

previously the Thorsby Target & Warburg Bugle

"MEALS IN THE FIELD" AT THE DOOL FARM

On September 26, AFSC (Agriculture Financial Services Corporation) and CFCW brought "Meals in the Fields" to the Dool farm near Thorsby. This annual contest gives lucky winners from all over Alberta a break during harvest season. Winner Shirley Dool and 20 of her friends and family were treated to a delicious Ukrainian feast of perogies, sausage, cabbage rolls, perishke (cheese buns), and nalesniki (cheese crepes) by Stawnichy's Mundare Sausage, pies for dessert from Fife N Dekel and samples from Rig Hand Distillery. Stella Stevens and Dan Davidson from CFCW attended and Dan entertained everyone with a few songs. Reps from Meridian Manufacturing and AFSC were also in attendance with prizes for the lucky winner.

"Being a farmer isn't an easy job. It takes heart and hard work. We, at AFSC, want to thank Alberta's farmers for their drive, dedication and determination while giving them a much-needed break during harvest."

The lucky winner, Shirley Dool, had entered twice with

hospital for a couple weeks. When he was sent home, he was determined to get on that combine the next day. It took 4 of us to boost him up into the cab, and he combined the whole day, as happy as can be. The next day he said he would love to go, but was just too tired. It was the last time he combined. Now I run his combine, as does Richards wife Lori, if I'm not available. But now, harvest is also very emotional for us, as there is a huge missing piece in our operation.

"The second entry spoke of my mom, Elsie Eklund. Mom loved to bring out lunches to the fields at harvest time. It reminded her of the days when my dad ran threshing crews. She had a little blue car with a white vinyl top, and you could see her pulling into the field, parking close to where we were working. She would pop open her trunk and we would stop to eat as we got to her. The lunches did not consist of sandwiches and cookies! It would be a hot meal of her famous fried chicken, or homemade hamburgers, or beef stew. There would be fried potatoes or potato salad and cake or muffins. She always had a mason jar of hot black coffee, wrapped in newspaper and a towel to keep it warm, and another mason jar of Kool-Aid. Mom would do this for us up into her early 90's. We sure do miss those meals in the fields."

Thank you Shirley for sharing your experience and stories. Congratulations!

both entries speaking of how they missed two very important people every fall during harvest. Here are her stories:

" M y h u s b a n d Lawrence passed in January 2020 from prostate cancer. Harvesting was his favorite time of the year. He loved to swath and combine with our son Richard. They were the perfect team. Lawrence was very ill in the beginning of September, and in



Classifieds

WANTED

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Looking for a retired **FARMER'S HELP TO TRAP MOLES** by Sunnybrook. Call 780-915-1429

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Contact Levi at 780-312-9891

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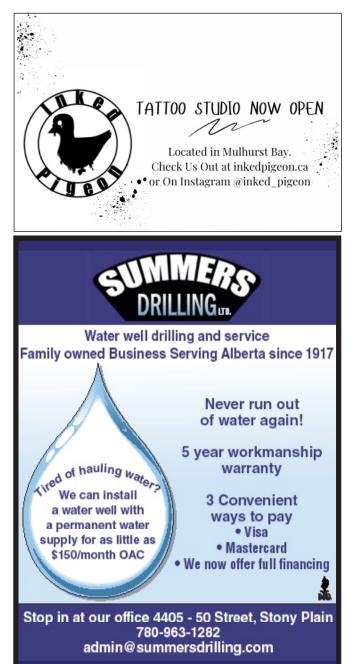
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COMMUNITY EVENTS

FOUNDATIONS OF THE FAITH BIBLE STUDY - Topic for October 8, 7pm: "What the Scriptures Teach about Creation" - All are welcome. Warburg Adventist Church, 5003 48 Street, Warburg. 780-848-2271.

Classified Ads are \$7.50 for 2 weeks (max. 4 lines or approx. 30 words) GST included



"little papers...BIG RESULTS"

3	4	1	2	5	8	7	9	6
7	2	8	1	9	6	3	5	4
6	9	5	4	3	7	2	1	8
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5	8	3	6	4	2	1	7	9
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4	6	9	7	1	5	8	3	2

Sudoku Answers from September 27 Issue

The object of the puzzle is to fill the remaining squares, using all the numbers 1–9 exactly once in each row, column, and the nine 3 × 3 subgrids.







UPCOMING SPECIAL EVENTS (Breton, Thorsby, Warburg & Surrounding Areas)

October 5 - Harvest Supper at Rundle's Mission. Doors open at 4pm, Supper from 5-7pm. Live Entertainment. For tickets or more info please call 780-389-2422

<u>October 5</u> - Winfield Harvest Hootenanny at 1pm at the Winfield Hall. Market, hay rides, games, music, farmer Olympics, chili cook off and more. 780-621-1125 or winfieldagsociety@gmail.com for more info.

October 6 - Dance to No Hitchiker Band at the Winfield Community Centre from 1-4pm. Admission by donation. Lunch contribution appreciated. Everyone welcome.

October 6 - Gospel Jam from 2-4pm at the New Life Christian Fellowship Church. Everyone Welcome. First Sunday of each month there after.

October 6 - Divine Liturgy on Sunday at St. John The Baptist Ukrainian Catholic Church in Thorsby at 10:30 a.m. For further information, contact Dan at 780-789-3698

October 8 - Turkey Bingo host by Mulhurst Legion #246, at the Mulhurst Bay Legion Hall. Doors open at 5pm. Players of all ages welcome.

<u>October 8</u> - Special Landowner's Guide Presentation by the Pembina Institute (Calgary) hosted by the Warburg Pembina Surface Rights Group at the Warburg Hall. 6:30pm Register. 7pm Presentation. Call Carl 780-848-2508 for info.

October 7-11 - 12th Annual Chimney Sweep Program. For rates or to schedule an appointment for your inspection, repair, cleaning email <u>fireadmin@draytonvalley.ca</u> or 780-514-2216

October 10 - Thanksgiving Meat Bingo at the Thorsby Seniors Centre. Doors open at 6pm

October 16 - Warburg Library Board meeting at 2:30pm in the library. Public is welcome as guests.

October 17 - Thorsby Junior Senior High School Awards Night at the Thorsby High School at 6:30pm

October 18 -19 - Glen Park Community Association Country Market and Bake Sale. Oct 18 from 3-7pm & Oct 19 from 10-4pm. Tables available- \$20 each. Mike 780-919-1250

October 19 - Name that Tune Games Night at the Breton Youth Centre from 3-6pm. Grades 6-12.

October 19 - Genesee Pumpkin Festival at the Genesee Community Hall from 9-3pm. Contact Joanne 780-940-7229

October 19 - Harvest Festival at Strawberry Hall - a family friendly fun filled afternoon with games, supper and dance - phone 780-789-2446 for supper and dance tickets

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October 19 - Community Flea Market 10-5pm, \$10/table at Sunnybrook Community Hall, BBQ Concession. Email sunnybrookcommunityhall@gmail.com to register.

October 21 - Thorsby Junior/Senior High School PTAAGM at 5:15pm. Positions need to be filled.

October 22 - Afternoon Paint Class at the Thorsby Seniors Centre from 1-3pm. Call Janice at 780-239-4595 for tickets.

October 23 - FRN Halloween Crafts from 3:30 - 5pm at the Breton Youth Centre. Grades 6-12.

October 24 - Breton Community Fall Dinner & Entertainment at the Breton Community Centre.Supper at 6pm, Entertainment Michael Harrison Ventriloquist at 7pm. Tickets available at the Breton Village Office.

October 24 - Thorsby & District Chamber of Commerce AGM at 6:30pm at the Thorsby Rec Centre. Become a member today. Email thorsbyabchamber@gmail.com

October 26 - Breton Golden Spur Gymkhana Club Season Windup Banquet at the Birchwood Golf Course at 5pm. Get tickets at goldenspurgymkhana@gmail.com before Oct 16.

October 26 - Oktoberfest at the Thorsby Community Centre. German Supper and music by Alberta's Polka King, Jordan Rody. Advance tickets available from Marlene 780-217-9394.

October 26 - Oktoberfest at the Peter Lougheed Community Centre in Rimbey at 7pm in support of the Rimbey Hospital. Tickets online at www.rimbeyhospitallegacycommittee.com



Community Events & Information is <u>FREE</u> to advertise

Pick up your FREE 2024/2025 "Community Connections" booklet

at the Breton Village Office, Brazeau County Office, CE Media Thorsby, Leduc County Office, Thorsby Town Office, Thorsby Arctic Spas Rec Complex and the Warburg Village Office

Or go online to <u>www.community39.com</u>

You will find information on our local communities including maps, contacts, rental facilities, community groups and supports and more....



For more information contact Joanne 780-940-7229



PROGRAMS & REGULAR EVENTS (Thorsby,Warburg&Surrounding Areas)

**Please note - all events are subject to change. Please email us at <u>media@community39.com</u> or call 780-434-7446 if we have incorrect information.

MONDAYS

Crib at the Thorsby Seniors Centre every Monday at 1:30pm

<u>Shinny</u> at the Thorsby Arctic Spas Recreation Complex on Mondays, Wednesdays and Fridays from 3:30 - 5pm.

TOPS (Take Off Pounds Sensibly) - Mondays at 9am, Thorsby Seniors Centre. Jane 780-789-3789 or Cheryl 780-848-7673

TUESDAYS

Foundations of Faith Bible Study - 8 sessions on Tuesdays at 7pm. Warburg Adventist Church, 5003 48 Street. 780-848-2271. Until Nov 12 (Except Oct 22)

Family Bingo - Tuesdays @ 6:30 at the Mulhurst Legion #246. Music Jam Session on 4th Tuesday of the month at the Calmar Seniors Centre 1-4pm. 4916 - 50 Ave

Pickle Ball at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am

Public Skating at the Thorsby Arctic Spas Recreation Complex on Tuesdays & Thursdays from 3:30 - 5pm.

<u>Seniors Bowling</u> - Tuesdays at the Thorsby Arctic Spas Rec Complex at 1pm (\$5)

<u>16+ Rec Volleyball</u> drop in at Warburg School on Tuesdays from 7-9pm (\$2)

WEDNESDAYS

Busy Brushes - Every Wednesday from 10-2pm at the Warburg Cultural Center. \$5/class. Call Linda 587-590-0378.

<u>Cards</u> at the Warburg Seniors Centre at 1pm every Wednesday

English Language Conversation Circle meets every Wednesday at 6pm at the Thorsby Municipal Library to practice & improve English language skills in a friendly informal setting.

<u>Pickleball</u> - Every Wednesday from 7-9pm at the Thorsby Arctic Spas Recreation Complex

<u>Shinny</u> at the Thorsby Arctic Spas Recreation Complex on Mondays, Wednesdays and Fridays from 3:30 - 5pm.

<u>Songs For Toddlers</u> on Wednesdays at 1pm at the Warburg library.

Soup & Sandwiches at the Thorsby Seniors Centre starting at 11:30am on the 2nd Wednesday of the month.

Soup & Sandwiches at the Warburg Seniors Centre every 3rd Wednesday at 12pm except July & August (\$10)

Tai Chi at the Warburg Community Hall, Wednesdays 10:00 to 11:00, \$2. 780-848-2841 or office@warburg.ca

<u>Warburg Treasure's Thrift Shop</u> is Open Wednesdays from 10am - 4pm at the Warburg Community United Church.

THURSDAYS

Bingo at the Thorsby Seniors Centre every Thursday at 7pm **Bus to Leduc from Cloverleaf:** (\$8) weekly on Thursday at 9:00am. Call Kim at 780-848-7717 to register prior to leaving.

Parent & Tot Drop In (Warburg) - Thursday mornings from 9-11am in the Village of Warburg office basement. Pickleball at the Thorsby Arctic Spas Rec Complex from 9:30am - 11:30am

Pickleball Thursdays from 6-8pm (\$2). Warburg School Gym. Register at the Warburg Village office or call 780-848-2828

<u>Public Skating</u> at the Thorsby Arctic Spas Recreation Complex on Tuesdays & Thursdays from 3:30 - 5pm.

Quilting at the Warburg Cultural Center: on Thursdays from 10-4 contact Gail S at 789-995-2681

Sandholm Square Dance Club - on Thursdays 7 - 9:30pm at the Sandholm Hall. Contact 780-238-5844 or 780-389-2381.

Thorsby Seniors Thrift Store - Open Thursday, Friday and Saturday from 10am-3pm. 780-996-5131.

FRIDAYS

<u>Coffee in the Valley</u> at Telfordville Community Centre on the first and third Friday of each month from 9-11am. No charge. Starting November 1.

<u>Community Socials</u> are held the last Friday of each month at the Mulhurst Legion #246 at 7pm

<u>Connect with Other Young People</u> on Fridays from 7-9pm Thorsby New Life Fellowship Church - Ages 11-18. Contact Katie at 780-241-0715 or <u>kpollard2007@outlook.com</u>

Fun with Friends Story time at the Thorsby Municipal Library every Friday from 10:30am - 11:15am.

<u>Shinny</u> at the Thorsby Arctic Spas Recreation Complex on Mondays, Wednesdays and Fridays from 3:30 - 5pm.

Thorsby Seniors Thrift Store - Open Thursday, Friday and Saturday from 10am-3pm. 780-996-5131.

Walk Club on Friday mornings at 9:30am. Meet at the Warburg Village Office.

<u>Warburg Legion</u> - Open Fridays from 5-10pm. Pub Night on the 3rd Friday of the month. Call Max 780-263-0350 for info.

SATURDAYS

Farmer's Market at the Mulhurst Bay Community Hall every Saturday 11-3pm. Contact Carol 587-920-2065.

Pie & Coffee from 1pm - 4pm at the Warburg Museum on the first & third Saturday of every month. Or arrange a tour through Susie 780-848-2507 or Joan 780-621-7174

<u>Thorsby Seniors Thrift Store</u> - Open Thursday, Friday and Saturday from 10am-3pm. 780-996-5131.

SUNDAYS

Gospel Music Jam at New Life Christian Fellowship on the 1st Sunday of the month from 2-4pm. Call 780-789-4171

<u>Sunday School</u> at St. Matthew's Lutheran Church the 2nd Sunday of mth at 10:30am (Sept - Dec). Contact Ebeline at 780-389-4100

OTHER STUFF FOR KIDS

PD Day Hockey Camp at the Thorsby Arctic Spas Recreation Complex. Check out "Small Town Skills" on Facebook or www.smalltownskills.ca. Registration closes 14 days before each camp or when it's full.

<u>Thorsby Soccer</u> - registration for indoor soccer season open! U5 to U13 teams running weekly from October to March in Blackgold school gyms. Email <u>thorsbysoccer@gmail.com</u> watch Facebook or contact Mary Ann at 780-691-2338.

If you'd like to get a link to the paper in your inbox you can subscribe online or email media@community39.com

Scholarship opportunity

ALBERT & MARIA RIMER MEMORIAL SCHOLARSHIP

Are you a post-secondary student with a major in an agricultural or medical field? If so, you could be eligible for the Albert & Maria Rimer Memorial Scholarship!

Eligibility

- Applicants must have graduated from Warburg High School.
- Students must be enrolled in a postsecondary program with a declared major in an agriculture field; secondary consideration will be given to those studying in the medical field.

The applicant must submit a personal letter to Leduc County and include personal details, a grade 12 transcript, proof of registration in a post-secondary program, and any other information the applicant believes is relevant.

Learn more and apply online at www.leduc-county.com/scholarships.

Applications may also be submitted via email to **miranda@leduc-county.com** or by mailing/dropping off the application at the following address:

Albert & Maria Rimer Memorial Scholarship c/o Leduc County 101-1101 5 St. Nisku, AB | T9E 2X3

Applications due by Oct. 31, 2024





Truth and Reconciliation (orange shirt day) Every Child Matters! Warburg Library was open Monday, September 30 to observe and think about what this day means to all of us in Canada, videos of Residential School survivors were watched on youtube. Iris M came for a visit wearing her ribbon skirt in honor of her mother. Staff offered snacks and beverages.

Wednesday November 6, 1-2:30 pm Financial Literacy, 75 ways to save on household expenses. Warburg library is signed up for this course, if anyone is interested in this program, come to WPL on this day and you can watch it for free on the public computers, staff is provided a link to join in this zoom program.

October 16, Library Board Meeting at 2:30pm in the library, public is welcome as guests. The Village of Warburg Library Board is looking for a board member who is interested in helping plan how the library will be run now and in the future, meetings are monthly, every 3rd Wednesday at 2:30 pm in the library, commitments are minimal, but include monthly meetings, programs in the library and annual Christmas Bazaar to sell draw tickets, community awareness. Promoting the Library and yearly budgets. Drop off a letter of intent to join the library board in care of Chris Pankewitz, CAO Village Office.

There are Halloween craft supplies at the library for anyone interested in decorating their pumpkin, cards or crafter's choice.

What do farmers wear under their shirts when they're cold?

A har-vest.



Darcy Powlik

780-446-9700 Office: 780-986-2900 www.darcypowlik.com



RESIDENTIAL, FARMS & ACREAGES

THORSBY - 90.57 acres, 1,185.12sq/ft home view 20 detached garage. A brand new 36x30 shop/barn and more! \$675,000

<u>PIGEON LAKE</u> - 40 Acres with material line in the state of the stat

RURAL LEDUC COUNTY (48327 Rge Rd 33) - Large 2421.90 sq pully finished bungalow that is just one of the many buildings on this 24.09 acre property. The is the pool building is the largest and is surrounded by bunk houses, gazebo, BBQ Building as the second se

THORSBY - Newer bi-I SOLO 6 sq ft., 3 bedroom, double detach garage with in floor heat, heated driveway \$297,900

THORSBY- Fully finished, 3 bedroom, renovated home, 26'x24' detached garage, fenced yard. **\$264,900**

COMMERCIAL

CALMAR-45.26m x 37.42m well keripine in Street Calmar. High traffic volume from Hwy 39. Taxes to be determined but will be \$2800 +/-. **PERFORM** OF COMPARISON OF COMPARI

<u>MULHURST</u>- 39.5' x 100' vacant lot located water front on Pigeon Lake at Mulhurst Bay. Zoned Urban Commercial. Adjoining lot for sale as well. **\$179,900**

TELFORDVILLE (2047 Twp Rd 495 Rd 495 A) - This 35.12 acres hosts a 1506 sq/ft house with a 20x28 attached garage with a creek behind it and sheltered from the industrial yard.50x29 heated and insulated quonset with power and a cement floor. A 40x80 Fully finished Shop metal cladded inside and out with 2 overhead doors (12x14 and 16x14), heated, insulated, power, mezzanine, 3pc bathroom, with offices and lunch room in the front. A 50x80 drive through shop (18x14 doors) with power, heat, fully insulated with an mezzanine, spray booth, and office with two more overhead doors off the side. A 12x16 power shed/office with 200 amp 3 phase power and a 40x14 open faced metal storage shed. \$1,250,000

<u>THORSBY</u> - Mini storage business and office building. Storage units are all rented. Land and buildings **\$299,900**

RAW LAND & VACANT LOTS

BUCK LAKE - Lots vary in Acres located in Lynn Creek Estates. Very close to Buck Lake with views of the Lake! Power and Gas are at the property line. **\$69,900 - \$134,900**

THORSBY - 10.43 Acres located along in G and Rge Rd 13. Power Pole installed and on site just needs to be energized. Land currently be performed out to farm. \$144,900



"NOBODY SELLS MORE REAL ESTATE IN THIS AREA!"

LOWERING COSTS FOR MUNICIPALITIES

Alberta News, September 26, 2024

Alberta is lowering the cost of borrowing for municipalities, enabling them to invest more in services and infrastructure.

Municipalities play an important role in shaping Alberta's vibrant communities and contributing to a stronger province. The province will now lend money to local authorities, which include municipalities, airports, counties and irrigation districts, at a lower rate.

These entities will now pay the same interest rate as the province on money borrowed for infrastructure and other capital projects. The change is expected to save municipalities about \$7 million in 2025-26 and about \$12 million in 2026-27.

In a time of high interest rates, Alberta's government is reducing the budgetary pressures faced by local governments and frees up funds for purposes other than servicing debt.

With Alberta's balancing of the budget, the province has been able to reduce outstanding debt by more than \$19 billion. With continued strong results, Alberta's borrowing costs are expected to remain low.

The Loans to Local Authorities program allows even the smallest municipalities in Alberta to benefit from the province's fiscal strength and well-established access to global capital markets. The province lends money to local authorities to help finance their capital projects, such as roads and upgrades to local water, sewer, gas and electric services.

"Alberta has lowered our cost of borrowing, and now we are passing that savings on to municipalities. They are our partners in providing services to Albertans, and by working together we can ensure that investments can be made with a minimum cost to service debt." Nate Horner, President of Treasury Board and Minister of Finance

"Our government provides billions of dollars in support to municipalities, ranging from grants to capital funding. Lowering the cost of borrowing for municipalities is just one more way we are ensuring that municipalities, counties, airports and irrigation districts can invest in their citizens." Ric McIver, Minister of Municipal Affairs

Background

- The Loans to Local Authorities program was set up to ensure that all municipalities and qualifying local authorities in Alberta have access to funds at the lowest possible cost.
- Interest rates charged on new loans to local authorities were revised to better reflect the cost of

credit for municipal borrowers that raise debt financing in the capital markets.

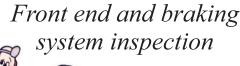
- The current loan pricing model under the Loans to Local Authorities program came into effect in December 2021.
- Prior to the change, lending rates were equal to the province's estimated cost of borrowing for debt with the same terms.
 The change will take

effect in Budget 2025.





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HARVEST FESTIVAL

Oct. 19 2 to 5 p.m. Free family event









Learn more at leduc-county.com/recreation



BILL C-59 CHANGES HURT CANADIANS: MINISTER SCHULZ

Alberta News, September 27, 2024

Minister of Environment and Protected Areas Rebecca Schulz issued the following statement on Alberta's opposition to Bill C-59 as the federal government continues to ignore the concerns of Canadians:

"After extensive analysis and discussions with businesses across Alberta, there can be no mistake: the federal government's changes to the Competition Act are undemocratic, extreme and will hurt hardworking businesses and families. This is a gag order on freedom of speech, period. These ideological rules will threaten investments, jobs and decades of environmental progress in our province.

"Let's be clear: This isn't about 'truth in advertising.' That's a smokescreen. Instead, this creates a new double standard, providing a path for anti-energy and antibusiness groups to silence those working to reduce emissions while growing the economy.

"These amendments include extremely harsh penalties for businesses that make environmental claims but no penalties for radical groups that make false accusations, almost encouraging activists to file misleading claims.

"Ottawa has officially created an echo chamber where their anti-energy and anti-development views are never opposed or challenged. Eco-radical activists can now spread disinformation without any counter from industry and experts on the ground.

"The amendments made to Canada's Competition Act are vague and punitive. These amendments hold companies to international standards that don't even exist, and which the Competition Bureau is not qualified to dictate or assess.

"Businesses want to communicate truthfully and honestly about their environmental goals. Instead, they're being silenced. Ultimately, there is a cost to embedding virtuesignalling into law and Canadians will pay the price once again. All while Canada's real problems—affordability, housing and a dwindling economy—go unaddressed by a federal government whose expiry date is long past due.

"We have submitted this feedback to the federal government today. They need to scrap these changes, but we will not wait idly for common sense to prevail.

"We will continue to defend our provincial jurisdiction as we explore every legal option at our disposal to defend our rights and protect our industries from job-killing federal overreach."

Life after the kids become adults



Are you an empty nester or the parent of a young adult?

Join this session to navigate the evolving dynamics as your children transition into adulthood, and gain strategies to successfully adjust to changes in your relationships and your own life as you embrace this new chapter.

Session will be facilitated by Kim Silverthorn, Tacit Knowledge.

- **Date:** Tuesday, Oct. 22, 2024
- **Time:** 6 to 7:30 p.m.
- Location: Zoom online
- Spaces available: maximum of 30
- Register: contact Kristin at 780-955-6421 or kristin@leduc-county.com or register online at leduc-county.com/life-after-kids





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RCMP·GRC 🍲

RCMP COMMUNITY REPORT FOR SEPTEMBER 2024

Cst. J. Conway, Thorsby/Breton RCMP Detachment

Total Calls for Service	224
Suspicious Persons/ Vehicle	20
Collisions	19
Vehicle Theft	3
Fraud	1
Break and Enter	3
Assault	4
Impaired	6
Recovered Vehicles	1
Missing Person	1

SEPTEMBER HIGHLIGHTS:

Breton

Breton RCMP responded to a report of a stolen vehicle from a local business. A local resident entered the business briefly, and their vehicle was missing when they came out. Police reviewed surveillance footage and identified the driver who was later apprehended with the assistance of the Drayton Valley RCMP. Tristen PRUDEN (28), a resident of Lac La Biche, Alta, was arrested and charged with the following:

· Theft of a motor vehicle

PRUDEN was held for a bail hearing and released on a promise to pay with conditions.

Brazeau County

Thorsby RCMP responded to a single vehicle rollover. Upon arrival, the driver was being worked on by medical crew on scene. During the recovery of the vehicle, RCMP located a prohibited firearm beside the driver's seat. The driver Dustin BLACK (31), a resident of Clearwater County, Alta, was charged with the following:

- Possession of a prohibited weapon
- Unauthorized possession in a motor vehicle
- Possession of a prohibited firearm with ammunition
- Possession contrary to an order
- Careless use of a firearm

BLACK was held for a bail hearing and released on a promise to pay with conditions.

"Your life does not get better by chance: it gets better by change." Jim Rohn



Banman Westerlund LLP

Chartered Professional Accountants

- Derek W. Banman CPA, CA Partner
- Kyle Westerlund CPA, CA Partner

Box 367, 5012 - 50 Avenue Breton, AB TOC 0P0	T: 780.696-2511 F: 780.696.2017
E: dbanman@banwest.ca	
#401, 9426 - 51 Avenue NW	T: 780.426.3943
Edmonton, Alberta T6E 5A6	F: 780.424.1875
	11700112010710

LEM MEV Offering independent living for adults aged 55+

Salem Mews offers bright and spacious 1 and 2-bedroom suites with an open concept layout, perfect for comfortable living. Available suites have been newly renovated with engineered luxury vinyl flooring and fresh paint throughout. Residents will enjoy bonus amenities such as in-suite laundry, air conditioning, ample storage space with an additional storage cage. We also offer both above-ground parking or an underground parking

The building itself boasts an array of amenities designed to enhance residents' quality of life, including a banquet room for gatherings, a guest suite, elevators, games room, workshop and an exercise room.

The location of Salem Mews is ideal, situated close to shopping centers, medical facilities and public transportation, making errands and appointments easily accessible. Furthermore, residents can enjoy the natural beauty of walking trails around Telford Lake.

The sense of community fostered at Salem Mews truly makes it a perfect place to call home, where residents can enjoy their living spaces, connect with neighbors and engage in a fulfilling lifestyle.

Call us at 780-986-7458 Email us at salem.mews@salemsociety.ca Salem Mews is located in Leduc at 4421 - 46 Street

CONNECT 39 (Thorsby, Warburg & Area) media@community39.com 780-434-7446 October 4, 2024 EDITION #89

spot.





Our meetings are designed to encourage weight loss, maintenance, to educate and to provide support. New members are welcome to attend a meeting with no obligation. Meetings are held at the Thorsby Senior's Centre on Monday mornings with weigh in from 9am to 9:15am and the meeting following from 9:15am to 9:45am. There is an annual fee to TOPS International of \$49 and a monthly fee to the Thorsby Chapter #1694 of \$5. The first month chapter fees are free. Phone Jane at 780-789-3789 or Cheryl at 780-848-7673 for more info.

9 WAYS TO SET YOUR TABLE FOR SUCCESS

Make tonight's dinner an event! Your table can be a thing of beauty, helping you slow down and really appreciate what you're eating this evening.

- 1. Start by picking the table you're going to set. Forget the coffee table in front of the tv. Our house has a dining room or a kitchen for a reason. Even if you have a nice coffee table, it's probably not as nice as the one in your dining room or kitchen. You're worth eating at the nice table.
- 2. Clear the clutter off the table. Is your table a catchall for bills, newspapers and kid stuff? It might take an extra five minutes, but it's good to start with a clean slate.
- 3. Get one fun, washable tablecloth or a set of standout placemats for your special table. Plastic placemats are convenient because they can be wiped off but use whatever speaks to you and fits your lifestyle.
- 4. Get out your good china, silverware and your good glasses. They're meant to be used more than just on holidays and birthdays. And "good" is arbitrary-whether it's a TOPS Portion Plate or your great aunt's china, do what feels special to you.
- 5. Accent everything with real napkins. Whether you use cloth or paper, that's up to you, but fold or place a napkin at every setting. If you're extra ambitious, there are videos online that can teach you how to artfully fold a napkin. This can be a great activity to do with the kiddos or grand kiddos, too.
- 6. Remember those candles you got for your wedding or bought from your neighbour's kid for a school fundraiser? Take them out. Unless you have little ones running around, light a candle every now and then. This isn't just for romantic meals, either. Lighting a candle or two or three can just make a meal special.
- So can flowers. Buy yourself a bouquet of flowers just because (and just because is a good enough reason) if you or a friend is a gardener, you can also grow yourself a bouquet, if you don't have fresh

flowers, set out a dried bouquet, maybe sitting in our favourite glass pitcher.

- 8. Turn on some good music-whatever your musical tastes may be-and let yourself relax while sitting down to eat or drink. Music can help create the atmosphere you desire.
- Place-not plop or glop food on the plates you're using. Sprinkle fresh or dried herbs on top. Now you're ready to savor your meal. Enjoy!



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Scholarship opportunity George L. Saubak Memorial Fund



Are you a post-secondary student with a major in a medical field? If so, you could be eligible for the George L. Saubak Memorial Fund scholarship!

Eligibility

- Applicants must have graduated from a high school in the western portion of the County, including Calmar High School, Thorsby High School or Warburg High School.
- Students must be enrolled in a post-secondary program with a declared major in the field of medicine, including but not limited to nursing, dentistry, pharmacy or veterinary medicine.

The applicant must submit a personal letter to Leduc County and include personal details, a grade 12 transcript, proof of registration in a post-secondary program, and any other information the applicant believes is relevant.

Learn more and apply online at **leduc-county.com/ scholarships**. For more information, contact Miranda Anderson at 780-955-4560.

Applications due by Oct. 31, 2024



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PUMPKIN RECIPES FOR AUTUMN

www.countryliving.com/food-drinks/g619/our-bestpumpkin-recipes

Easy Pumpkin Pie Recipe

Ingredients

- All-Purpose flour, for work surface
- 1/2 recipe Basic Pie Dough, or 1 store-bought pie
- 1/2 tsp. ground ginger
- 3/4 tsp. ground cinnamon
- 1/4 tsp. ground nutmeg
- 1/8 tsp. ground cloves
- 1/2 tsp. kosher salt
- 1/3 c. plus 3 tablespoons granulated sugar, divided
- 2 large eggs, at room temperature, beaten
- 1/3 c. maple syrup
- 2 tsp. vanilla extract
- 1 (15-ounce) can pumpkin purée (about 1 1/2 cups)
- 2/3 c. half and half

Directions

- 1. Preheat oven to 375°F with rack in the bottom position. Line a rimmed baking sheet with foil. On a lightly floured surface roll out dough to an 12-inch circle. Fit pie in a 9-inch pie plate. Trim overhang to 1-inch, fold edges under, and crimp. Freeze 20 minutes.
- 2. Line pie shell with aluminum foil or parchment paper, and fill with pie weights, dry beans, or rice pressing all the way to the edge. Bake on prepared baking sheet, 25 minutes. Carefully remove foil and pie weights and prick bottom of pie shell several times with a fork. Bake until edges are lightly golden brown and bottom of pastry is dry, 7 to 10 minutes. Cool completely on a wire rack, about 45 minutes; reserve baking sheet.
- 3. Whisk together ginger, cinnamon, nutmeg, cloves, salt, and 1/3 cup of sugar in a bowl. Add eggs, maple syrup, vanilla, pumpkin, and half and half, and whisk just until combined. Pour into parbaked pie crust. Bake on prepared baking sheet until puffed and set around the edges (center will still jiggle slightly), 45 to 50 minutes (Shield the crust with foil after 25 minutes if needed to prevent over browning, if necessary.) Cool completely on a wire rack, about 2 hours. Chill until cold, at least 2 hours or up to overnight.
- 4. When ready to serve, tightly wrap crust with foil. Sprinkle top of pie with remaining 3 tablespoons sugar, leaving a ½-inch border around the foilcovered edge. Use a kitchen torch to brûlée the top of the pie, avoiding the crust.

Smokey Pumpkin Deviled Eggs

Ingredients

- 12 hard-cooked eggs
- 5 Tbsp. canned pure pumpkin

- 3 Tbsp. mayonnaise
- 1 Tbsp. Dijon mustard
- 2 tsp. prepared horseradish
- 1 tsp. smoked paprika
- · Kosher salt and freshly ground black pepper
- 6 small cornichons

Directions

- 1. Peel eggs and cut in half lengthwise. Remove yolks and set whites aside.
- 2. Process yolks, pumpkin, mayonnaise, mustard, horseradish, and paprika in a food processor until smooth, about 30 seconds. Season with salt and pepper.
- 3. Transfer yolk mixture to a large zip-top bag. Cut a 3/4-inch hole in one corner of bag. Pipe filling into well of each egg white. Smooth yolk mixture with a damp finger. Make ridges on yolks with a fork.
- 4. Cut cornichon in half lengthwise, then crosswise, creating 24 pieces. Place 1 cornichon at one end of each yolk, creating a stem. Cover with a damp paper towel and chill up to 2 hours (if desired).

Harvest Pumpkin Soup

Ingredients

- 2 Tbsp. unsalted butter
- 1 large potato, peeled and chopped
- 1 large onion, chopped
- 4 1/2 c. chicken broth
- 1 (15-ounce) can pure pumpkin
- Kosher salt and freshly ground pepper
- 1/4 tsp. ground nutmeg
- 1/2 pt. heavy cream (16 tablespoons)

Directions

- 1. In a large pot over medium heat, melt butter. Add potato and onion and cook, stirring occasionally, until onion is translucent, about 8 minutes. Add chicken broth and bring to a boil. Cover, reduce heat to low, and cook until potato is tender, 10 to 12 minutes.
- 2. Stir in pumpkin. Using an immersion blender, purée mixture until smooth. (Or, use a blender to purée mixture in batches, then return to pot.) Stir in 1/2 teaspoon salt, 1/8 teaspoon pepper, and nutmeg. Increase heat to medium-high and bring mixture to a boil. Cover, reduce heat to low, and cook for 10 minutes. Stir in cream and heat thoroughly. Season with salt and pepper, if desired. Serve hot.

Thorsby Seniors Crib Results!

September 30 Crib scores:

1st Place: Eugene Senio - 953 2nd Place: Marvin Wagar - 949 3rd Place: Cathy Dahl - 946 *High Hand of 24 - Aime Brosseau*

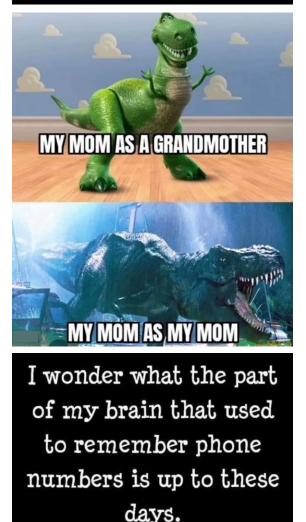
CONGRATULATIONS ALL WINNERS! <u>Next crib event:</u>

Monday, October 7 at 1:30 pm Thorsby Seniors Center / Admission: \$6

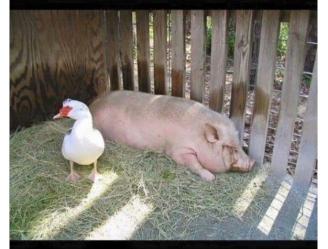




Have you ever paid bills SO MUCH that when you have money left over, You're like... What Did I Forget To Pay??



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If a bag is not resealable then it contains one serving. I don't make the rules.

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Answers will be published in the next issue!



CONTACT US

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You will find information on our local communities including maps, contacts, rental facilities, community groups and supports and more

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