-person or online) to gather your opinions and experiences on what you would like to see in this toolkit.

We would love your feedback if you:

- ▶ Are an adult or senior who is looking to plan for your long-term future;
- ▶ Are an adult or senior caregiver to another older adult or senior;
- ▶ Are already a senior who may be facing an upcoming life transition; or
- ▶ Do not fit into the above categories, but would still like to offer your valuable insights!

▶ **Dates and locations:** March 18, 26 and 28, 2024 – register for one of three separate opportunities.

- ▶ **Monday, March 18:** Thorsby Family Resource Network Facility (across from Thorsby Recreation Complex): 1 to 2:30 p.m.
- ▶ **Tuesday, March 26:** Leduc County Main Building (meeting room 241), 10 to 11:30 a.m.
- ▶ **Thursday, March 28:** online (Zoom), 5 to 6:30 p.m. Access by computer, laptop, tablet or smartphone.

- ▶ **Spaces available:** minimum of 5 registrants, maximum of 40
- ▶ **Register:** contact Carla at **780-955-4554** or **carla@leduc-county.com** or online at: **leduc-county.com/aging-well** by March 15.

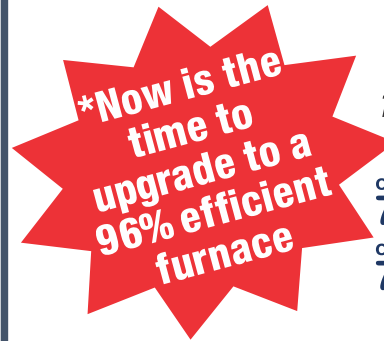
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## WARBURG SENIORS UPDATE

by Beatrice Moore

The Warburg Senior's have been busy hosting quilting on Tuesdays, cards (court whist) on Wednesdays, Tai Chi every Wednesday morning, general meetings and Soup and Sandwiches on the 3rd Wednesday of the month, music jams the 1st Friday of the month. Unfortunately, we have to cancel the music jam for March 1 due to unforeseen circumstances.

Thanks to Marta Oliver we have applied for grants from Leduc County and the Government of Canada's New Horizon for Seniors Program. The Leduc County Grants have allowed us to provide music for the enjoyment of the community and to provide funding for the Aquasize program in Drayton Valley. More residents are needed to fill the bus (we need 8 people) to attend this program for the bus to make the trip to Drayton.

The trips funded by the Government of Canada's New Horizon for Seniors Program were: Edmonton Queen River Boat, Ukrainian Village, Jubilation dinner Theatre, Cow Paddi (2) at Lacombe, George Jones tribute concert in Drayton Valley, Mayfield Inn Dinner Theatre and the Canadian Tire Christmas lights at RAD Torque Raceway.

The Warburg Seniors would like to send out a big THANK YOU to NANCY GRUNINGER for all her years of dedication and hard work as the head of the catering committee. Nancy has retired from this committee so if you have any catering needs please call Bea Moore at 780-389-4104. The Senior's cater to funerals, small gatherings and small Christmas parties.

As with every group we are always looking for members. We have implemented a couple of incentives for our members. If you would like to know what these incentives are you can contact: Bea Moore -president; Karen Babcook-vice-president; Marta Oliver-secretary; Joan Sommer-treasurer.

Thank you to the community and surrounding area for all the support you have given to the Warburg Senior's Club. Without this support we would not be able to function.

**Andrew  
Boitchenko, MLA**  
Drayton Valley-Devon

Constituency Office

5136B - 52 Avenue, Box 7272  
Drayton Valley, AB T7A 1S5

Phone 780.542.3355  
[DraytonValley.Devon@assembly.ab.ca](mailto:DraytonValley.Devon@assembly.ab.ca)



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## RESIDENTIAL, FARMS & ACREAGES

**THORSBY (5222 - 53 Avenue)** - 4 bedrooms, finished basement - 50' x 150' corner lot - 20' x 32' detached shop - all in pristine condition. ~~\$289,900~~ **\$279,900** **SOLD**

**SUNDANCE BEACH (4802 - 30 St)** - .54 Acres mature corner lot with 1114 square foot bungalow and attached garage - 2 bedrooms - no basement. ~~\$349,900~~ **\$339,000** **SOLD**

**THORSBY (4807 & 4805 Hankin St)** - House on two lots located on Main Street Thorsby! Beautiful 30x30 metal clad shop with a heated cement floor, 220 power, and two 10 x 10 power overhead doors! **\$289,900** **PENDING**

**WARBURG (5027 - 54 Ave)** - Cute and cozy bungalow located on a quiet street across from Warburg School. **\$99,000**

**PIGEON LAKE (4802 - 30 St)** - Acreage right at Pigeon Lake! 1159 sq/ft house with a 24x24 double attached garage on 1.12 Acres! **\$329,000**

**PIGEON LAKE (4902 - 30 St)** - 43.72 Acres at Pigeon Lake! This unique property has a clean well built 1010 sq/ft 1960 home. Along side HWY 616. **\$469,000**

**VILLAGE WEST (40038 TWP RD 470)** - 5.02 Acre property located just off of Hwy 20. 1595 sq/ft 1.5 bath 2 bathroom renovated home. BEAUTIFUL SHOP & BARN! Set up for animals. ~~\$459,000~~ **\$449,000** **REDUCED**

**RURAL LEDUC COUNTY (48327 Rge Rd 33)** - Large 2421.90 sq/ft fully finished bungalow that is just one of the many buildings on this 24.09 acre property. The indoor heated pool building is the largest and is surrounded by bunk houses, gazebo, BBQ Building and more. \$4500+/- yearly oil revenue! **\$699,000**

**RURAL WETASKIWIN COUNTY (274043 TWP RD 480)** - Private beautiful 160+/- acres 1012 sq/ft fully finished home, 60x40 fully finished shop, and a private Lake! ~~\$1,100,000~~ **\$999,000** **REDUCED**

**RURAL WETASKIWIN COUNTY (75040 B & C TWP RD 451)** - property is completely isolated, secluded yard site (on dead end road). Stunning 3 bedroom, 2.5 bathrooms, 2328 sq. ft. Bungalow built in 2016 on 80 acres zoned Agricultural. 26' x 34' double attached garage. Shop is 40' x 34' & living area is 40' x 27'. Boiler heat - in-floor & forced air, central vac, washer & dryer, 3 piece bathroom, one bedroom, kitchen, dining. 13'x45' cold storage garage, 57' x 22' storage & hobby shop. Cold storage building and cabins. **\$1,149,000**

## COMMERCIAL

**THORSBY** - 2.39 acres industrial commercial lot located at the north end of Thorsby. Very visible Highway 39 exposure with high traffic count. Prime Highway 39 exposure. **\$69,900**

**MULHURST** - 39.5' x 100' vacant lot located water front on Pigeon Lake at Mulhurst Bay. Zoned Urban Commercial. Adjoining lot for sale as well. **\$179,900**

**TELFORDVILLE (2047 Twp Rd 495 Rd 495 A)** - This 35.12 acres hosts a 1506 sq/ft house with a 20x28 attached garage with a creek behind it and sheltered from the industrial yard. 50x29 heated and insulated quonset with power and a cement floor. A 40x80 Fully finished Shop metal clad inside and out with 2 overhead doors (12x14 and 16x14), heated, insulated, power, mezzanine, 3pc bathroom, with offices and lunch room in the front. A 50x80 drive through shop (18x14 doors) with power, heat, fully insulated with an mezzanine, spray booth, and office with two more overhead doors off the side. A 12x16 power shed/office with 200 amp 3 phase power and a 40x14 open faced metal storage shed. **\$1,250,000**

## RAW LAND & VACANT LOTS

**BRIGHT FUTURE ESTATES (40 26555 Twp 481)** - Bright Future Estates is located south of Calmar close to Wizard Lake. Lot 2. Very private 3.31 acres in a natural treed setting. **\$159,000**

**RURAL WETASKIWIN COUNTY (Pt NW-31-46 -1-W5)** - 22.79 acres of bare land, some trees, some pasture. Zoned Watershed Protection. Located on pavement - Highway 771. Located close to several golf courses and Pigeon Lake Village. Many great building spots. Fenced for pasture. Very close to Pigeon Lake. Potential to develop the land into a country residential subdivision. **\$199,900**



**MIRACLE HOME**  
Contributor



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**TIPS From TOPS!**  
From Pearl Elson

TAKE OFF POUNDS SENSIBLY

Our meetings are designed to encourage weight loss, maintenance, to educate and to provide support. New members are welcome to attend a meeting with no obligation. Meetings are held at the Thorsby Senior's Centre on Monday mornings with weigh in from 9am to 9:15am and the meeting following from 9:15am to 9:45am. There is an annual fee to TOPS International of \$49 and a monthly fee to the Thorsby Chapter #1694 of \$5. The first month chapter fees are free. Phone Jane at 780-789-3789 or Cheryl at 780-848-7673 for more info.

**THE TOPS 10 WAYS TO GET A GOOD NIGHT'S SLEEP**

Having trouble sleeping at night? You're not alone. It is, unfortunately, a common problem, especially for those struggling with weight loss. But there is relief! Try these recommendations for getting your daily quota of much-needed shut-eye.

1. Create a bedroom favorable for sleep. Keep it quiet, dark and temperature-controlled at night and bright in the morning. Use your bed only for sleep.
2. It may be hard at first to do this on the weekends, but getting up at the same time every day is essential for being able to fall asleep right away every night.
3. No TV (laptops or electronic devices) before bed or in the bedroom. Reduce the over stimulation that keeps you awake by reading a book instead.
4. A night cap may sound inviting, but alcohol, soda, or caffeine (that includes chocolate) will keep you agitated. Instead, a warm, non-caffeinated beverage can help your muscles relax.
5. Regular exercises will help you become "good tired" at night. But avoid strenuous workouts two hours before bedtime.
6. Also for the "two hours before bedtime" rule: Refrain from eating heavy meals or spicy foods close to sleep time, as these will keep you awake.
7. It may sound odd if you're tired during the day, but avoiding afternoon naps will help you fall asleep quicker at night.
8. Have an aquarium? Consider placing it in your bedroom. Watching fish swimming back and forth has a calming and relaxing effect.
9. Try concentrating on your breathing or using prayer beads. Or perform some non arousing mental tasks (like softly reciting favorite song lyrics).
10. If all else fails, go to another room and sit quietly in a warm, comfy chair until you feel tired again.

Copyright TOPS 2023/2024





**WARBURG LEGION BRANCH NO. 205**

*by Deb & Max Mellafonte*

Hello all,

We have taken on an opportunity to host a Gord Bamford Concert for all ages in our Village of Warburg on April 6! We want to give all who attend a wonderful evening of variety, fun and entertainment! Come Join us for a great Night! This is an all-age show, so think of birthdays, anniversaries, special days, first time concerts with your kids.... endless ideas.

For this event we are having a live auction, a silent auction, concession, 50/50 draw and great bar service. The venue itself offers a concert with Dallas Alexander and Gord Bamford, VIP tables, Meet & Greet with Gord Bamford and merchandise sales.

Concert contact information:

**Live Auction Donations** - Call Max 780-263-0350

**Silent Auction Donations** - Call Russ 780-262-0647

Tickets can be purchased online at [www.gordbamford.com](http://www.gordbamford.com) / call Tina 403 588 6286 or Locally Deb 780-848-2923

It is a large undertaking, but we are working to achieve some great goals that we have set out to do! Some of our plans which we have already started to work on includes replacing our Kitchen equipment with more efficiency and quality, & Building Improvement.

So Mark the Date...It's coming soon to Warburg, Alberta all within easy driving distance!

## Drought Resilience for Grazers Workshop



Join Leduc and Wetaskiwin County's Sustainable Agriculture program for a free, in-person workshop featuring topics of pasture management during drought conditions, Alberta's climate, and an overview of potential grant opportunities.

- **Date:** Thursday, Mar. 7
- **Time:** 1 to 4 p.m.
- **Location:** Lakedell Agricultural Society, 461043 Range Road 12, Westeros, TOC 2V0
- **Register:** online at [county.wetaskiwin.ab.ca/grazer-workshop](http://county.wetaskiwin.ab.ca/grazer-workshop) or call Kim at **780-387-6182**



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# STURLING: IT'S THE EVOLUTION OF CURLING FOR ALL

Submitted by Carson Schultz

25 years ago in Didsbury, AB, Brian Dingman and myself co-invented the two-person team sport of curling, which we initially dubbed "Stick" curling. Brian who just loved the sport of curling experienced a health problem which limited his mobility to the use of a cane and was no longer able to chase or sweep rocks up & down the ice.

He would come to the rink and watch fellow curlers participate and wished there was some way to play the game he so dearly loved. For the fun and love of the game Brian & I decided to throw a few rocks against one another for old times sake.

Delivering the rocks went well for Brian; the struggle was to get to the other end of the rink. After a few ends; a couple of friends saw what we were doing and joined us. Thus Brian did not have to travel up and down the ice. This is why and how the 2-person team sport of curling evolved. Oh by the way we teamed up to win the first AB 2-person championship in 2004. The sport later transformed into "Sturling" with the addition of Garry Sherman to the team.

The innovation stemmed from a realization that players using the stick could compete on equal footing with traditional slide curlers, eliminating the need for divisive rules. Sturling is a fusion of 'S' for stick or slide delivery, 'T' for two-person team, & 'URLING,' comes from the original word. Sturling embraces a wide range of participants, accommodating those with disabilities, physical limitations, or simply advanced age. The game allows for both stick and slide deliveries, fostering an environment where individuals can play together regardless of their preferred technique. The benefits of Sturling are numerous, making it a game-changer in the curling community. You might say that it is indeed the only thing that ever has.

## Key Advantages of Sturling:

**Sturling Involves More People:** By offering a choice of stick or slide delivery, Sturling increases participation, leading to larger bonspiels and more extensive leagues without sacrificing a competitive balance. Sturling has provided myself and others the opportunity to compete against the likes of the Chinese Olympic teams, members of the Swiss national team, and curlers like Kaitylin Laws, Chelisey Carrie, John Morris, & Kerick Martin.

**Sturling Provides Continuous Action:** Sturling's format minimizes downtime, keeping players engaged and delivering 18 rocks per game in less than an hour, **Removes Gender or Age Restrictions:** Sturling is inclusive, allowing men and women of all ages to compete on an equal footing, creating a superior social

atmosphere.

**Sturling Enhances Bonspiels:** Sturling's one-day format improves the efficiency of bonspiels, attracting more participants and diversifies the club's activities.

For example: a "32" team event; can be hosted on 8 sheets of ice, guaranteeing each team 3 games; resulting in 48 games being played in 7 hours using the progressive draw format."

**Sturling Beyond Borders:** We corresponded with the WCF in hopes of getting them to try the 2-person team sport of curling; their view was that curling was traditionally a 4-person team sport and would not change; It was not until 10 years after we invented the 2-person team sport that they hosted the first Worlds Mixed doubles. Although the rules may be a little different, the 2-person game of curling is now being played world wide. The WCF is also about to host a 2-person mixed doubles wheelchair event in Richmond, BC from Mar 4 to 12. Both of the Alberta and British Columbia Seniors 55+ organizations have adopted Sturling into their winter games:

**Looking Ahead:** Sturling has evolved beyond its traditional roots, incorporating variations such as Doubles and Skins, adding new dimensions to the game. As the sport continues to grow, Sturling.net remains the hub for curling enthusiasts to learn more and participate in events. Sturling isn't just a game; "It's a community where games are played, and friends are made."



## STURLING RULES

As of 20 Dec. 2022

RULES	EXPLANATION
1 Each team is comprised of <b>two</b> players. One member of each team stays at each end of the rink.	Teams are easy to form and coordinate. Everyone is always occupied doing something interesting, either delivering or skipping.
2 The two delivering players alternately deliver <b>6 stones</b> each per end, while their teammate skips that end. The roles are then reversed, and their partners deliver the stones back.	After delivering your rock do not dilly dally around the hog line. Return to the hack area and prepare to throw your next rock.
3 All games are <b>six</b> ends. In case of a tie, an extra end is played, with each player delivering 3 stones (skips and deliverers exchange roles at the midpoint of an extra end). If an end is blanked the hammer is retained.	Three ends of delivery times 6 stones per end means each person delivers 18 stones per game, in about one hour. Games progress quickly and interest remains high, both for the players and spectators. The incidence and degree of lop-sided games is greatly reduced, and hardly ever does a team surrender before the end of the game.
4 <b>No</b> stone may be removed from play prior to delivery of the <b>fourth</b> stone of each end. If that should happen, the delivered stone is removed from play and all other stones are returned to their original positions.	With fewer stones used, and fewer ends, the Sturling game tends to be more defensive than the regular game. This rule creates more offense, thus more interesting for competitors and fans. In effect, this rule extends the free guard zone to include the area from the hog line to the back line.
5 Sweeping/brushing is allowed <b>only</b> from the hog line to the back of the house at the playing end.	This provides an element of fairness to those with physical limitations unable to sweep/brush. It also increases the challenge, not having the extra advantage of sweeping/brushing to affect either line or weight in the initial travel of the stone.
6 Players must remain on their end of the sheet and <b>must not</b> cross center ice. <b>One timeout</b> per game is allowed where the players are allowed to meet at center ice to confer. At all times the delivering team players are not allowed to cross the hog line on their respective end to discuss with their teammate. If they do so this, that is considered a time out.	This reduces movement up and down the ice, and increases the pace of the game. It also means responsibilities are equally shared by the two team members, and provides variety for each player.
7 The stick delivery may begin with (a) either foot in either hack, or (b) from anywhere inside the near hog line with the stone touching the centre line. All stones must be released before reaching the hog line.	The Canadian Curling Association delivery rule (8.11) is overly restrictive regarding the stick delivery, and fails to address the two-handed delivery.
8 Other rules and etiquette of regular curling apply.	The good parts of the regular game are retained!

Questions? Contact: admin@sturling.net



# SHED LIGHT ON HUMAN TRAFFICKING IN ALBERTA

Alberta Provincial Rural Crime Watch Association, February 17, 2024

Human trafficking is one of the fastest-growing crimes in Canada. Many of us mistakenly assume that human trafficking isn't something that happens in rural Alberta, but the truth is, from 2011-2021, the number of police reported cases of human trafficking rose from 2 to 38, and 93% of reported victims are Canadians who are trafficked domestically. A significant number of these cases go unreported. It is a crime that we, as a community, must become more aware of.

Human trafficking involves recruiting, transporting, harbouring, or receiving people through force, coercion, or deception to exploit them. They are sent through trafficking networks within Canada and internationally.

This crime can impact any member of our community, including women, men, trans and non-binary individuals, and children. While the majority of the victims of human trafficking are female, 1 in 4 are male.

In Alberta, there is a notable push to combat human trafficking through awareness campaigns and the collaboration of the government, non-profit agencies, and First Nations.

By understanding human trafficking, we can prevent any more of our neighbours from being victims of this horrible crime.

## Understanding Human Trafficking

Human trafficking is a global problem, including in Alberta, that takes many forms, including sexual exploitation, sex trafficking, forced labour, slavery, and forced marriage.

Trafficking can occur in industries such as agriculture, construction, manufacturing, and domestic work. Victims often have to work long hours for little or no pay as they or their families are threatened.

By educating the public and those in positions of authority, we can all work together to combat human trafficking and support its victims. Through the provided knowledge, we can recognize the signs of trafficking, protect survivors, and hold traffickers accountable.

## Types of Human Trafficking

### Sex Trafficking

There are different types of sex trafficking, including sexual exploitation and forced marriage. Sexual exploitation involves manipulating someone into engaging in commercial sex acts, while forced marriage involves the exploitation of individuals through marriage without their consent.

Often, victims of sex trafficking are forced to:

- provide sexual services
- work in massage parlours
- work in escort agencies or the adult entertainment industry

### Labour Trafficking

Victims of labour trafficking are forced into providing drastically low or unpaid labour in various sectors, often hidden behind legitimate industries. They are caught in this situation through force, fraud, or coercion.

This can also include domestic servitude, where they are made to work as housekeepers or childcare providers with little to no contact with the outside world.

Organ trafficking is another concern where individuals are forced to give up their organs and other parts of their body.

### Recruitment Methods Employed by Traffickers

Human traffickers are expert manipulators who exploit the vulnerabilities of their victims through a variety of recruitment tactics, in particular, grooming.

Grooming tactics are manipulative strategies employed by traffickers to establish trust, control, and dependency over their victims. These tactics are a gradual process. Understanding grooming tactics is crucial for recognizing potential red flags and preventing human trafficking. Here's a closer look at some common grooming tactics:

1. Building trust and friendship
2. Creating dependency through financial assistance or isolation
3. Exploiting victim's vulnerabilities
4. Offering false promises and future plans
5. Introducing substances and creating dependencies
6. Coercion and threats
7. Normalizing exploitative behaviours

False job offers are another common ploy used to lure in victims. Traffickers may pose as employers, offering promising positions with attractive benefits. These deceptive job offers often target those who are new to the country, struggling with unemployment or seeking a better life, making them susceptible to traffickers' tactics.

Exploiting debts are also used by traffickers. The victims are forced into labour to repay a debt they couldn't repay otherwise.

### Human Trafficking in Alberta

Like any other part of the world, there are difficulties addressing human trafficking and assisting vulnerable communities specific to Alberta.

Victims of human trafficking come from diverse backgrounds and age groups. An estimated 24% of trafficking victims are minors, with homeless youth being particularly vulnerable.

However, certain demographics are more vulnerable to human trafficking; for example, Indigenous people make up over 50% of trafficking victims in Canada. Immigrants and newcomers to Canada are also most likely to



become victims of human trafficking.

The Government of Alberta is implementing the 9-point Action Plan to Combat Human Trafficking to protect at-risk individuals from being trafficked in Alberta. They are also empowering survivors of trafficking and providing new ways to deal with traffickers. The Protecting Survivors of Human Trafficking Act was enacted on May 12, 2020. This act includes new measures to help address human trafficking and protect survivors.

The Human Trafficking Task Force was also created to find ways to protect and empower survivors of human trafficking. There are human trafficking units assembled across Alberta, including within the RCMP and through ALERT.

Community organizations and front-line services are also active in preventing the trafficking of persons and supporting those who have escaped.

There are efforts at all levels in Alberta to prevent human trafficking and to support victims. By understanding human trafficking in Alberta, we, too, can help prevent this awful crime.

#### Resources for Victims of Human Trafficking

If you or someone you know is the victim of human trafficking, help is available. There are resources for those who are looking to escape trafficking and those who are experiencing long-term physical and psychological impacts.

#### Survivors of Human Trafficking

- ACT Alberta
- Canadian Human Trafficking Hotline
- Alberta Council of Women Shelters

Human trafficking is a growing issue in Alberta, where reported cases have increased significantly over the past decade. Understanding human trafficking, such as sex trafficking and labour trafficking, is crucial for recognizing signs and preventing victimization.

By educating the public and those in positions of authority, our communities can contribute to the fight against human trafficking. Recognizing grooming tactics, understanding recruitment methods, and being aware of vulnerable demographics are essential steps in this collective effort. In addition, the availability of resources for victims underscores the importance of support for those looking to escape trafficking and cope with its long-term effects.

Preventing trafficking is a collective action. Let's work together to prevent crime and protect our vulnerable neighbours.



**HUMAN  
TRAFFICKING**

— AWARENESS DAY —

**was on  
February 22**

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# Laurie's Laughs



**YOU KNOW YOU'RE GETTING OLD WHEN "FRIENDS WITH BENEFITS" MEANS HAVING SOMEONE WHO CAN DRIVE AT NIGHT.**



= 5 minutes



+



= 55 minutes

**AS I WATCHED THE DOG CHASING HIS TAIL, I THOUGHT DOGS ARE EASILY AMUSED. THEN I REALIZED I WAS WATCHING THE DOG CHASE HIS TAIL.**

**When you lied on your resume but still got a job 🤡**



**IF MCDONALD'S SOLD HOT DOGS, WOULD YOU BE ABLE TO, WITH A STRAIGHT FACE, ORDER A MCWIENER AND TELL THEM TO SUPERSIZE IT?**

			1				
6		8				4	1
	7			2			5 6
	3 2		6			7	
			5				
	1 5			3	9		
	9			7 1		3	
	8		3			9	

*Answers will be published in the next issue!*


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### BRETON



**\$229,000**

4.5 acre, older 2 bed 1 bath mobile home, 16x24 barn. New pressure system & pump, boot room, metal roof, skirting in 2023,



15 acre hobby farm, 15 minute from Leduc. 2977 sq. ft. 3 bed 3 bath home. 4 season rustic cabin, greenhouse, 2 chicken coops, barn with lean-to, outdoor riding

### MILLET



**\$649,000**

arena, round pen. garage/shop attached to barn, 2 storage sheds, 2x 20' seacans. Ample pasture

### BRETON



**\$82,500**

2 bedroom, 1 bath home.. Upgrades: .newer peaked roof, vinyl siding, laminate flooring, hot water tank, furnace, and modern kitchen appliances. Insulated 8x12porch.,2 storage sheds

### DRAYTON VALLEY



**\$1,200,000**

2 Acs. 5,160 sq ft industrial bldg. 2 drive thru bays, 3rd bay (not drive thru), 100' drive thru wash bay, offices. Chain link fence.

### DRAYTON VALLEY



**\$2,900,000**

2 storey office bldg, full basement, 3 bay heated garage. Reception area, multiple offices, boardrm w/ kitchenette, executive offices, crew room w/kitchenette, bathrooms w/showers, storage.

### BUCK LAKE



**\$345,000**

0.5 acre, recently completely 2 bed, 2 bath cabin with loft. Short walk to BA uck Lake & boat launch. Water well & septic new 2022.

### BUCK LAKE



**\$165,000**

Highland Spruce Estates - 1.28 acre. 7 RV sites, underground power, sewer, water, fenced, insulated shed, wood shed.

### BATTLE LAKE



**\$325,000**

27 acres hillside property, View of Mount Butte & Battle Lake. Water well, septic, power, Seacan & 45"reefer trailer included.

### BRETON



**\$685,000**

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Pasture land, spring fed pond, cross fenced. Charming, modern 1520 sq ft, 3 bedroom, 2 bathroom manufactured home situated in picturesque setting of trees. Built in 2011, the home features a kitchen island with a raised breakfast bar, a spacious living room, primary bedroom w/ 4 piece ensuite bathroom with a jetted tub, two more bedrooms, main bathroom. The back entry leads to covered deck with a hot tub new in 2022. The main entry is complemented an open deck & a cozy enclosed porch with a wood stove and storage room. The property also includes a 50x50 heated workshop with a concrete floor (formerly a dairy section), two livestock shelters in the corrals, 2 Ritchie stock waterers.



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